

Personal Hygiene WORKSHEETS

PERFECT FOR LEARNING
ABOUT HEALTH

Personal Hygiene

Color in the things that help you stay clean.
help you stay clean.



Personal Hygiene Facts



Taking a bath washes your whole body and keeps everything clean.



Use soap to make sure you get rid of dirt and bacteria.



When you need to sneeze or blow your nose, use a tissue to prevent spreading germs.



Washing your hands is the easiest way to keep you from getting sick and spreading germs.



ALWAYS wash your hands after you use the toilet.



Keep your mouth clean by brushing your teeth.



Clean in between your teeth by flossing.



Trim your nails so that they stay clean.



Use shampoo to keep your hair clean.

Hygiene Lessons For 4th Graders

United States. Bureau of Education



Hygiene Lessons For 4th Graders:

Health Instruction in Grades IX-XII James Frederick Rogers, 1933 *KaziKidz Teaching Material for Schoolchildren - Short Version: Foundation Phase (Grade 1- 3)* Ivan Müller, Danielle Dolley, Jan Degen, Stefanie Gall, Anita Weiss, Chantal Brügger, Siphesihle Nqweniso, Nandi Joubert, Larissa Adams, Christin Lang, Johanna Beckmann, Madeleine Nienaber, Patricia Arnaiz, Marina Wälti, Sebastian Ludyga, Peter Steinmann, Jürg Utzinger, Rosa du Randt, Annelie Gresse, Bruce Damons, Tracey Hutton, Ann Aerts, Darelle Van Greunen, Hedwig J. Kaiser, Markus Gerber, Cheryl Walter, Uwe Pühse, 2021-11-23 KaziKidz Teaching Material for Foundation Phase Grades 1 3 A short version of the teaching resources for Life Skills Teachers Being physically active contributes to the development of physical competence and fitness as well as to the child s cognitive social and emotional development Physical Education PE plays a crucial role in the holistic education and development of children Yet in many schools from marginalised neighbourhoods PE is not given the recognition and importance it deserves For this reason the KaziKidz teaching material was developed for teachers principals school staff or for those responsible from the Department of Education in order to contribute to and support the quality of PE in these schools The exercises and games in this book are easy to use do not require a lot of material and are met with much joy and enthusiasm by the learners The teaching material was developed by a team of South African and Swiss experts The lessons meet the requirements of the South African Curriculum and Assessment Policy Statement CAPS and are supported by the Department of Education Eastern Cape We hope you enjoy the lessons **The American Journal of School Hygiene** ,1918 **Course of Study for Common Schools** Iowa. Department of Public Instruction, 1920 *Bulletin - Bureau of Education* United States. Bureau of Education, 1922 Lessons on the Use of the School Library for Rural Schools, State Graded Schools, Village and City Grades Wisconsin. Department of Public Instruction, Ole Saeter Rice, 1915 **American Samoa, Hearings Before the Commission Appointed by the President of the United States...September 18-20, 1930, at Honolulu, September 26-30, in American Samoa** United States. American Samoa Commission, 1931 Child Health Magazine ,1923 *Bulletin* ,1922 **Materials and Methods in the Middle Grades** Joseph Lindsey Henderson, 1928

Hygiene Lessons For 4th Graders Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the energy of words has become more evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **Hygiene Lessons For 4th Graders**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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