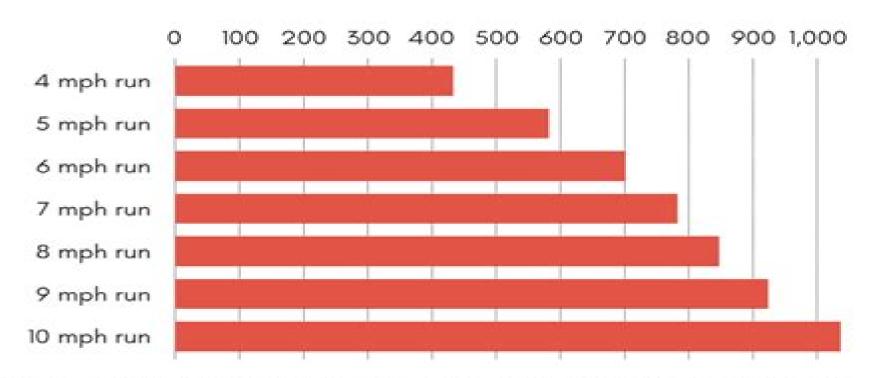
# HOW MANY CALORIES DO YOU BURN RUNNING?

### CALORIES BURNED IN 60 MINUTES OF RUNNING



CALORIES BURNED IN 60 MINUTES FOR A PERSON WEIGHING 150 POUNDS



## **How Many Calories Burned In One Mile Of Running**

**Padhraic Smyth** 

**How Many Calories Burned In One Mile Of Running:** 

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