



CHAPTER 10

Vital Signs and Laboratory Reference Intervals

PRIORITY CONCEPTS Cellular Regulation; Perfusion

CRITICAL THINKING What Should You Do?

The nurse has just received a client from the postanesthesia care unit (PACU) and is monitoring the client's vital signs. On arrival to the unit, the client's temperature was 37.2 °C (98.9 °F) orally, the blood pressure was 142/78 mm Hg, the heart rate was 98 beats per minute, the respiratory rate was 14 breaths per minute, and the oxygen saturation was 95% on 3 L of oxygen via nasal cannula. The nurse returns to the room 30 minutes later to find the client's temperature to be 36.8 °C (98.2 °F) orally, the blood pressure 95/54 mm Hg, the heart rate 118 beats per minute, the respiratory rate 18 breaths per minute, and the oxygen saturation 92% on 3 L of oxygen via nasal cannula. On the basis of these data, what actions should the nurse take?

Answer located on p. 189.

I. Vital Signs

A. Description: Vital signs include temperature, pulse, respirations, blood pressure (BP), oxygen saturation (pulse oximetry), and pain assessment.

B. Guidelines for measuring vital signs

1. Initial measurement of vital signs provides baseline data on a client's health status and is used to help identify changes in the client's health status.
2. Some vital sign measurements (temperature, pulse, respirations, BP, pulse oximetry) may be delegated to unlicensed assistive personnel (UAP), but the nurse is responsible for interpreting the findings.
3. The nurse collaborates with the health care provider (HCP) in determining the frequency of vital sign assessment and also makes independent decisions regarding their frequency on the basis of the client's status.

 The nurse always documents vital sign measurements and reports abnormal findings to the HCP.

C. When vital signs are measured

1. On initial contact with a client (e.g., when a client is admitted to a health care facility)
2. During physical assessment of a client
3. Before and after an invasive diagnostic procedure or surgical procedure
4. During the administration of medication that affects the cardiac, respiratory, or temperature-controlling functions (e.g., in a client who has a fever); may be required before, during, and after administration of the medication
5. Before, during, and after a blood transfusion
6. Whenever a client's condition changes
7. Whenever an intervention (e.g., ambulation) may affect a client's condition
8. When a fever or known infection is present (every 2 to 4 hours)

II. Temperature

A. Description

1. Normal body temperature ranges from 36.4° to 37.5° Celsius (C) (97.5° to 99.5° Fahrenheit [F]); the average in a healthy young adult is 37.0 °C (98.6 °F).
2. Common measurement sites are the mouth, rectum, axilla, ear, and across the forehead (temporal artery site); various types of electronic measuring devices are commonly used.
3. Rectal temperatures are usually 1 °F (0.5 °C) higher and axillary temperatures about 1 °F (0.5 °C) lower than the normal oral temperature.
4. Know how to convert a temperature to a Fahrenheit or Celsius value (Box 10-1).

B. Nursing considerations

1. Time of day
 - a. Temperature is generally in the low-normal range at the time of awakening as a result of muscle inactivity.
 - b. Afternoon body temperature may be high-normal as a result of the metabolic process, activity, and environmental temperature.

Elsevier Saunders Vital Signs Answers

ASPAN, Theresa Clifford, Denise O'Brien

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Student Workbook for Modern Dental Assisting Doni L. Bird, Doni L Bird, Cda RDA Rdh Ma, Debbie S. Robinson, 2014-03-26 New to this edition New content addresses the electronic patient record impact of the new health care law preventive techniques and the new hazard communication standard New Dentrix Learning Edition DVD and unique exercises provide you with realistic practice management experience Plus chapter by chapter correlation with the textbook practice questions short answer multiple choice fill in the blank labeling exercises Case studies with accompanying questions Hands on activities Video review Competency skill checklists Removable flashcards Page 4 of cover **Student Workbook for Modern Dental Assisting - E-Book** Doni L. Bird, Debbie S. Robinson, 2015-01-01 Reinforce your understanding of the dental assisting skills described in Modern Dental Assisting 11th Edition With chapters corresponding to the chapters in Bird Robinson s bestselling textbook this workbook includes practice questions and exercises competency skill sheets for practice with dental assisting procedures and detachable flashcards for convenient review Case based questions help you master the clinical skills you need to succeed in your career as a dental assistant and the new Dentrix Learning Edition DVD provides you with realistic practice management experience Chapters correspond to chapters in the textbook and each procedure in the textbook also has a corresponding competency sheet Practice exercises for each chapter include short answer fill in the blank and multiple choice questions and labeling exercises helping you master key terminology and important concepts Patient case exercises use patients on the companion Evolve website s Interactive Dental Office and include medical and dental histories files radiographs and charting information to help you solve problems relating to patient health issues Procedure videos on the Evolve website visually reinforce your understanding of the material you have read Competency sheets provide clear guidelines for performing each dental assisting skill and help you evaluate your strengths and weaknesses with pages perforated so that you can detach individual skill sheets for use in clinical settings Tear out flashcards summarize key information about the sciences medical emergencies infection control radiography dental materials dental instruments and dental procedures offering convenient on the go review in preparing for examinations NEW content matches that in the textbook addressing the electronic patient record the impact of the new health care law preventive techniques and the new hazard communication standard NEW Emphasis on the Electronic Health Record with the Dentrix Learning Edition DVD and unique practice management exercises allows you to work with patient data EXPANDED Additional Critical Thinking Questions offer more opportunities to apply chapter content enhancing your preparation for state or regional board exams and for practice EXPANDED Case based questions based on patient information in the online Interactive Dental Office help you learn to solve the problems seen in day to day clinical settings **Workbook for Surgical Technology - E-Book** Joanna Kotcher, 2014-03-27 Specially designed to parallel the material in Surgical Technology Principles and Practice 6th Edition this helpful workbook provides in depth study and review of the most

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Sheila Whitworth, Taralyn McMullan, 2017-03-08 Too much information Too little time Here s everything you need to succeed in your maternal newborn nursing course and prepare for course exams and the NCLEX Succinct content reviews in outline format focus on must know information while case studies and NCLEX style questions develop your ability to apply your knowledge in simulated clinical situations A 100 question final exam at the end of the book You ll also find proven techniques and tips to help you study more effectively learn how to approach different types of questions and improve your critical thinking skills

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Perianesthesia Nursing Certification The Johns Hopkins ABSITE Review Manual , **Anesthesiology Applied Exam Board Review** Ruchir Gupta, Minh Chau Joe Tran, 2018-10-17 Anesthesiology Applied Exam Board Review is a comprehensive guide for preparing for the American Board of Anesthesiology Applied Exam which includes the traditional Standardized Oral Examination SOE and a new Objective Structured Clinical Examination OSCE component This guide is also a useful review for residents preparing for in training examinations in Anesthesiology The text contains over 40 long and short exam stems with questions regarding the preoperative intraoperative and postoperative care Included with the book is access to the questions online for an e learning experience Topics chosen are based on ABA released exams and student feedback regarding what are the highest yielding topics for the oral board exam Each chapter includes not just questions and answers based on ABA provided grading criteria but also an emphasis on how to formulate answers and break down complex topics and processes into simpler formats **Study Guide for Introduction to Maternity and Pediatric Nursing - E-Book**

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Case Studies in Nurse Anesthesia Sass Elisha,2009-12-23

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