

Personal Hygiene WORKSHEETS

PERFECT FOR LEARNING
ABOUT HEALTH

Personal Hygiene

Color in the things that help you stay clean.
help you stay clean.



Personal Hygiene Facts



Taking a bath washes your whole body and keeps everything clean.



Use soap to make sure you get rid of dirt and bacteria.



When you need to sneeze or blow your nose, use a tissue to prevent spreading germs.



Washing your hands is the easiest way to keep you from getting sick and spreading germs.



ALWAYS wash your hands after you use the toilet.



Keep your mouth clean by brushing your teeth.



Clean in between your teeth by flossing.



Trim your nails so that they stay clean.



Use shampoo to keep your hair clean.

Hygiene Lessons For 4th Graders

**Wisconsin. Department of Public
Instruction, Ole Saeter Rice**



Hygiene Lessons For 4th Graders:

Unveiling the Power of Verbal Beauty: An Emotional Sojourn through **Hygiene Lessons For 4th Graders**

In a global inundated with displays and the cacophony of quick connection, the profound power and mental resonance of verbal art frequently fade in to obscurity, eclipsed by the constant barrage of noise and distractions. However, situated within the musical pages of **Hygiene Lessons For 4th Graders**, a interesting work of literary brilliance that pulses with organic feelings, lies an remarkable journey waiting to be embarked upon. Written with a virtuoso wordsmith, this mesmerizing opus guides viewers on an emotional odyssey, delicately exposing the latent possible and profound impact embedded within the complex internet of language. Within the heart-wrenching expanse of this evocative examination, we shall embark upon an introspective exploration of the book is central subjects, dissect their fascinating publishing fashion, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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