Manual Treadmill



Motorized Treadmill



VS

CHEAP NON-ELECTRIC GREAT FOR WALKING SMALL



CONSTANT TEMPO
MANY FEATURES
MORE COMFORTABLE

SPEED WITH EFFORT LOWER QUALITY FEWER FEATURES



MAINTENANCE
BULKY
NEEDS POWER TO OPERATE
EXPENSIVE



Manual Treadmill Vs Electric Treadmill

Lingjun Ying

Manual Treadmill Vs Electric Treadmill:

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