

Manual Handling training quiz

1. What should you NOT do when assisting a resident to stand up?
 - a) Hooking your arm under the resident's arm to help them stand up
 - b) Use open palm technique to help resident stand up
 - c) Give the instructions as "ready, steady, go"
 - d) Use a transfer belt
 - e) Option A & C

2. Which of the following is the incorrect thing to do in regards to using full sling hoist
hoist
 - a) Crossing the leg of sling before hoisting
 - b) Preparing the environment beforehand to make sure no obstacle in the way
 - c) One person controlling and moving the hoist while resident is hanging in the air; while the other person is preparing the environment
 - d) Ensuring the brake of full sling hoist is off
 - e) Communicating with resident and your partner in regards to what is going to happen

3. What Not to do after finding a resident has fallen on the floor
 - a) Call nursing staff to ensure that resident hasn't suffered any injury
 - b) Lifting the resident so that they can get off the floor
 - c) Using full sling hoist if they are unable to stand up by themselves
 - d) Positioning chair by resident, asking them to go on all fours and try to push themselves up by using the chair

4. When should you NOT use a standing hoist
 - a) When resident has standing hoist written on their transfer plan
 - b) When resident is unable to follow instructions
 - c) When resident is hanging off standing hoist without holding on
 - d) When resident is awake and able to follow directions
 - e) Option C & B

5. What information does a transfer plan include
 - a) How much assistance resident requires to mobilize safely
 - b) Backup plan as applicable
 - c) What equipment the resident needs to transfer safely
 - d) Things that you should be aware of during transfer
 - e) All of the above

6. What should you not do in regards to bed mobility
 - a) Always have two person when using sliding sheet
 - b) Pulling resident by the arm to help them roll over
 - c) Assist resident in rolling with use of sliding sheet
 - d) Make sure that the bed is at correct height

Multiple Choice Questions On Manual Handling

Yan Bai



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