

Reflection Essay

With completing the first term in the Constructed Self class, I was able to benefit from a variety of new things from the class, as well as refresh my memory on things that I already knew, just needed a reminder about.

The biggest hurdle in the class for me was time management. I am a procrastinator and always have been, so completing assignments on time was and still is a challenge for me. I have not come to a full solution to this problem yet, but I did make changes in my life as to how I can manage time management. I found that it was easier for me to focus on homework if I was outside my dorm room, because when in my dorm, I would usually mess around on the internet or take naps. I don't think realistically I will get over procrastination anytime soon, but I can manage it.

With hurdles came hidden strengths I discovered about myself. I've never thought of myself as a leader, but because the class used group thinking in more than one occasion, I found that I am a good leader. I communicate my ideas to the group while trying to balance the ideas of others so the group can come to an agreed upon decision. Obviously this can benefit me no matter what career I decide to go into, because the ability to take control of a situation and still remain diplomatic with colleagues is a valuable asset to have. Other than this, I can't think of any other strength I discovered. I

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**Bridget Blomfield, Marcia
Hermansen, Fauzia Ahmad, Shabana
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Kersten, Markus Dressler, Gregory
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Failing, Junaid S. Ahmad, Muhammed
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Experiential Exercises in the Classroom Mary K. Foster, Vicki Fairbanks Taylor, Jennie L. Walker, 2021-06-25 The definitive guide to creating and using experiential exercises in the classroom For anyone interested in continuously improving their teaching practice this book provides an overview of the theory and empirical evidence for active learning and the use of experiential exercises Using a prescriptive model and checklist for creating adapting or adopting experiential exercises in the classroom the authors demonstrate evidence based best practices for each step in the development and use of experiential exercises including tips worksheets and checklists to facilitate use of these practices Clinical Supervision Activities for Increasing Competence and Self-Awareness Roy A. Bean, Sean D. Davis, Maureen P. Davey, 2014-03-18 Cultivate self awareness empathy and clinical competence in the mental health professionals you supervise Providing tested guidance for clinical supervisors of mental health professionals editors Roy A Bean Sean D Davis and Maureen P Davey draw from their own backgrounds in training private practice and academe as well as from an international panel of experts representing various mental health fields to provide activities and best practices that allow therapists to better serve an increasingly diverse set of clients and issues While clinical skills are easily observed the more subtle areas of self awareness or exploring unexamined judgments are more difficult to spot and to provide supervision and guidance for The numerous experiential activities included will help supervisors and the mental health professional they supervise develop their skills and techniques around Intuition Empathy Self awareness Mindfulness Multicultural awareness Perspective taking The book covers both clinical as well as diversity focused competence and awareness and suggests various forms of activities including research exercises reflection journaling and more Each activity includes measurement metrics as well as additional resources that help clinicians identify the best activity for a given situation Appropriate for clinicians at every level and from a multitude of backgrounds these tried and tested best practices can be used in clinical supervision as a class assignment or to facilitate professional growth **Practical Theology** Richard R. Osmer, 2008-07-02 Every church congregation encounters challenging situations some the same the world over and others specific to each church Richard Osmer here seeks to teach congregational leaders including but not limited to clergy the requisite knowledge and skills to meet such situations with sensitivity and creativity Osmer develops a framework for practical theological interpretation in congregations by focusing on four key questions What is going on in a given context Why is this going on What ought to be going on and How might the leader shape the context to better embody Christian witness and mission The book is unique in its attention to interdisciplinary issues and the ways that theological reflection is grounded in the spirituality of leaders Useful accessible and lively with lots of specific examples and case studies Osmer s Practical Theology effectively equips congregational leaders to guide their communities with theological integrity Best Practices in Occupational Therapy Education Patricia Crist, Marjorie Scaffa, 2012-11-12 Take your OT educational skills to the next level Best Practices in Occupational Therapy

Education is a must have resource that showcases successful methods and practices in occupational therapy education This unique book provides the information that can help you improve your skills to become an even more effective contemporary occupational therapy educator Edited by Patricia Crist and Marjorie E Scaffa who previously collaborated on Education for Occupational Therapy in Health Care Strategies for the New Millennium Best Practices In Occupational Therapy Education highlights OT training methods proven effective by top OT educators The book examines the effects of level II fieldwork on clinical reasoning in occupational therapy and on the professional development of fieldwork students in terms of occupational adaptation clinical reasoning and client centeredness It also shows how to promote professional reflection through problem based learning evaluations and activities how OT students personality types affect the teaching and learning strategies that work best with them and how to integrate evidence based practice into students academic and fieldwork experiences This results oriented text examines important concepts and approaches in teaching occupational therapy such as Web based supports for occupational therapy students during level II fieldwork ways to facilitate creative thinking and memory motivate students and promote positive learning outcomes using evaluation activities in problem based learning to help students develop professional reflection skills customizing your instructional delivery methods to the specific needs of your students balancing tradition with innovation education specifically aimed at community based practice the benefits of online learning methods for developing cultural awareness cultural sensitivity and active listening skills The teaching approaches in Best Practices in Occupational Therapy Education are clear and concrete and include outcomes that support each thesis or learning objective This analysis of best practices in occupation therapy education is an essential tool for educators that you ll refer to again and again

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Born-Digital Texts in the English Language Classroom Saskia Kersten, Christian Ludwig, 2024-06-11 This book is the first to focus specifically on born digital texts in EFL teaching uniting international and innovative scholarship with practical classroom applications The book develops a

theoretically sound framework for curriculum materials and methods design that takes into account the growing ubiquity of born digital texts in the digital age It covers a broad variety of born digital text types including those generated by AI which so far have not been an explicit focus in the context of language teaching while also providing a grounding in current discussions around digital tools in education The chapters cover a wide range of issues from methodological approaches to born digital texts to curriculum syllabus and materials design The book will be a valuable introduction to the subject for trainee and practising teachers as well as teacher educators and students on EFL courses Chapter 7 is free to download as an open access publication under a CC BY licence and is available here <https://zenodo.org/records/11174197>

American Journal of Islamic Social Sciences 24:3 Bridget Blomfield, Marcia Hermansen, Fauzia Ahmad, Shabana Mir, Rosnani Hashim, Carool Kersten, Markus Dressler, Gregory Starrett, Todd Lawson, Sajjad H. Rizvi, Brannon Wheeler, Tahir Abbas, Daniella Talmon-Heller, Marie A. Failing, Junaid S. Ahmad, Muhammed Haron, The American Journal of Islamic Social Sciences AJISS is a double blind peer reviewed and interdisciplinary journal that publishes a wide variety of scholarly research on all facets of Islam and the Muslim world anthropology economics history philosophy and meta physics politics psychology religious law and traditional Islam Submissions are subject to a blind peer review process

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How to Manage Student Consulting Projects Joseph R. Weintraub, George A. Lee, Arline A. Macormack, 2020-09-25 How to Manage Student Consulting Projects describes the key principles and tools needed by project advisors to manage student consulting projects in an academic setting The authors highlight different approaches for managing student consulting teams and offer strategies that project advisors can use to improve project performance The book also provides information for program administrators and deans as well as project managers in non academic settings to help in the development and running of project based learning

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