

Chapter 01 – Introduction to Physiology and Homeostasis

Physiology is best defined as the _____.

- a. study of all living things.
- b. study of the body functions of living things.
- c. study of human relationships.
- d. maintenance of body temperature.
- e. maintenance of physical fitness.

ANSWER: b

DIFFICULTY: Bloom's : Remember

REFERENCES: 1.1 Introduction to Physiology

LEARNING OBJECTIVES: HUMAN SHER 1 & 1.2 - Describe the physiological approach to explaining an event.

2. What are the most basic building blocks of matter?

- a. tissue
- b. cells
- c. atoms
- d. bones
- e. amino acids

ANSWER: c

DIFFICULTY: Bloom's : Remember

REFERENCES: 1.2 Levels of Organization in the Body

LEARNING OBJECTIVES: HUMAN SHER 1 & 1.2 - Explain the structure-function relationship of body parts.

3. What are the four most common chemical elements in the human body?

- a. water, salt, protein, and fat
- b. iron, carbon, oxygen, and potassium
- c. blood, muscle, fat, and bone
- d. collagen, glucosamine, chondroin, and cartilage
- e. oxygen, carbon, hydrogen, and nitrogen

ANSWER: e

DIFFICULTY: Bloom's : Remember

REFERENCES: 1.2 Levels of Organization in the Body

LEARNING OBJECTIVES: HUMAN SHER 1 & 1.2 - Explain the structure-function relationship of body parts.

4. Approximately how many red blood cells are replaced per minute in the human body on average?

- a. 150,000,000
- b. 50,000,000
- c. 5,000,000
- d. 300,000
- e. 5,000

ANSWER: a

DIFFICULTY: Bloom's : Remember

REFERENCES: 1.2 Levels of Organization in the Body

LEARNING OBJECTIVES: HUMAN SHER 1 & 1.2 - Explain the structure-function relationship of body parts.

5. Which structure encloses the cells of the human body?

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JL Elias



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