

EMOTIONAL INTELLIGENCE TEACHER'S NOTES

A. WARNER

1. Which people from the past do you think were great leaders?
2. Are there any current leaders that you think are great leaders?
3. What do you think has made these people great leaders?

B. SHORT PRESENTATION

Tell the students they are each going to give a short presentation on what they think are the qualities of a great leader. Give them five minutes to prepare, and then they each have 2 to 3 minutes to present it to the class (or in smaller groups for larger classes).

C. READING

The students are going to read a shortened version of an article by Daniel Goleman, published in the Harvard Business Review. Distribute the introduction (the first page) to the students. Get them to read it and answer the following questions:

1. Why is emotional intelligence so important in leadership?
2. What specific qualities make up emotional intelligence?
3. What do you think each of these qualities means practically?

D. READING – INFORMATION SHARE

The article continues with a description of each of the four qualities of emotional intelligence. Hand these out to the students, so that each student has a copy of one of the qualities (for larger classes, divide the class into groups of two for this section). The students need to read through their text, and then explain to the other students what that particular quality means. They need to make notes of all the feedback from the students, so that they have all the essential characteristics summarized.

When all the qualities have been covered, get the students to draw a table on the board (or piece of paper), a summary of all the essential points for comparison purposes, refer to this summary:

http://www.usingbrainingtools.com/emotional_intelligence.pdf

E. INTERVIEW

The students are going to assess each other, as though they are doing an emotional intelligence analysis. Give the students five minutes to write down some questions they would ask someone if they were trying to analyse them for, assessing, all four qualities from the article. Their questions could also include scenarios i.e. What would you do if...?

Lesson Plans On Emotional Intelligence

**Prof. (Dr.) P. Sagaya Mary, Dr. R.
Ranjani Prema**



Lesson Plans On Emotional Intelligence:

Lesson Planning with Purpose Christy McConnell, Bradley Conrad, P. Bruce Uhrmacher, 2020 This book takes readers on a journey through many pathways to engaging and meaningful educational experiences The text first discusses Perceptive Teaching and then explores five unique approaches to lesson planning behaviorist constructivist aesthetic ecological and integrated social emotional learning Chapters end with a sample lesson that can be compared across approaches

Supporting Behaviour by Building Resilience and Emotional Intelligence Victor Allen, 2025-02-28 The behaviour of students is a common concern and challenge for those working in schools In addition there is continued government emphasis on behaviour as an important educational issue This new and fully revised edition of Understanding and Supporting Behaviour through Emotional Intelligence is suitable for all trainees and teachers It takes a fresh approach to the issues around behaviour with an emphasis on building learners resilience and developing emotional intelligence In particular the new edition has been updated with the latest legislation including Ofsted and SEND guidelines includes new research on the brain and social competence development addresses the continuing decline in social and emotional intelligence of learners emphasises strategies to build resilience includes a new section on the stages of adolescence considers a whole school approach to the issues provides new or revised case studies throughout is relevant for both primary and secondary teachers

Lesson Planning Jonathan Savage, 2014-07-25 Lesson planning is an essential component of every teacher s practice It is part of a three tiered integrated pedagogy planning teaching and evaluation Drawing on the work of skilful teachers and the latest research this book provides a rationale for lesson planning as an integral part of a teacher s work It introduces the key concepts and skills of lesson planning and provides a practical framework for their development The book helps the reader to make an informed choice about the approaches they use to plan lessons taking into account their subject area and the requirements of individual learners Covering all aspects of short medium and long term planning chapters include Writing Appropriate Learning Objectives and Outcomes Designing and Structuring Engaging Teaching Activities Resourcing the Lesson Assessing Students Learning Strategies for Personalised Learning Evaluating Your Lesson The book also includes practical and reflective activities to help the reader apply the ideas discussed to their own work and key questions to encourage the development of their skilful pedagogy This highly practical book is essential reading for trainee and practising teachers

Teaching Emotional Intelligence Adina Bloom Lewkowicz, 2016-02-23 A teacher s guide that provides educators with fresh and engaging techniques to help children increase self awareness manage emotions build self control and develop positive relationships

Celebrating Every Learner Thomas R. Hoerr, Sally Boggeman, Christine Wallach, The New City School, 2010-08-20 Howard Gardner s groundbreaking theory applied for classroom use This important book offers a practical guide to understanding how Howard Gardner s theory of Multiple Intelligences MI can be used in the classroom Gardner identified eight different types of intelligence linguistic logical spatial musical bodily kinesthetic naturalist

interpersonal and intrapersonal Celebrating Every Learner describes the characteristics of each type of intelligence and follows up with ready to use lesson plans and activities that teachers can use to incorporate MI in their pre K through 6 classrooms Offers a treasury of easily implemented activities for engaging all students multiple intelligences from the New City School a leading elementary school at the forefront of MI education Provides ready to use lesson plans that teachers can use to incorporate MI in any elementary classroom Includes valuable essays on how and why to integrate MI in the classroom Hoerr is the author of a bi monthly column for Educational Leadership as well as the editor of the Intelligence Connections e newsletter *Emotionally Intelligent School Counseling* John Pellitteri, Robin Stern, Claudia Shelton, Barbara

Muller-Ackerman, 2006-04-21 The concept of emotional intelligence EI which has steadily gained acceptance in psychology seems particularly well suited to the work of school counselors and school psychologists who must constantly deal with troubled and underperforming students To date however no book has systematically explained the theoretical and scientific foundations of emotional intelligence and integrated this information into the roles and functions of school counselors and other school personnel In addition to illustrating how social emotional learning is important to both individual students and to school climate the book also shows school counselors how to expand their own emotional awareness and resiliency Key features of this outstanding new book include ASCA Guidelines The book integrates the latest findings from the field of social emotional learning with the new ASCA guidelines for school counselors Real life Cases The book moves quickly from an overview of basic definitions theories and guidelines to stories of real counselors administrators teachers and parents Author Expertise John Pellitteri is Professor and Director of the Graduate Program in School Counseling Queens College CUNY A former school counselor he is a leading researcher in the area of emotional intelligence Barbara Ackerman is a K 5 school counselor and retiring Vice President of the American School Counseling Association ASCA Elementary School Division Claudia Shelton has been a school counselor in grades 6 12 and currently heads a firm specializing in professional development for schools Robin Stern is an adjunct associate professor and researcher at Columbia Teachers College and a specialist in social emotional learning for the New York City Board of Education This book is appropriate as a supplementary text in school counseling courses and as a professional reference work for practicing school counselors counselor educators counseling psychologists school psychologists and school administrators Improve Every Lesson Plan with SEL Jeffrey

Benson, 2021-04-21 Good lesson plans have an almost mysterious power they declare that all information can be interesting that every skill acquired broadens our potentials to make a better world and that all impassioned activity leads to learning Our best teachers have shown us over and over that life is not a struggle against boredom and compliance it is a wonder to be apprehended Every bit of SEL you can integrate into your planning will not only begin to heal the wounds of passivity racism and inequity but also give students an experience today in your classroom of that better world Jeffrey Benson draws from his 40 plus years of experience as a teacher and an administrator to provide explicit step by step guidance on how to

incorporate social and emotional learning SEL into K 12 lesson planning without imposing a separate SEL curriculum The book identifies SEL skills in three broad categories skills for self interpersonal skills and skills as a community member It offers research based strategies for seamlessly integrating these skills into every section of lesson plans from introducing a topic in a way that sparks students interest to accessing prior knowledge providing direct instruction allowing time for experimentation and discovery using formative assessment and closing a lesson in a purposeful rather than haphazard manner In addition to practical advice on lesson planning that can lead to improved student motivation and achievement Benson offers inspiration urging both new and veteran teachers to seize every opportunity to develop caring joyful communities of learners whose experiences and skills can contribute to a better more equitable world both inside and outside the classroom

Powerful Lesson Planning Janice Skowron,2015-09-15 Guide to teaching and creating lesson plans Covers four types of instructional design Useful for teachers with all levels of experience Have you ever wondered how to maximize your lesson plans Do you want to get the most out of every minute that you teach Powerful Lesson Planning Every Teacher s Guide to Effective Instruction will help you accomplish those goals This book includes summaries of basic instructional design integrated instructional design differentiated instructional design and problem based learning instructional design It shares different teaching strategies and is especially helpful for beginner teachers This guide emphasizes the decisions that teachers make as they plan lessons and classes It includes descriptive information tools and several examples to help every teacher make their lesson plans well

Coaching Emotional Intelligence: A foundation for HR Professionals, Internal Coaches, Consultants and Trainers Joseph Liberti,2010-01-16 Whether you are an HR professional or internal coach or trainer about to launch an emotional intelligence EI development program in your organization a consultant or trainer interested in providing EI as a new service to your clients or you are just thinking of becoming a coach and considering emotional intelligence as your specialty you want to be successful You are looking for answers to your questions like How do you get buy in for EI from your clients or employees Should you use an EI assessment and which one What do you need to know to run a successful EI training program Do you need to be certified What works and what doesn%u2019t Author Joseph Liberti calls on 15 years and 4000 hours of EI coaching experience to answer frequently asked questions and help you identify what you need to know have and do to be a confident competent and successful emotional intelligence coach or to launch a successful EI training initiative in an organization

The Ultimate Guide to Lesson Planning Carol Thompson,Lydia Spenceley,Mark Tinney,Elaine Battams,Ann Solomon,2024-02-29 This practical guide will help you to plan evidence informed innovative lessons that can be adapted to meet your individual student s needs Modelled on a typical lesson plan the book covers all aspects of planning such as learning aims starting a lesson resources and activities embedding skills and assessment Each chapter features a wide range of activities and strategies that can be used every day and easily adapted for different learners The chapters also explore what to do when

lessons don't go to plan and how to use technology effectively to support learning Throughout there are nuggets of useful theory to help you reflect not only on what works in the classroom but why Written by an expert author team and linked to the early career framework this is essential reading for all trainee and early career teachers across a wide range of educational settings

Teaching Emotional Intelligence to Children Lynne Namka, Lynne Namka Ed D, 2014-08-27 Do you want your child to be happy successful and emotionally stable Teach them People in tune with their Emotional Intelligence interpret and use their feelings to think and act appropriately to meet the needs of the social situation Emotional Intelligence is said to be more important than IQ in becoming successful in relationships careers and life Here are lesson Plans which will give them the skills that they will need Regulating stress anxiety and anger Having empathy understanding and being tolerant of others Learning self soothing and stress management techniques to handle emotional distress Being conscientious and demonstrating self discipline and hard work Help your child learn these all important life skills with these easy activities that promote the skills necessary for happiness in life Your investment in teaching your children how to get along with others will give him valuable life management skills

Teacher Proof Tom Bennett, 2013-07-04 Tom Bennett is the voice of the modern teacher Stephen Drew Senior Vice Principal Passmores Academy UK featured on Channel 4's Educating Essex Do the findings from educational science ever really improve the day to day practice of classroom teachers Education is awash with theories about how pupils best learn and teachers best teach most often propped up with the inevitable research that proves the case in point But what can teachers do to find the proof within the pudding and how can this actually help them on wet Wednesday afternoon Drawing from a wide range of recent and popular education theories and strategies Tom Bennett highlights how much of what we think we know in schools hasn't been proven in any meaningful sense at all He inspires teachers to decide for themselves what good and bad education really is empowering them as professionals and raising their confidence in the classroom and the staffroom alike Readers are encouraged to question and reflect on issues such as the most common ideas in modern education and where these ideas were born the crisis in research right now how research is commissioned and used by the people who make policy in the UK and beyond the provenance of education research who instigates it who writes it and how to spot when a claim is based on evidence and when it isn't the different way that data can be analysed what happens to the research conclusions once they escape the laboratory Controversial erudite and yet unremittingly entertaining Tom includes practical suggestions for the classroom throughout This book will be an ally to every teacher who's been handed an instruction on a platter and been told the research proves it

The Emotionally Intelligent College Aiden Carthy with Ailish Jameson, 2016-02-22 In recent decades there has been increasing focus on the role of formal education in empowering students social and moral development A wealth of research evidence has shown that helping students to develop their social and emotional competencies can encourage students personal growth and can also yield benefits including increased student engagement and decreased levels of drop out However much of what

has been previously published in this field has focused on younger students and there has been a lesser focus on third level students and educators Therefore there is a notable need for a single volume that synthesises the research that has been conducted pertaining to emotional and social skills development in third level learning environments The key features of this text are a synopsis of key theories and research findings related to emotional intelligence and education an outline of potential solutions to the most prevalent barriers that have been found with respect to encouraging emotional and social skills development in third level settings and the provision of a tool kit of simple exercises for use in third level educational settings that are designed to help students develop a range of key aspects of emotional intelligence There are both financial and pedagogical incentives for third level colleges to invest in the provision of students social skills development Therefore the primary focus of this book is to help students and educators reach their maximum potential and in doing so help encourage the development of emotionally intelligent colleges *Teaching Elementary Social Studies for Scholarship, Civic Engagement, and Mental Health* Lee R. Chasen, 2023-01-16 The virtual community approach described in this book offers over fifty detailed lesson plans that cover the entire social studies curriculum while also empowering the emotional intelligence of elementary students Based on the standards concepts information and skills established by the National Council for the Social Studies the virtual community program accommodates all grade levels and learning styles providing a template that allows teachers to plug in vocabulary concepts and skills from local 1st through 5th grade classroom texts Students collaborate to locate and create municipalities fictitious cities and towns in which they build live debate vote legislate start up businesses celebrate histories brainstorm ideas engineer innovations and navigate encounters of everyday life in roles of their choosing With over a decade of facilitating the program with elementary school students Lee Chasen presents a theoretical and practical recipe for integrating full spectrum learning with therapeutic agency a child's natural inherent ability for seeking emotional balance to create a rich meaningful personalized approach to development that restores the neurological dynamic in which the brain best functions and children love to learn Part cheerleader Chasen encourages teachers to take on the program and re imagine what our schools are capable of Magical Management in the Classroom Linda Marie Gilliam, 2019-01-14 The organizing and management of your classroom at school can be very daunting and depending upon your comfort level a little scary Children often can be a real challenge in teaching if you do not speak their language We as teachers and parents need not to be afraid in acting a little silly and even goofy when dealing with children Research shows that humor promotes learning and when used appropriately it can strengthen relationships of all shapes and sizes Administrators teachers and parents who are dedicated to the best interests social development and academic success of their children can accomplish great things by using a wide variety of creatively humorous approaches including rhymes chants riddles nonsensical speech jokes banter anecdotes games and even self effacing commentary to make valuable connections and enhance learning **EDUCATIONAL TECHNOLOGY/ NURSING EDUCATION** Prof. (Dr.)

P. Sagaya Mary, Dr. R. Ranjani Prema, 2024-05-01 Buy a latest e book EDUCATIONAL TECHNOLOGY NURSING EDUCATION e book for B Sc 5th semester students by Thakur publication Pvt Ltd *Army JROTC Leadership Education & Training: Foundations for success* ,2002 **Army JROTC Leadership Education & Training** ,2002 **Teaching for Realists**

Omar Akbar, 2021-07-08 Teaching for Realists is a funny and honest guide to surviving and thriving as an early career teacher despite the challenges of the education system We all know the education system has its flaws but they shouldn't stand in the way of providing the very best learning experiences for your pupils This book presents a ground up approach to help you manage the obstacles you might encounter and implement day to day methods to maintain your love for the profession teach effective lessons and ensure pupil progress Omar Akbar author of The Unofficial Teacher's Manual offers a wealth of hard won practical advice for avoiding frustration and developing teaching techniques that have a real impact in the classroom Full of hilarious anecdotes and exploring hot topics such as pupil apathy enriching the curriculum Ofsted data and behaviour this book is a refreshing and uplifting take on what newly qualified teachers can do to have a happy healthy and successful career in education starting now Contents 1 Introduction 2 Why teaching is the best job in the world 3 How to make the curriculum work 4 How to overcome pupil apathy 5 How to make paper work 6 How to manage all things data 7 How to survive against the Ofsted odds 8 How to manage behaviour policies 9 How to use rewards effectively 10 How to build positive relationships with your pupils 11 How to get the support you need 12 How to be a happy teacher 100 Ideas for Secondary Teachers: Outstanding Lessons Ross Morrison McGill, 2013-10-26 ERA Award 2014 Finalist Best Secondary Resource Non ICT _____ No matter what you teach there is a 100 Ideas title for you The 100 Ideas series offers teachers practical easy to implement strategies and activities for the classroom Each author is an expert in their field and is passionate about sharing best practice with their peers Each title includes at least ten additional extra creative Bonus Ideas that won't fail to inspire and engage all learners _____ Conflicting government diktat and changeable Ofsted frameworks means that navigating the path to outstanding can be challenging However the integrity of an outstanding lesson will always be the same and this book attempts to bottle that formula so that you can recreate it time and time again In his first book Twitter phenomenon and outstanding teacher Ross Morrison McGill provides a bank of inspirational ideas that can be picked up five minutes before your lesson starts and put into practice just as they are or embedded into your day to day teaching to make every lesson an outstanding lesson In his light hearted and enthusiastic manner Ross guides you through the ideas he uses on a daily basis for managing behaviour lesson planning homework assessment and all round outstanding teaching Whether you are an experienced teacher or someone who has little practical teaching experience there are ideas in this book that will change the way you think about your lessons Ideas include Snappy starters Open classroom Smiley faces Student led homework Monday morning mantra and the popular five minute lesson plan

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