

GMRC 1 PERIODICAL TEST QUARTER 2



MATATAG CURRICULUM BASED

Ngalan:	Grado:	

Panuto: Basahin ng mabuti ang mga tanong at bilugan ang letra ng tamang sagot.

Ano ang maaaring mangyari kapag lagi kang malinis?









- 2. Bakit mahalaga ang pagsunod sa mga gabay ng pamilya sa kalinisan?
 - A. Dahil ito ay nakabubuti sa kalusugan
 - B. Dahil ito ay masarap gawin
 - C. Dahil ito ay madali lang gawin
 - D. Dahil ito ay nakakatuwa
- Ano ang epekto ng palaging pagsunod sa kalinisan?









D

- 4. Ano ang magandang epekto ng paghuhugas ng kamay?
 - A. Makakaiwas sa mikrobyo
 - B. Madaling magkakasakit
 - C. Mabibigat ang kamay
 - D. Laging gutom
- 5. Alin ang ginagamit sa paglilinis ng katawan?









6. Ano ang dapat gawin bago kumain?





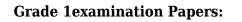




7. Kailan ka dapat maligo?

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