

# HYDROXYZINE FOR ANXIETY AND ALCOHOL



## WHAT IS HYDROXYZINE?

This is an antihistamine drug. It is used for treating nausea experienced due to motion sickness, sleeplessness, anidities and itchiness. It is tolerated relatively well, and does not trigger counterproductive reactions in your nervous system, blood or lungs. In case of sleeplessness, maintenance dosage hovers in the range of 25 milligrams (mg) to 75 mg.



## HYDROXYZINE AND ALCOHOL

### Why Avoid Mixing Hydroxyzine with Alcohol?



Both hydroxyzine and alcohol slow down the nervous system, leading to extreme drowsiness, dizziness, and impaired motor function.



Drinking alcohol while on hydroxyzine can reduce the drug's effectiveness and may cause harmful side effects such as lack of coordination and poor impulse control.

### How Long Should You Wait After Hydroxyzine to Drink?

It's recommended to wait 50-55 hours after your last dose of hydroxyzine before consuming alcohol. This reduces the risk of serious side effects.

With alcohol, the remedial effects may not set in; instead, you tend to witness several counterproductive effects. You may also observe lesser control over your impulses as well as inability to coordinate your bodily movements.



### WHAT TO DO IN CASE OF A REACTION:

If you experience excessive drowsiness, dizziness, or difficulty focusing, seek urgent medical attention. In the U.S.: Contact the FDA or call 911. In Canada: Reach out to Health Canada or a poison control center.



If you aim to have more details about hydroxyzine and alcohol interaction, speak with your caregiving team and / or a pharmacist. It is indeed a safe practice to take hydroxyzine as per the dosage instructions of a certified medical professional.

# Hydroxyzine Alcohol Manual Guide

**Donald C. Plumb**



## **Hydroxyzine Alcohol Manual Guide:**

Embark on a breathtaking journey through nature and adventure with is mesmerizing ebook, Witness the Wonders in **Hydroxyzine Alcohol Manual Guide** . This immersive experience, available for download in a PDF format ( Download in PDF: \*), transports you to the heart of natural marvels and thrilling escapades. Download now and let the adventure begin!

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