

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PST.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	AChE ¹	NE	Selective Action On Neurotransmitters ²	
							5-HT	DA
imipramine		Tofranil	150-300 mg	mid	mid	++	+++	0
desipramine		Norpramin	150-300 mg	low	low	+++++	0	0
amitriptyline		Elavil	150-300 mg	high	high	++	+++++	0
nortriptyline		Aventyl, Pamelor	75-125 mg	mid	mid	+++	++	0
protriptyline		Vivactil	15-40 mg	mid	mid	+++++	+	0
trimipramine		Surmontil ³	100-300 mg	high	mid	++	++	0
doxepin		Sinequan, Adapin ³	150-300 mg	high	mid	++	+++	0
clomipramine		Anafranil	150-250 mg	high	high	0	+++++	0
maprotiline		Ludomil	150-225 mg	high	mid	+++++	0	0
amoxapine		Asendis	150-400 mg	mid	low	+++	++	0
trazodone		Desynel	150-400 mg	mid	none	0	+++++	0
nefazodone		Generic Only	100-300 mg	mid	none	0	+++	0
fluoxetine		Prozac ⁴ , Sarafem	20-80 mg	low	none	0	+++++	0
bupropion-X.L.		Wellbutrin-X.L. ⁴	150-400 mg	low	none	++	0	++
sertraline		Zoloft	50-200 mg	low	none	0	+++++	+
paroxetine		Paxil	20-50 mg	low	low	+	+++++	0
venlafaxine-X.R.		Effexor-X.R. ⁴	75-350 mg	low	none	++	+++	+
desvenlafaxine		Pristiq	50-400 mg	low	none	++	+++	+
fluvoxamine		Luvax	50-300 mg	low	low	0	+++++	0
mirazapine		Remeron	15-45 mg	mid	mid	+++	+++	0
citalopram		Celexa	10-60 mg	low	none	0	+++++	0
escitalopram		Lexapro	5-20 mg	low	none	0	+++++	0
duloxetine		Cymbalta	20-80 mg	low	none	++++	++++	0
atomoxetine		Strattera	60-120 mg	low	low	+++++	0	0
MAO INHIBITORS								
phenelzine		Nardil	30-90 mg	low	none	+++	+++	+++
tranylcypromine		Parnate	20-60 mg	low	none	+++	+++	+++
selegiline		Emsam (patch)	6-12 mg	low	none	+++	+++	+++

¹AChE: Anticholinergic Side Effect

²NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

³Uncommon, but likely effects

⁴Available in standard formulation and time release (XR, XL, or CR). Prozac available in 90mg time released/weekly formulation.

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Dosage	Daily Range	Serum ¹ Level
lithium carbonate		Eskalith, Lithonate	600-2400	0.6-1.5	divalproex		Depakote		750-1500	50-100
lithium aspartate					lamotrigine		Lamictal		50-500	(2)
fluoxetine		Symbyax	6/25-12/50mg ⁴	2	topiramate		Topamax		50-300	(3)
carbamazepine		Tegretol, Equetro	600-1600	4-10+	gabapentin		Gabril		4-12	(3)
oxcarbazepine		Trileptal	1200-2400	(2)						

¹Lithium levels are expressed in mEq/L; carbamazepine and valproic acid levels express in mg/mL.

²Serum monitoring may not necessary. ³Not yet established. ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations.

ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range ¹
clomipramine		Anafranil	150-300 mg
fluoxetine		Prozac ¹	20-80 mg
sertraline		Zoloft ¹	50-200 mg
paroxetine		Paxil ¹	20-60 mg
fluvoxamine		Luvax ¹	50-300 mg
citalopram		Celexa ¹	10-60 mg
escitalopram		Lexapro ¹	5-30 mg

¹Higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate		Ritalin	5-50 mg
methylphenidate		Concerta ²	18-54 mg
methylphenidate		Metadate	5-40 mg
methylphenidate		Methylton	10-60 mg
methylphenidate		Daytrana (patch)	15-30 mg
dexamethylphenidate		Focalin	5-40 mg
dextro-amphetamine		Dexedrine	5-40 mg
lisdexamphetamine		Vyvanse	30-70 mg
pemoline		Cylert	37.5-112.5 mg
d- and l-amphetamine		Adderall	5-40 mg
modafinil		Provigil, Sparlon	100-400 mg

¹None: Adult Doses.

²Sustained release

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The Psychiatric Cheat Sheet Harsha Willow Ramsey, 2024-12-30 Master Psychiatric Nursing and Mental Health Care with Confidence Are you looking for a trusted resource to deepen your knowledge of mental health care refine your clinical skills and prepare effectively for exams This comprehensive guide is designed for nursing students mental health practitioners and educators who seek clarity practical tools and actionable insights to excel in the field of psychiatric nursing Packed with evidence based practices practical tools and real world applications this book is your ultimate companion for mastering the complexities of mental health care What You ll Discover Inside Complete Coverage of Psychiatric Nursing Essentials Explore key topics including advanced motivational interviewing techniques trauma informed care and holistic approaches that integrate complementary practices for patient centred care Exam Ready Tools and Strategies Benefit from mnemonics cheat sheets and a detailed study schedule designed to simplify exam preparation and help you retain critical information Detailed Medication Insights Learn about antidepressants antipsychotics anxiolytics and mood stabilisers complete with dosing guidance side effects and patient education tips to ensure safe and effective care Real Life Case Studies Gain practical knowledge through real world examples equipping you with strategies for managing complex scenarios like crisis interventions chronic conditions and comorbidities Trauma Informed and Holistic Care Checklists Access actionable frameworks to deliver compassionate evidence based care that supports patients physical emotional and mental well being Cheat Sheets for Drug Interactions and Interventions Use quick reference guides to stay organised and confident in fast paced clinical settings Who This Book is For Nursing students preparing for psychiatric nursing exams or certifications Practising clinicians seeking to enhance their clinical knowledge and patient care strategies Educators and trainers looking for a comprehensive up to date resource for teaching advanced mental health concepts Written in a clear engaging style this book combines rigorous academic insights with practical tools that you can apply immediately Whether you re studying for exams or striving to improve patient outcomes this guide provides the knowledge and confidence you need Achieve mastery in psychiatric nursing and mental health care Order your copy today and start your journey toward professional excellence

Psych Meds Made Easy Callie Parker, 2025-05-02 If you want to master psychiatric medications without endless hours of dry textbook reading then keep reading Are you tired of struggling to memorize countless psychiatric medications their effects and nursing considerations Do you find yourself overwhelmed by the complexity of psychopharmacology Are you searching for a more engaging way to learn and retain critical medication information Looking for a resource that makes psychiatric medications actually stick in your memory In *Psych Meds Made Easy* Callie Parker transforms complex medication information into memorable rhymes that stick This innovative guide combines evidence based pharmacology with creative poetry making it the perfect companion for nursing students healthcare providers and anyone working in mental health care Inside readers will discover over 100 medication poems covering all major psychiatric drug classes Each

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Saving Talk Therapy Enrico Gnaulati, 2018-01-09 A hard hitting critique of how managed care and the selective use of science to privilege quick fix therapies have undermined in depth psychotherapy to the detriment of patients and practitioners In recent decades there has been a decline in the quality and availability of psychotherapy in America that has gone largely unnoticed even though rates of anxiety depression and suicide are on the rise In *Saving Talk Therapy* master therapist Dr Enrico Gnaulati presents powerful case studies from his practice to remind patients and therapists alike how and why traditional talk therapy works and using cutting edge research findings unpacks the problematic incentives in our health care system and in academic psychology that explain its decline Beginning with a discussion of the historical development of talk therapy Dr Gnaulati goes on to dissect the factors that have undermined it Psychotropic drugs if no longer thought of as a magical cure are still over prescribed and shunt health care dollars to drug corporations Managed care companies and mental health carve outs send health care dollars to administrators drive many practitioners away and over burden those who remain And drawing back the curtains on CBT cognitive behavior therapy Dr Gnaulati shows that while it might be effective in the research lab its findings are of limited use for the people's complex real world emotional problems *Saving Talk Therapy* is a passionate and deeply researched case for in depth personally transformative psychotherapy that incorporates the benefits of an evidence based approach and psychotropic drugs without over relying on them

Self-Care for People with ADHD Sasha Hamdani, 2023-01-03 When you have ADHD it can be hard to stay on top of your wellness *Self Care for People with ADHD* is here to help This book can help you engage in some neurodiverse self care without pretending to be neurotypical You'll find more than 100 tips to accepting yourself destigmatizing ADHD finding your community and taking care of your physical and mental health You'll find solutions for managing the negative aspects of ADHD as well as ideas to bring out the positive aspects

Film Reference Guide for Medicine and Allied Sciences, 1961

Brain Injury Medicine, 2nd Edition Nathan D. Zasler, MD, Douglas I. Katz, MD, Ross D. Zafonte, DO, 2012-08-27 This book is a clear and comprehensive guide to all aspects of the management of traumatic brain injury from early diagnosis and evaluation through the post acute period and rehabilitation

An essential reference for physicians and other health care professionals who work with brain injured patients the book focuses on assessment and treatment of the wider variety of clinical problems these patients face and addresses many associated concerns such as epidemiology ethical issues legal issues and life care planning Written by over 190 acknowledged leaders the text covers the full spectrum of the practice of brain injury medicine including principles of neural recovery neuroimaging and neurodiagnostic testing prognosis and outcome acute care rehabilitation treatment of specific populations neurologic and other medical problems following injury cognitive and behavioral problems post traumatic pain disorders pharmacologic and alternative treatments and community reentry and productivity

Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems Edited by Mina K. Dulcan M.D., Rachel R. Ballard M.D., 2015-03-20 Now in its fourth edition Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems is an extremely useful and user friendly compendium of information sheets for parents and teachers of children and adolescents who are being prescribed medications for psychiatric disorders The book is designed for a diverse audience of psychiatrists pediatricians and neurologists as well as for schools therapists and libraries Individual information sheets on specific medications prescribed for the child or adolescent patient can be downloaded printed and given to parents and teachers to help them understand the drug's purpose possible side effects potential interactions with food and medications and other factors This new edition has been thoroughly updated and the number of drugs covered has been expanded by more than 20% over the previous edition Written in an accessible style that laypeople will find easy to understand Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems provides accurate and timely information that promotes understanding and helps ensure patient adherence and safety

Psychologists' Psychotropic Drug Reference Louis A. Pagliaro, Ann Marie Pagliaro, 2020-03-26 First published in 1998 The purpose of this book is to provide prescribing psychologists and psychology students with an accurate and authoritative reference for psychotropic drugs that are commonly available for clinical prescription in North America The reference is particularly directed for use by psychologists and psychology students who already have or are currently developing their professional expertise and responsibilities in the prescription and management of psychotropic pharmacotherapy as an adjunct to their psychotherapy The Reference lists detailed drug monographs for over 100 different prescription psychotropic drugs available in North America Thus this reference is the most comprehensive psychotropic drug reference for clinical psychologists currently available Each psychotropic monograph is clearly and concisely written to only reflect essential and important data that are commonly required by prescribing psychologists Whenever available and appropriate each monograph includes phonetic pronunciation up to five common trade or brand names pharmacologic or therapeutic classification and subclassification United States Drug Enforcement Agency USDEA schedule designation for abuse potential recommended dosages for adults children and the elderly helpful and important notes regarding methods of administration relative

contraindications clinically significant drug interactions and more It is hoped that by using the information presented in this book prescribing psychologists and psychology students will be better able to provide their patients with the maximum benefits of adjunctive pharmacotherapy with a minimum of adverse and toxic effects

Handbook of Autism and Pervasive Developmental Disorder Johnny L. Matson, Peter Sturmey, 2022-08-11 This handbook provides a substantive foundation of autism theory and research including a comprehensive overview conceptualization and history of autism spectrum disorder ASD and pervasive developmental disorder PDD This robust reference work integrates the broad scholarly base of literature coupled with a trenchant analysis of the state of the field in nosology etiology assessment and treatment Its expert contributors examine findings and controversies e g the actual prevalence of autism as well as longstanding topics of interest as well as emerging issues from around the globe In addition the handbook describes multiple assessments diagnoses interventions and treatments for autism and PDD It addresses such key topics as assessment of core symptoms and comorbidities risk factors epidemiology diagnostic systems neuroscience as well as issues regarding family adaptation In addition the handbook explores the rapidly evolving and expanding topics of medications diets fringe and harmful treatments applied behavior analysis and early intensive behavioral interventions Key areas of coverage include Survey of diagnostic criteria and assessment strategies for autism and pervasive developmental disorder Genetic behavioral biopsychosocial and cognitive models of autism assessment and treatment Psychiatric disorders in individuals with ASD Theory of mind and facial recognition in persons with autism Diagnostic instruments for assessing core features and challenging behaviors in autism and PDD Evidence based psychosocial pharmacological and integrative treatments for autism and other developmental disabilities Interventions specifically for adults with ASD Training issues for professionals parents and other caregivers of individuals with autism and developmental disabilities Review of findings of successful and promising therapies coupled with guidance on how to distinguish between dubious and effective treatments for autism and PDD The handbook is an indispensable resource for researchers professors graduate students as well as clinicians therapists and other practitioners in clinical child and school psychology child and adolescent psychiatry social work special education behavioral rehabilitation pediatric medicine developmental psychology and all allied disciplines

Behavioral Medicine: A Guide for Clinical Practice, Third Edition Mitchell Feldman, John Christensen, 2007-11-27 5 STAR DOODY S REVIEW This is an extraordinarily thorough useful book It manages to summarize numerous topics many of which are not a part of a traditional medical curriculum in concise relevant chapters Physicians who do not understand the dynamics behind the doctor patient relationship usually end up being poor doctors and this book reviews the many behavioral issues that patients have that can affect this relationship This is a very welcome addition to the medical education literature and should be required reading for all practicing clinicians Doody s Review Service Behavioral Medicine delivers practical coverage of behavioral and interactional issues that occur between provider and patient in everyday clinical practice You will learn how to deliver bad news how to conduct an

effective patient interview how to clinically manage behavioral issues in the dying patient the principles of medical professionalism behavioral issues in men s and women s health and much more Features Thorough but practical discussion of the scope of the physician patient relationship Includes extensive use of cases and clinical vignettes Complete coverage of medical disorders that influence both physician and patient behavior in clinical practice **Medicine, Biomedical Research, Mental Health** ,1995 *Handbook of Clinical Psychopharmacology for Therapists* John Preston,John H. O'Neal,Mary C. Talaga,2008 The revised and expanded edition of a must read book offers therapists psychological clinicians and even patients the most accessible overview to psychoactive medications for the treatment of mental health problems in both adults and children It has been updated with information from the most current research about drug indications side effects and more *Journal of Psychological Medicine and Mental Pathology* ,1863 *The Journal of Psychological Medicine and Mental Pathology* ,1863 *Drug Information Handbook for Psychiatry* Matthew A. Fuller,Martha Sajatovic,2002 A comprehensive reference of psychotropic non psychotropic and herbal agents Includes Effects on Mental Status and Effects on Psychiatric Treatment **Adverse Syndromes and Psychiatric Drugs** Peter Haddad,Serdar Dursun,Bill Deakin,2004-05-27 Pharmacotherapy is an important part of the treatment of most major psychiatric disorders Although psychiatric drugs can have immense benefits for patients adverse syndromes are common causing significant distress for patients Some side effects are potentially life threatening if not detected and treated appropriately Despite the importance of this subject there is a great shortage of practical advice on this topic This book will help psychiatrists GPs pharmacists and nurses prevent recognize and manage adverse syndromes associated with psychiatric drugs It provides an easily readable account of almost all the adverse syndromes that clinicians will ever encounter Each section is written by an authority in the area with each syndrome clearly laid out to include the following information clinical features pharmacological basis differential diagnosis management risk factors and prevention Summary tables are also provided along with key references for further reading Clearly written and authoritative this book will be of enormous practical value to all clinicians managing patients who have been prescribed psychiatric drugs *Social Media in Medicine* Margaret Chisolm,2018-02-05 The use of social media around the world has exploded in recent years with the number of monthly active users of Facebook and Twitter estimated to be one billion and one quarter billion respectively Physicians and medical trainees are among the users of social media raising questions of how Facebook Twitter and other novel online tools may best be harnessed to further medical research patient care and educational pursuits Because social media enables an immediate exchange of information and ideas around shared areas of interest it has fostered communication and collaboration among a global network of researchers clinicians patients and learners Social Media in Medicine reviews a range of topics from research ethics to medical education and includes personal reflections by clinicians and learners that represent diverse opinions about the role of social media in medicine The book is relevant to all healthcare stakeholders and will hopefully

encourage ideas and questions to generate more research into the use of social media in medical research patient care and education This book was originally published as a special issue of the International Review of Psychiatry

Manual of Psychiatric Care for the Medically Ill Antoinette Ambrosino Wyszynski, Bernard Wyszynski, 2008-05-20 Manual of Psychiatric Care for the Medically Ill delivers a practical approach to accurate psychiatric diagnosis and treatment in the medical surgical setting The editors have updated the literature reviews of their widely used 1996 American Psychiatric Publishing publication A Case Approach to Medical Psychiatric Practice and have added easy to use summaries Web resources checklists flowcharts and worksheets all designed to facilitate and teach the process of psychiatric consultation The appended study guide makes this book even more valuable as an educational tool Intended as a companion guide to comprehensive textbooks in psychosomatic medicine this concise volume combines medication updates with how to strategies for the psychiatric treatment of patients with cardiovascular hepatic renal and pulmonary disease gastrointestinal symptoms delirium HIV hepatitis C steroid induced psychiatric syndromes and organ transplantation A special feature is the comprehensive chapter on the treatment of psychiatric illness in pregnancy Each chapter summarizes the literature emphasizing diagnostic and treatment considerations for patients with psychiatric symptoms and medical illnesses Representing the work of 24 contributors this useful highly informative volume features Checklists flowcharts and worksheets that can be photocopied and brought to the patient s bedside for use during the clinical consultation These templates help focus the information gathering process organize the data and generate important documentation Standardized assessment instruments and questionnaires such as the Michigan Alcohol Screening Test Delirium Rating Scale Revised 98 and HIV Dementia Scale which assist in consultation and evaluation Summaries and charts of differential diagnoses to assist psychiatric consultation to medical patients including Web addresses to access the latest information on a particular condition or treatment A study guide in case question answer format for selected chapters This volume also includes a how to chapter on assessing decisional capacity complete with a worksheet for gathering information and documenting informed consent It also features practical reviews of psychotherapeutic issues such as a primer for what to do when patients ask about spiritual issues Concluding chapters present short practical guides on addressing general psychological issues occurring in medical patients This proven manual already being used to teach residents the core curriculum in Consultation Liaison Psychiatry and On Call Preparedness at Bellevue Hospital in New York City will be welcomed by general psychiatrists consultation liaison and psychosomatic medicine fellows residents and medical students everywhere

Litt's Drug Eruption Reference Manual Including Drug Interactions, 13th Edition ,2007-02-26 Confirm adverse effects with the only source for practicing dermatologists pharmacists and clinicians devoted to newly approved commonly prescribed and over the counter drugs including herbals and supplements With an alphabetic listing of more than 7 000 drugs herbals and supplements combined Litt s is the dermatologist s number one choice fo

The 14-Day Brain

Reset for Psychiatric Nurses Wanda Sophia Schneider, This comprehensive guide is crafted for mental health nurses aiming to elevate their expertise It combines current research on psychiatric care with hands on techniques for safe and empathetic clinical practice By spanning pharmacology crisis management communication strategies and self care methods it addresses the multifaceted needs of both patients and practitioners Designed to serve as an all in one reference each section breaks down critical information into manageable steps You ll find straightforward guidance on patient assessment therapeutic conversations and cultural sensitivities all written in a supportive straightforward tone Whether you re a seasoned nurse seeking deeper proficiency or a newcomer striving to establish strong foundations this resource offers a clear path to excellence in psychiatric nursing It also includes real world scenarios that bring these principles to life helping you deliver compassionate evidence based care at every turn Key topics Psychiatric assessment fundamentals Medication essentials and updated psychopharmacology Effective communication and rapport building Cultural sensitivity and patient centered approaches Resilience and burnout prevention for nurses Exam preparation tips for board certifications Equip yourself with practical knowledge to enhance outcomes for your patients foster your own well being and confidently navigate the evolving sphere of mental health nursing

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