

Guidelines for Completing a Lesson Plan

1. Lesson Plan Information

Subject	Topic	
Unit	Unit Number	Lesson #
Type	Topic Area	

2. Learning Objectives

What do you want the students to know by the end of the lesson?

Learning skills (what you expect them to do)

3. Content

What do you want the students to know about the content by the end of the lesson?

4. Assessment/Reflection/Exit

Assessing learning (what you expect them to do) (what you expect them to do) (what you expect them to do)

5. Learning/Assessment

5.1 The Lesson

What are the objectives, knowledge and skills to be learned? (what you expect them to do) (what you expect them to do) (what you expect them to do)

What do you want the students to know by the end of the lesson? (what you expect them to do) (what you expect them to do) (what you expect them to do)

5.2 Learning/Assessment

What do you expect them to do by the end of the lesson?

5.3 Assessment/Reflection/Exit

What do you expect them to do by the end of the lesson?

6. Teaching/Learning Strategies

6.1 Introduction

What do you expect the lesson to be? (what you expect them to do) (what you expect them to do) (what you expect them to do)

6.2 Main

What do you expect the lesson to be? (what you expect them to do) (what you expect them to do) (what you expect them to do)

6.3 Conclusion/Exit

What do you expect the lesson to be? (what you expect them to do) (what you expect them to do) (what you expect them to do)

6.4 Application/Assessment

What do you expect the lesson to be? (what you expect them to do) (what you expect them to do) (what you expect them to do)

7. My Reflections on the Lesson

What do you think about the lesson? (what you expect them to do) (what you expect them to do) (what you expect them to do)

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Grade 12 Lesson Plans Caps Gauteng

Annelies Wilder-Smith



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both sides of the sacrum that are left over when individual vertebrae fuse together

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web your lumbar spine is the lower back region of your spinal column or backbone it consists of five bones l1 l5 other structures in or around your lumbar spine are your intervertebral disks spinal cord and nerves muscles tendons and ligaments your lumbar spine supports the weight of your body and allows a wide range of body movements

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web sep 3 1997 clinical anatomy of the lumbar spine and sacrum n bogduk published 3 september 1997 medicine biology engineering tldr the lumbar vertebrae are described as well as the sacrum the sacro iliac joint the intervertebral discs and the zygapophysial joints which are connected to the tournaisian spine inside mines edu