

# 7 STEPS TO MOTIVATE YOUR CHILD

by Big Life Journal



1

## **Help your child discover their passions**

Invite your child to create a DREAM BOARD where they can post images and text that remind them of what they want.

2

## **Help them set goals**

Help them connect the dots between their vision of the future (their dream board) and the goals that will get them there.

3

## **Encourage independent thinking**

Let them choose their dreams and goals without intervening. Let them decide on HOW they're going to reach their goals.

4

## **Collaborate**

Join your child in the creation of a dream board or goal ladders. You can also invite their siblings and/or friends to join.

5

## **Do not hover**

Instead of micromanaging, let them work independently, and be available for help and feedback when they ask for it.

6

## **Make them the teachers**

Encourage them to teach a younger sibling or a friend how to make a dream board or a goal ladder.

7

## **Hold the rewards, instead reflect back**

When they reach a goal instead of giving a reward, encourage them to reflect on how the accomplishment of a goal has helped them grow as a person.

# How To Motivate Your Child

**Thomas Griffiths**



## **How To Motivate Your Child:**

Immerse yourself in the artistry of words with is expressive creation, **How To Motivate Your Child** . This ebook, presented in a PDF format ( PDF Size: \*), is a masterpiece that goes beyond conventional storytelling. Indulge your senses in prose, poetry, and knowledge. Download now to let the beauty of literature and artistry envelop your mind in a unique and expressive way.

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