

## HESI Exit Exam RN (updated 2020/2021)- Test Bank

1. Following discharge teaching, a male client with duodenal ulcer tells the nurse the he will drink plenty of dairy products, such as milk, to help coat and protect his ulcer. What is the best follow-up action by the nurse?
  - **Review with the client the need to avoid foods that are rich in milk and cream**
2. A male client with hypertension, who received new antihypertensive prescriptions at his last visit returns to the clinic two weeks later to evaluate his blood pressure (BP). His BP is 158/106 and he admits that he has not been taking the prescribed medication because the drugs make him "feel bad". In explaining the need for hypertension control, the nurse should stress that an elevated BP places the client at risk for which pathophysiological condition?
  - **Stroke secondary to hemorrhage**
3. The nurse observes an unlicensed assistive personnel (UAP) positioning a newly admitted client who has a seizure disorder. The client is supine and the UAP is placing soft pillows along the side rails. What action should the nurse implement?
  - **Instruct the UAP to obtain soft blankets to secure to the side rails instead of pillows.**
4. An adolescent with major depressive disorder has been taking duloxetine (Cymbalta) for the past 12 days. Which assessment finding requires immediate follow-up?
  - **Describes life without purpose**
5. A 60-year-old female client with a positive family history of ovarian cancer has developed an abdominal mass and is being evaluated for possible ovarian cancer. Her Papanicolaou (Pap) smear results are negative. What information should the nurse include in the client's teaching plan?
  - **Further evaluation involving surgery may be needed**
6. A client who recently underwent a tracheostomy is being prepared for discharge to home. Which instructions is most important for the nurse to include in the discharge plan?
  - **Teach tracheal suctioning techniques**
7. In assessing an adult client with a partial rebreather mask, the nurse notes that the oxygen reservoir bag does not deflate completely during inspiration and the client's respiratory rate is 14 breaths / minute. What action should the nurse implement?
  - **Document the assessment data**
  - **Rational: reservoir bag should not deflate completely during inspiration and the client's respiratory rate is within normal limits.**
8. During shift report, the central electrocardiogram (EKG) monitoring system alarms. Which client alarm should the nurse investigate first?
  - **Respiratory apnea of 30 seconds**
9. During a home visit, the nurse observed an elderly client with diabetes slip and fall. What action should the nurse take first?
  - **Check the client for lacerations or fractures**
10. At 0600 while admitting a woman for a schedule repeat cesarean section (C-Section), the client tells the nurse that she drank a cup a coffee at 0400 because she wanted to avoid

# Hesi Exit Exam For Rn Test Bank

**CH Cherryholmes**



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### Table of Contents **Hesi Exit Exam For Rn Test Bank**

1. Understanding the eBook Hesi Exit Exam For Rn Test Bank
  - The Rise of Digital Reading Hesi Exit Exam For Rn Test Bank
  - Advantages of eBooks Over Traditional Books
2. Identifying Hesi Exit Exam For Rn Test Bank
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Hesi Exit Exam For Rn Test Bank
  - User-Friendly Interface
4. Exploring eBook Recommendations from Hesi Exit Exam For Rn Test Bank
  - Personalized Recommendations
  - Hesi Exit Exam For Rn Test Bank User Reviews and Ratings
  - Hesi Exit Exam For Rn Test Bank and Bestseller Lists

5. Accessing Hesi Exit Exam For Rn Test Bank Free and Paid eBooks
  - Hesi Exit Exam For Rn Test Bank Public Domain eBooks
  - Hesi Exit Exam For Rn Test Bank eBook Subscription Services
  - Hesi Exit Exam For Rn Test Bank Budget-Friendly Options
6. Navigating Hesi Exit Exam For Rn Test Bank eBook Formats
  - ePub, PDF, MOBI, and More
  - Hesi Exit Exam For Rn Test Bank Compatibility with Devices
  - Hesi Exit Exam For Rn Test Bank Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Hesi Exit Exam For Rn Test Bank
  - Highlighting and Note-Taking Hesi Exit Exam For Rn Test Bank
  - Interactive Elements Hesi Exit Exam For Rn Test Bank
8. Staying Engaged with Hesi Exit Exam For Rn Test Bank
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Hesi Exit Exam For Rn Test Bank
9. Balancing eBooks and Physical Books Hesi Exit Exam For Rn Test Bank
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Hesi Exit Exam For Rn Test Bank
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Hesi Exit Exam For Rn Test Bank
  - Setting Reading Goals Hesi Exit Exam For Rn Test Bank
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Hesi Exit Exam For Rn Test Bank
  - Fact-Checking eBook Content of Hesi Exit Exam For Rn Test Bank
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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