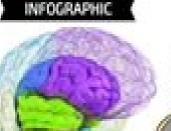
YOUR AMAZING

BRAIN

INFOGRAPHIC



Brain signals travel at speeds between 1-268 miles per hourt

SPEED

LIMIT

268

MPH



#### RECEPTORS PAIN

NEURAL

are made every time

you form a memory

There are no pain receptors in the brain, so it can't feel pain. A headache involves muscles and nerves in your head CONNECTIONS



# OXYTOCIN

The brain chemical which makes you feel LOVE!



HEMISPHERES

LEFT AND RIGHT BRAIN

LOGIC VS. CREATIVITY

BRAIN CELLS 100 BILLION NEURONS

> The neuron is the brain's basic unit for processing information.



In the average adult, the brain. represents

65,000 Thoughts

Every day

of the total BODY WEIGHT

berain. WATER

Blood Pressure

Hourt Rate

Breathing

Swallowing

ENERGY CONSUMPTION Your brain uses 20% of your total energy



SLEEP

Your brain is more active when you are asleep. It is busy processing everything that has happened during the day.

# ENERGY

10-23 WATTS When you are awake,

your brain generates enough energy to power a light bulb!



Your brain needs 1/4 of all the oxygen used by the body



Intelligence Memory Movement,



Behaviour Hearing Speech



Reading Sensation

OCCIPITAL LOSE Vision

CEREBELLUM

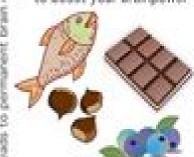
Rationer Coordination



20 075

# **BRAIN FOOD**

Eat only fish, chocolate. nuts, eggs and blueberries to boost your brainpower.



25% OXYGEN



# **Facts Of Thinking A Brain Thing**

**Lauren Gardner** 

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