

The RN on the evening shift receives report that a client is scheduled for electroconvulsive treatment (ECT) in the morning. Which intervention should the RN implement the evening before the scheduled ECT?

- A. Hold all bedtime medications.
- B. **Keep the client NPO after mid-night.**
- C. Implement elopement precautions.
- D. Give the client an enema at bedtime.

A client with Bulimia and depression who is taking phenelzine (Nardil) 90 mg daily is admitted to an acute care hospital for uncontrolled hypertension. What dietary choices should the RN instruct the client to avoid?

- A. Pan-seared catfish.
- B. **Peperoni pizza.**
- C. Deep fried shrimp.
- D. Beef trips with gravy.

A mental health worker is caring for a client with escalating aggressive behavior. Which action by the mental health worker warrants immediate intervention by the RN?

- A. **Is attempting to physically restrain the patient.**
- B. Remains at a distance of 4 feet from the client.
- C. Tells the client to go to the quiet area of the unit.
- D. Is using a loud voice to talk to the client.

A client who recently experienced the death of a significant other arrives at the mental health center. The client reports loss of interest in usual activities, expresses a wish to be with the deceased significant other, has been eating very little, and has not slept in several days. Which client statement is most important for the RN to explore at this time?

- A. **Not sleeping for several days.**
- B. Wishing to be with spouse.
- C. Lack of interest in usual activities.
- D. Eating very little.

A middle aged adult with major depressive disorder suffers from psychomotor retardation, hypersomnia, and motivation. Which intervention is likely to be most effective in returning this client to a normal level of functioning?

- A. Provide education on methods to enhance sleep.
- B. **Teach the client to develop a plan for daily structured activities.**
- C. Suggest that the client develop a list of pleasurable activities.
- D. Encourage the client to exercise.

When developing a plan of care for a client admitted to the psychiatric unit following aspiration of a caustic material related to a suicide attempt, which nursing problem has the highest priority?

- A. Impaired comfort.
- B. Risk for injury.
- C. **Ineffective breathing pattern.**
- D. Ineffective coping.

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- Chapter 1: Introduction to Hesi Psych Test Bank
- Chapter 2: Essential Elements of Hesi Psych Test Bank
- Chapter 3: Hesi Psych Test Bank in Everyday Life
- Chapter 4: Hesi Psych Test Bank in Specific Contexts
- Chapter 5: Conclusion

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The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Hesi Psych Test Bank.

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