

# THE OFFICIAL U.S. ARMY **COMBATIVES HANDBOOK**

CURRENT, FULL-SIZE  
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**BATTLE-TESTED HAND-TO-HAND COMBAT**  
**THE MODERN ARMY COMBATIVES PROGRAM (MACP) MANUAL**  
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**TC 3-25.150 (FM 3-25.150, FM 21-150)**

# Modern Army Combatives Program Field Manual

**Raffaela Di Napoli**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## **Modern Army Combatives Program Field Manual:**

**The Official US Army Combatives Handbook - Current, Full-Size Edition** U. S. Army, 2017-10-02 BUILD YOUR WARRIOR ETHOS AND OVERCOME ANY FOE Current edition TC 3 25 150 big 8 5 x 11 LANDSCAPE FORMAT large clear text extensive all new photo illustrations 400 pages complete unabridged This edition supersedes the old FM 3 25 150 and FM 21 150 Batteries last hours books last decades Get the print edition Hand to hand combat is the ultimate test of a Soldier's ability to combine mind and body into a single powerful force focused on defeating the enemy with whatever weapons are available As used by the Modern Army Combatives Program MACP at Fort Benning GA the U S Army's experts and instructors have created this handbook with the benefit of decades of experience teaching students of every ability to implement the physical and mental skills required to effect lethal devastation on their adversaries in conflicts around the world The simple direct and effective skills and training procedures contained in this book will enable you whether training within a unit with a partner or alone to achieve deadly ability and matchless confidence as a close combat fighter SHARPEN THE DEFINING CHARACTERISTIC OF A WARRIOR THE WILLINGNESS TO CLOSE WITH THE ENEMY PLEASE NOTE in order to maximize the space available for illustrations this book is presented in landscape format PURPOSE SYSTEM PRINCIPLES SYSTEMATIC CONTINUOUS TRAINING COMPETITION DRILLS LIVE TRAINING INTEGRATED TRAINING COMBAT FEEDBACK SAFETY PRECAUTIONS RISK ASSESSMENT TRAINING AREAS INJURIES RESPONSIBILITIES OF INSTRUCTORS HOW TO CONDUCT TRAINING BASIC FIGHT STRATEGY GROUND GRAPPLING CLINCH FIGHTING INTERMEDIATE FIGHT STRATEGY GRAPPLING WITH STRIKES REGAINING THE INITIATIVE ADVANCED GROUND FIGHTING TECHNIQUES STRIKING SKILLS DEFENSE ADVANCED CLINCH POSITIONS PUMMELING KNEE STRIKES CONTACT WEAPONS THRUSTING WEAPONS WEAPON ATTACK DEFENSE GRAPPLING WITH WEAPONS COMPETITIONS DRILLS TRAINING EVALUATION Search for CARLILE MILITARY LIBRARY to find more TOP FLIGHT SQUARED AWAY publications for your professional bookshelf Information purposes only Proudly published in the U S A by CARLILE MEDIA

**The Official US Army Combatives Handbook - Current, Full-Size Edition** US Army, 2025-02-13 U.S. Army Combatives Hand-To-Hand Manual ,2024-12-11 **Taiho-Jutsu** Steven Kaplan, 2010-12-27 Steven J Kaplan is the Dean of the Graduate Theological Institute in Margate Florida A State classified Chaplain holding a doctorate in psychology he is additionally an ordained rabbi who has taught both Jewish studies and psychology at the college and university levels Dr Kaplan has been engaged in pastoral psychotherapy for thirty five years *U. S. Army Combatives Hand-To-Hand Manual* U. S. Army, 2019-09-07 p BEWARE Many other sellers on Amazon are selling the Obsolete FM 21 50 This is the updated official FM 3 25 150 which contains more pages and updated information The printed Combatives Hand to Hand Manual is in the convenient 8 5 x 11 inch format The book contains over 260 pages and hundreds of photographs Hand to hand combat is the ultimate test of a Soldier's ability to fight and test their toughness mentally and physically The U S Army's experts and

instructors have created this handbook with the benefit of decades of experience to teach how to fight win and survive The Modern Army Combatives program draws the best and most practical combat techniques from Brazilian Jiu Jitsu Judo Muay Thai Boxing and Escrima The book is created trusted and battle tested by the US Armed Forces It should be part of every bug out bag and vehicle and used by preppers hunters climbers campers outdoorspeople hikers and anyone looking to survive natural or man made disasters Contents of the Army Combatives Hand to Hand Manual include Training Techniques Safety Principles Ground Fighting Techniques Advanced Ground Fighting Striking Kicking Grappling Takedowns and Throws Handheld Weapons Field Expedient Weapons Standing Defense Knife Fighting Bayonet Fighting Much Much More BUY YOUR COPY TODAY

**Modern Army Combatives Program** United States United States Army Combatives School,2012-09-24 Every Fight Is A Grappling Fight Every Fight Is Over Weapons There Is No Short Cut To Developing Fighting Skill The Modern Army Combatives program draws the best and most practical combat techniques from Brazilian Jiu Jitsu Judo Muay Thai Boxing and Escrima More than just a simple self defense strategy or mixed martial arts system Modern Army Combatives is designed to bring the most brutally effective combat system to the battlefield to render an enemy incapacitated FM 3 25 150 Modern Army Combatives contains step by step illustrations for basic intermediate and advanced techniques including Basics Fighting Stance and Various Grip Techniques Basic Intermediate and Advanced Ground Fighting Techniques Rear Mount Mount Guard and Side Control Arm Trap and Roll Passing the Guard Mount from Side Control Escaping the Rear Mount Rear Naked Choke Cross Collar Choke Bent Arm Bar Straight Arm Bar Guillotine Choke Scissors Sweep Sweep from the Attempted Arm Bar Attacks from the Mount Paper Cutter Choke Nutcracker Choke Leaning Choke Sleeve Choke Attacks from the Rear Mount Collar Choke Single Wing Choke Straight Arm Bar from Rear Mount Attacks from the Guard Triangle Choke Elevator Sweep Reverse Bent Arm Bar Knee Mounts Escape from the Headlock Straight Ankle Lock and Straight Knee Bar Basic Intermediate and Advanced Takedowns Single Leg Superman Double Leg Dump Tree Top Block the Far Knee Foot Hook and Hip Throw Clinch Fighting Closing the Distance Modified Seatbelt Clinch Double Underhooks Rear Clinch Front and Rear Takedown Contact Weapons Thrusting Weapons Bludgeoning Weapons Stick Fighting Strikes and Blocks and Short Range Contact Weapons Knives Weapons Retention Techniques and Grappling with Weapons Complete Competition Guidelines Rules and Procedures **21st Century U. S. Army Combatives Field Manual**

U. S. Department of Defense Staff,2002-04-01 The preface to this U S Army manual FM 3 25 150 states This field manual contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting According to the manual Hand to hand combat is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives sticks or projectile weapons that cannot be fired Proficiency in hand to hand combat is one of the fundamental building blocks for training the

modern soldier Soldiers must be prepared to use different levels of force in an environment where conflict may change from low intensity to high intensity over a matter of hours Many military operations such as peacekeeping missions or noncombatant evacuation may restrict the use of deadly weapons Hand to hand combatives training will save lives when an unexpected confrontation occurs More importantly combatives training helps to instill courage and self confidence With competence comes the understanding of controlled aggression and the ability to remain focused while under duress Training in combatives includes hard and arduous physical training that is at the same time mentally demanding and carries over to other military pursuits The overall effect of combatives training is the culmination of a successful physical fitness program enhancing individual and unit strength flexibility balance and cardiorespiratory fitness and building personal courage self confidence self discipline and esprit de corps As such this manual provides a unique heavily illustrated training manual for a number of hand to hand combat techniques Chapter Three deals with basic ground fighting techniques Basic ground fighting techniques build a fundamental understanding of dominant body position which should be the focus of most combatives training before moving on to the more difficult standing techniques Ground fighting is also where technique can most easily be used to overcome size and strength Before any killing or disabling technique can be applied the soldier must first gain and maintain dominant body position The leverage gained from dominant body position allows the fighter to defeat a stronger opponent An appreciation for dominant position is fundamental to becoming a proficient fighter because it ties together what would otherwise be a long confusing list of unrelated techniques If a finishing technique is attempted from dominant position and fails the fighter can simply try again If on the other hand a finishing technique is attempted from other than dominant position and fails it will usually mean defeat Attacks include the collar choke single wing choke straight arm bar arm lock guillotine choke scissors sweep Captain Kirk ankle grab knee push triangle choke knee mount leg attacks straight ankle lock and figure four ankle lock Striking called an integral part of all actual fighting includes pass the guard with strikes striking from side control defending against strikes and more Takedowns and throws are covered in detail Later chapters cover handheld weapons using the bayonet or knife which may be the ideal weapon to dispatch the enemy Field expedient weapons are discussed including the entrenching tool three foot sticks and six foot pole Standing defense techniques against unarmed and armed opponents are reviewed Restrictive force scenarios include two against one three against two one against two and two against three

**Infantry** ,2007    Special Warfare ,2011    *The U.S. Marine Manual for Close Combat Fighting* U.S. Department of Defense,2023-12-29 The U S Marine Manual for Close Combat Fighting serves as a comprehensive guide to the techniques strategies and philosophies underpinning hand to hand combat training within the United States Marine Corps Written in a clear instructional style this manual utilizes a pragmatic approach blending military discipline with practical self defense tactics Embedded within its pages are essential principles prioritized by the Corps emphasizing not just physical skill but also mental resilience and situational awareness reflecting a broader militaristic ethos that values both

honor and duty in combat scenarios The U S Department of Defense as the author draws upon decades of military tradition martial arts innovation and operational experience to craft this manual It encapsulates various influences including close combat techniques from historical martial arts adapted to meet the rigorous demands of modern warfare This collaboration of seasoned military experts resulted in a text that both honors tradition and embraces evolution in combat training methods This manual is highly recommended for military professionals martial arts practitioners and anyone interested in the systematic study of close combat Its blend of straightforward instruction and deep philosophical insights makes it an invaluable resource for enhancing one s understanding of self defense and the broader essence of combat readiness

*21st Century U.S. Military Manuals* Department of Defense,U. S. Military,U. S. Army,2017-08-27 The Combatives Field Manual FM 3 25 150 FM 21 150 contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting Topics covered include hand to hand combat rifle bayonet fighting knife assault and fighting techniques Hand to hand combat is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives sticks or projectile weapons that cannot be fired Proficiency in hand to hand combat is one of the fundamental building blocks for training the modern soldier Soldiers must be prepared to use different levels of force in an environment where conflict may change from low intensity to high intensity over a matter of hours Many military operations such as peacekeeping missions or noncombatant evacuation may restrict the use of deadly weapons Hand to hand combatives training will save lives when an unexpected confrontation occurs More importantly combatives training helps to instill courage and self confidence With competence comes the understanding of controlled aggression and the ability to remain focused while under duress Training in combatives includes hard and arduous physical training that is at the same time mentally demanding and carries over to other military pursuits The overall effect of combatives training is the culmination of a successful physical fitness program enhancing individual and unit strength flexibility balance and cardiorespiratory fitness building personal courage self confidence self discipline and esprit de corps This field manual has been converted for accurate flowing text e book format reproduction As a bonus this reproduction includes FM 1 The Army Field Manual a capstone manual containing the vision for the Army sold separately for 5 99 FM 1 establishes the fundamental principles for employing Landpower The most important of these are the Army s operational concept and the fundamentals that support it They form the foundation for all Army doctrine All Soldiers should understand and internalize them FM 1 describes the American profession of arms the Army s place in it and what it means to be a professional Soldier This is a privately authored news service and educational publication of Progressive Management

*Uncertain Warriors* David Fitzgerald,2023-11-09 In an era where history had supposedly ended what was an Army for This question confronted the US Army at the end of the Cold War Although public support for the military remained high

fewer were sending their children to enlist and questions were raised about the uncertainty of future operations How would Army leaders prepare soldiers for difficult peacekeeping operations that called for a more human oriented approach in light of the promises of high tech warfare How best to navigate the broader debates about changing gender and sexual norms in American society Pulled in different directions the Army struggled to put forward a compelling vision of who and what the American soldier should be In *Uncertain Warriors* David Fitzgerald reveals how in response to this uncertainty they eventually fell back on an older vision of martial masculinity embracing a warrior ethos that was meant to define the contemporary American soldier

**Ultimate Guide to U.S. Army Combat Skills, Tactics, and Techniques** Jay McCullough, 2010-07-01 Nearly 1 000 pages of instruction on how to fight and win from the team that created *The Ultimate Guide to U S Army Survival Skills Tactics and Techniques*

**U.S. Army Physical Readiness Training Manual** U.S. Department of the Army, 2012-01-14 Time tested physical training from the U S Army now available to

**Field Manual** United States. Department of the Army, 1946 [50 Years of Army Hand to Hand Combat](#) U.S. Army, 1942-06-30 The best of 50 Years of Army Defensive Techniques In World War 1 2 the U S Army trained its troops in basic hand to hand combat This book encompasses those techniques and moves as well as those from the Nineties still being taught today There are two manuals in this volume Unarmed Defense for the American Soldier 1942 and *Combatives* 1992 Both present highly effective methods of hold releases striking attacks defense against bayonet attack and even sentry removal skills These are time tested and proven in actual combat throughout the world in numerous conflicts Well illustrated all moves are demonstrated in a step by step manner with instructions for their execution A must have classic for every martial arts self defense student s library With over 275 photos and drawings Wrist escapes Body Hold escapes Defenses against choke holds Defenses against kicks Defenses against blows with clubs Use of the Club Throws and Take downs Grappling Vital targets Striking Principles Defense against the Knife Offensive techniques Bayonet Knife Entrenching Tool Improvised weapons Sentry Removal

Keywords self defense sentry knife bayonet choke hold combat improvised weapons **Martial Arts of the World** Thomas A. Green, Joseph R. Svinth, 2010-06-11 This book is the most comprehensive and authoritative reference ever published on the wide range of martial arts disciplines practiced in cultures around the world *ABC CLIO s Martial Arts of the World* An Encyclopedia of History and Innovation is the most authoritative reference ever published on combat disciplines from around the world and across history Coverage includes Shaolin monks jousting knights Roman gladiators Westerner gunfighters samurai warriors and heavyweight boxers These iconic figures and many more are featured in this title as well as representatives of less well known but no less fascinating systems all vividly characterized by expert contributors from around the world who are themselves martial arts practitioners *Martial Arts of the World* comprises 120 entries in two volumes The first volume is organized geographically to explore the historic development of martial arts styles in Asia Africa Europe and the Americas The second volume looks at martial arts thematically with coverage of belief systems modern

martial arts competitions and a wide range of such topics as folklore women in martial arts martial arts and the military and martial arts and the media     U.S. Military Pocket Survival Guide U.S. Army, Marine Corps, Navy, And Air Force, Matt Larsen, 2009-07-01 The latest version of the stranded behind enemy lines manual included in the survival kits of all branches of the U S military A distillation of the information contained in the survival bible the USAF s enormous tome on Survival Training AFR 64 4 and updated from the previous version which contained a significant amount of outmoded information Now a multiservice publication used by all branches of the U S military FM 21 76 1 MCRP 3 02H NWP 3 50 3 AFTTP I 3 2 2 6

*Professional Journal of the United States Army* ,1999     **The Official Us Army Combatives Handbook** Headquarters US Army, 2017



The book delves into Modern Army Combatives Program Field Manual. Modern Army Combatives Program Field Manual is an essential topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Modern Army Combatives Program Field Manual, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
    - Chapter 1: Introduction to Modern Army Combatives Program Field Manual
    - Chapter 2: Essential Elements of Modern Army Combatives Program Field Manual
    - Chapter 3: Modern Army Combatives Program Field Manual in Everyday Life
    - Chapter 4: Modern Army Combatives Program Field Manual in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, this book will provide an overview of Modern Army Combatives Program Field Manual. The first chapter will explore what Modern Army Combatives Program Field Manual is, why Modern Army Combatives Program Field Manual is vital, and how to effectively learn about Modern Army Combatives Program Field Manual.
  3. In chapter 2, the author will delve into the foundational concepts of Modern Army Combatives Program Field Manual. This chapter will elucidate the essential principles that must be understood to grasp Modern Army Combatives Program Field Manual in its entirety.
  4. In chapter 3, the author will examine the practical applications of Modern Army Combatives Program Field Manual in daily life. This chapter will showcase real-world examples of how Modern Army Combatives Program Field Manual can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Modern Army Combatives Program Field Manual in specific contexts. This chapter will explore how Modern Army Combatives Program Field Manual is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, this book will draw a conclusion about Modern Army Combatives Program Field Manual. The final chapter will summarize the key points that have been discussed throughout the book.
- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Modern Army Combatives Program Field Manual.

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## **Modern Army Combatives Program Field Manual Introduction**

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