

# ICU REFERENCE SHEET

# 11 PAGES TOTAL

## ABG Reference

|             | pH        | PO2    | PCO2  | Oxygenated    |
|-------------|-----------|--------|-------|---------------|
| Normal      | 7.35-7.45 | 80-100 | 35-45 |               |
| Acidosis    | ↓         | ↑      | ↑     | Resp. or Met. |
| Alkalosis   | ↑         | ↓      | ↓     | Resp. or Met. |
| Respiratory | ↓         | ↓      | ↓     | Respiratory   |
| Metabolic   | ↑         | ↑      | ↑     | Metabolic     |

## Glasgow Coma Scale (GCS)

Eye Opening Response    Verbal Response    Motor Response

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## Abnormal Rhythms



| Rhythm                   | Characteristics | Treatment | Causes |
|--------------------------|-----------------|-----------|--------|
| Sinus Tachycardia        |                 |           |        |
| Sinus Bradycardia        |                 |           |        |
| SVT                      |                 |           |        |
| Afib                     |                 |           |        |
| Atrial Flutter           |                 |           |        |
| First Degree Heart Block |                 |           |        |

## Pressors

| Pressor       | Effect                               | Indication              | Contraindications                   |
|---------------|--------------------------------------|-------------------------|-------------------------------------|
| Levophed      | Vasopressor, Inotropic               | Septic Shock, Shock     | first choice                        |
| Vasopressin   | Vasopressor                          | Used with Levophed      | normally not tolerable              |
| Epinephrine   | Vasopressor, Inotropic, Chronotropic | Used with sudden arrest | not selective for a and b receptors |
| Phenylephrine | Vasopressor                          | often used as a IV push | may cause bradycardia               |
| Dobutamine    | Inotropic, mild vasodilator          | cardiogenic shock       | minimal change in heart rate        |
| Dopamine      | Vasopressor/Inotropic, Chronotropic  | Hypotension             | can cause tachycardia               |



| Inotropic            | Chronotropic       | Dronotropic        |
|----------------------|--------------------|--------------------|
| Stim of contractions | Affects heart rate | Affects conduction |

|         |                                    |
|---------|------------------------------------|
| Alpha 1 | Vasopressor                        |
| Alpha 2 | Dec. sympathetic outflow           |
| Beta 1  | ↑ HR, contractility                |
| Beta 2  | Relax smooth muscle, Relax bronchi |



## Normal Lab Values

|    |         |     |        |     |         |    |         |
|----|---------|-----|--------|-----|---------|----|---------|
| Na | 135-145 | Cl  | 97-107 | BUN | 8-20    | Cr | 0.6-1.2 |
| K  | 3.5-5.0 | CO2 | 23-29  | Ca  | 8.8-9.8 |    |         |

|     |        |      |           |     |         |
|-----|--------|------|-----------|-----|---------|
| WBC | 4.5-11 | High | 12.0-17.0 | Low | 3.0-4.0 |
|     |        | PLT  | 150-400   |     |         |

|    |       |     |       |     |         |
|----|-------|-----|-------|-----|---------|
| PT | 11-13 | PTT | 25-35 | INR | 0.8-1.2 |
|----|-------|-----|-------|-----|---------|



|               |         |
|---------------|---------|
| Urea Nitrogen | 8-20    |
| Creatinine    | 0.6-1.2 |
| BUN           | 8-20    |
| Cr            | 0.6-1.2 |



# Icu Manual For Nurses

**Lei Shi**



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