

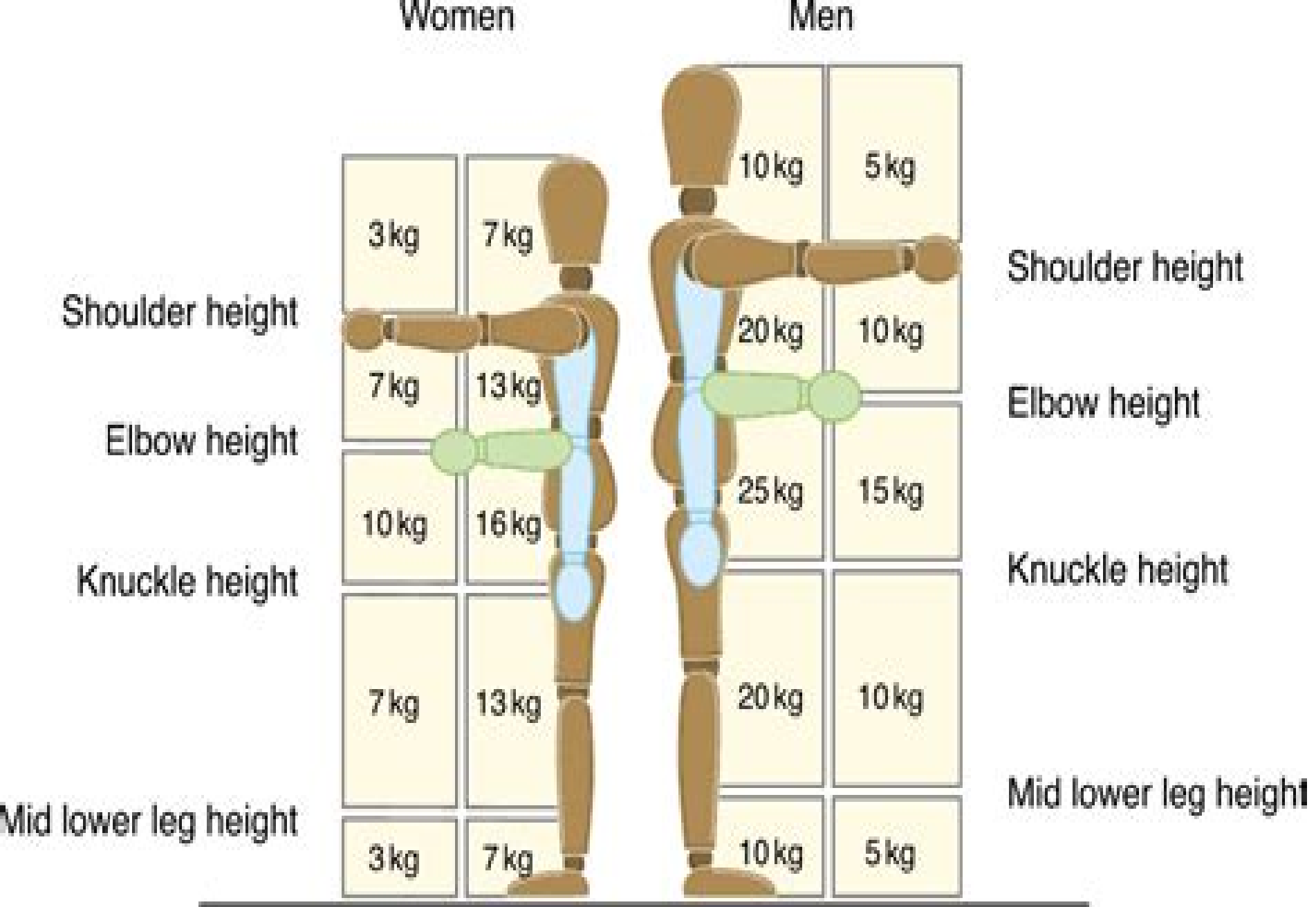


Figure 1 Lifting and lowering

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Ruth Bowen, Wendy Taylor



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