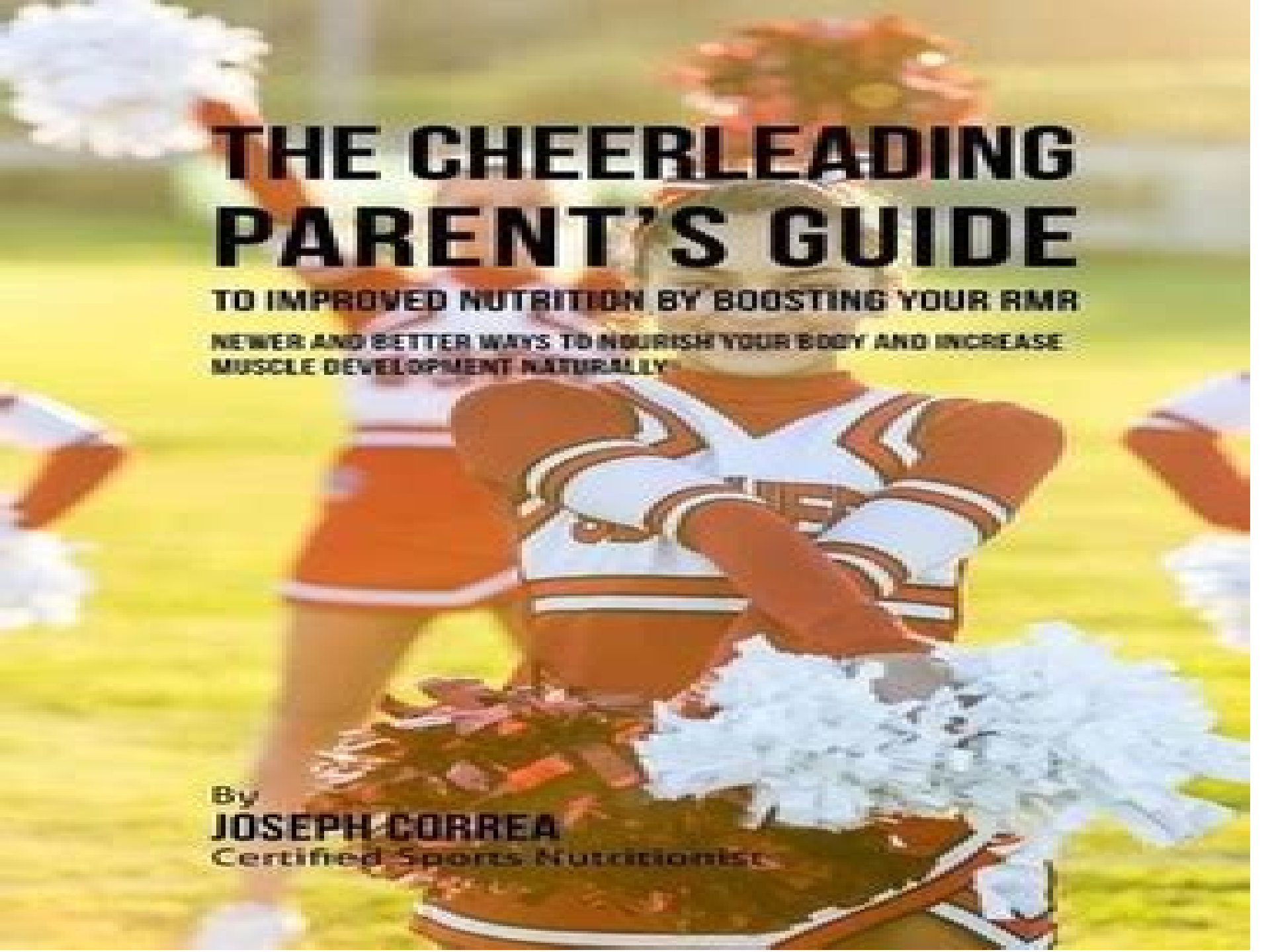




THE CHEERLEADING PARENT'S GUIDE

TO IMPROVED NUTRITION BY BOOSTING YOUR RMR

**NEWER AND BETTER WAYS TO NOURISH YOUR BODY AND INCREASE
MUSCLE DEVELOPMENT NATURALLY**

By
JOSEPH CORREA
Certified Sports Nutritionist

Generic Cheerleading Parent Guide

Stephen M. Stahl



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