

QUICK REFERENCE TO PSYCHIATRIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP AND BRIE A. MOORE, PSY.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	ACH ¹	NE	Selective Action On Neurotransmitters ²	
							5-HT	DA
desipramine	Norpramin		150-300 mg	low	low	+++++	0	0
amitriptyline	Elavil		150-300 mg	high	high	++	+++++	0
nortriptyline	Aventyl, Pamelar		75-125 mg	mid	mid	+++	++	0
trazodone	Oleptro		150-400 mg	mid	none	0	+++++	0
nefazodone	Generic Only		100-300 mg	mid	none	0	+++++	0
fluoxetine	Prozac ³ , Sarafem		20-80 mg	low	none	0	+++++	0
bupropion	Wellbutrin ⁴		150-400 mg	low	none	++	0	++
sertraline	Zoloft		50-200 mg	low	none	0	+++++	+
paroxetine	Paxil		20-50 mg	low	low	+	+++++	0
venlafaxine	Effexor ⁴		75-350 mg	low	none	+++	+++	+
desvenlafaxine	Pristiq		50-400 mg	low	none	+++	+++	+
fluvoxamine	Luvax		50-300 mg	low	low	0	+++++	0
mirtazapine	Rameron		15-45 mg	mid	mid	+++	+++	0
citalopram	Celexa		10-40 mg	low	none	0	+++++	0
escitalopram	Lexapro		5-20 mg	low	none	0	+++++	0
duloxetine	Cymbalta		20-80 mg	low	none	+++	+++	0
vilazodone	Viibryd		10-40 mg	low	low	0	+++++	0
atomoxetine	Strattera		60-120 mg	low	low	+++++	0	0
vorinaxetine	Trintellix		10-20 mg	mid	none	0	+++++	+
levomilnacipran	Fetzima		40-120 mg	low	none	+++	++	0
MAO INHIBITORS								
phenelzine	Nardil		30-90 mg	low	none	+++	+++	+++
tranylcypromine	Parnate		20-60 mg	low	none	+++	+++	+++
selegiline	Emsam (patch)		6-12 mg	low	none	+++	+++	+++
ATYPICAL ANTIDEPRESSANTS								
brexanolone	Zulresso		see footnote 5	see footnote 5
esketamine	Spravato		see footnote 6	see footnote 6

¹ACH: Anticholinergic Side Effects

²NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, +++ = moderate effect, ++++ = high effect)

³fluoxetine, but likely effects

⁴Available in standard formulation and time release (XR, XL or CR). Prozac available in 90mg time released/weekly formulation

⁵This medication is used to treat postpartum depression. It is administered IV over a period of 60 hours.

⁶This medication is used to treat severe, acute suicidal impulses and treatment resistant depression. It is administered via nasal spray and doses vary considerably.

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level
lithium carbonate	Eskalith, Lithonate		600-2400	0.6-1.5	divalproex	Depakote		750-1500	50-100
lamotrigine					lamotrigine	Lamictal		50-500	(2)
fluoxetine	Symbyax		6/25-12/50mg ⁴	(2)	oxcarbazepine	Trileptal		1200-2400	(2)
carbamazepine	Tegretol, Equetro		600-1600	4-10+	Note: Many antipsychotic medications are used to treat various aspects of bipolar disorder (see page two for a list)				

¹Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mcg/ml.

²Serum monitoring may not necessary ³Not yet established ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate ²	Ritalin		5-50 mg
methylphenidate ²	Concerta ²		18-54 mg
methylphenidate ²	Metadate		5-40 mg
methylphenidate ²	Methylin		10-60 mg
methylphenidate ²	Daytrana (patch)		15-30 mg
methylphenidate ²	Quilivant XR (liquid) ³		10-60 mg
dexamethylphenidate	Focalin		5-40 mg
dextroamphetamine	Dexedrine		5-40 mg

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
lisdexamphetamine	Vyvanse		30-70 mg
d- and l-amphetamine	Adderall		5-40 mg
modafinil	Provigil, Sparlon		100-400 mg
armodafinil	Nuvigil		150-250 mg
amphetamine salts	Mydayis		12.5-50 mg
amphetamine sulfate	Adzenys		2.1-18.8 mg
amphetamine salts	Evekeo		5-40 mg

¹Note: Adult Doses. ²Sustained release. ³Note: Many generic brands have emerged recently. Included here are the most common.

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Sue Beckwith, Penny Franklin



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The Principal's Quick-Reference Guide to School Law Robert F. Hachiya, Robert J. Shoop, Dennis R. Dunklee, 2014-04-10 Minimize site based risk while respecting the legal rights of students staff and parents Principals deal with complicated and potentially damaging legal issues every day and now there s an accurate accessible tool written in plain English that can give administrators the information they need to do their jobs while minimizing legal risk Dennis R Dunklee and Robert J Shoop recognized school law experts provide additional programmatic guidance for other school district personnel management cues and risk management guidelines a comprehensive index additional references to landmark court cases coverage of the No Child Left Behind Act and information on state created danger and deliberate indifference This new edition helps school administrators quickly find important legal guidance for issues that include Staff selection and evaluation Student rights and discipline Special education and the reauthorized IDEA Copyright law Search and seizure Sexual harassment and sexual exploitation and many more This essential desk reference offers a straightforward resource on translating school law into practice and can be used as a day to day reference guide or a comprehensive overview of school law today *Tarascon Emergency Department Quick Reference Guide* Pregerson, 2016-05-06 From the publishers of Tarascon Pocket

Pharmacopoeia Handbook of Clinical Psychopharmacology for Therapists John Preston, John H. O'Neal, Mary C. Talaga, 2010 This sixth edition of The Handbook of Clinical Psychopharmacology is a must have resource for therapists who need the most up to date information on the effects side effects and best uses of every psychoactive medication

Handbook of Clinical Psychopharmacology for Therapists John D. Preston, John H. O'Neal, Mary C. Talaga, Bret A. Moore, 2021-01-02 NOTE FROM THE PUBLISHER Due to the recent illegal counterfeiting of this book we cannot guarantee book quality when purchased through third party sellers A comprehensive professional resource for mental health treatment now in a fully revised and updated ninth edition The Handbook of Clinical Psychopharmacology for Therapists is the gold standard for mental health clinicians looking for clear reliable information about the pharmacological treatment of mental health issues Organized by disorder and within each disorder by medication this book is designed to familiarize clinicians and students with the basic terminology and models of psychopharmacology This fully revised and updated ninth edition provides essential information on new medications and treatment options and includes the latest research on side effects contraindications and efficacy of all major medications prescribed for mental health disorders You ll also find new chapters on sleep disorders and experimental treatments updated information on child and adolescent psychopharmacology and the latest best practices for treating pregnant and breastfeeding patients and patients with substance use disorders This handbook makes it simple to get the facts about drug interactions and side effects find out how medications affect adults children and adolescents differently learn how different cultures view medical treatment vital information for anyone who treats clients from a variety of backgrounds and discontinue medication safely when needed This essential guide to

psychopharmacology has been adopted as a textbook at universities nationwide and is an important resource for every therapist's library

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The Traveler's Medical Guide Gary R. Fujimoto, Marc R. Robin, Bradford L. Dessery, 2003 One of the most recent and useful health care manuals written especially for travelers Outside Magazine The comprehensive self care source for all aspects of healthy global travel Includes immunizations medications prevention and a current guide to infectious diseases and other health concerns of travelers Self diagnosis and treatment of common illnesses including traveler's diarrhea What to do for illness when medical care is not readily available in isolated areas and everywhere else on weekends A guide to using internet resources Uses side effects contraindications and info on how to take every medication mentioned in the text How to assemble a first aid kit based on itinerary and length of travel New chapters for women travelers business travelers and travelers with children Now in its third edition Formerly titled The Medical Guide for Third World Travelers

Dr. Lani's No-Nonsense Bone Health Guide Lani Simpson, 2014-06-01 Part whistle blower book part bone health bible Dr Lani's No Nonsense Bone Health Guide exposes the shocking difficulty involved in getting an accurate bone density reading and the serious risks of long term use of the most recent osteoporosis medications Author Dr Lani Simpson both a Doctor of Chiropractic and a Certified Clinical Densitometrist cuts through the confusion and inaccuracies surrounding osteoporosis to explain her whole body approach to bone health which includes discussions of digestive health diet supplements and exercise You may be surprised to learn which foods and medicines hurt bone health and which ones help in building strong bones The book also sheds light on basic bone biology how aging affects the bones the risks and benefits of drugs and alternative treatments a comprehensive breakdown of calcium supplementation and some delicious recipes for bone building meals We all share concerns about bone health and osteoporosis Whether you are one of the nearly 10 000 baby boomers turning 65 every day or a younger person building a healthy body Dr Lani's No Nonsense Bone Health Guide will answer your questions and help you live long healthy and fracture free into your golden years

Superparenting for ADD Edward M. Hallowell, M.D., Peter S. Jensen, MD, 2008-12-30 With decades of experience

working with ADD children Dr Edward Hallowell has long argued that ADD is too often misunderstood mistreated and mislabeled as a disability Now he teams up with top academic ADD researcher Peter S Jensen M D to bring you an invaluable new approach to helping your ADD child Superparenting for ADD offers a specific game plan including UNCONDITIONAL LOVE Tune out the diagnosticians and simply nourish the spirit of your child for who he is VIEWING THE MIRROR TRAITS Recognize the positive sides of the negative symptoms associated with ADD stubbornness persistence impulsiveness creativity intrusiveness eagerness THE CYCLE OF EXCELLENCE Nurture an environment in which a child can safely take risks reserve time to let a child dabble as a way to learn encourage playful practice support mastery of a skill and then recognize a child s accomplishments The Medical Outcomes & Guidelines Sourcebook ,1997 **The Medical Guide for Third World Travelers** Bradford L. Dessery, Marc R. Robin, 1992 **Handbook of Medical Psychiatry** Jair C. Soares, Samuel Gershon, 2003-03-19 This volume examines attempts to identify genetic risk factors and environmental components contributing to the development of psychiatric disorders It explores the symptoms courses outcomes treatment responses and aetiologies of a range of psychiatric illnesses to improve disease classification schemes *Student Success in the Prescribing Safety Assessment (PSA)* Vilius Savickas, 2020-05-06 Student Success in the Prescribing Safety Assessment PSA The Prescribing Safety Assessment PSA is a two hour open book online examination which comprises eight sections incorporating eight main types of questions The questions are structured around clinical case based scenarios requiring a holistic approach to analysing information and identifying Pills for Pets Debra Eldredge, 2003 Every year Americans spend over a billion dollars on drugs and medications for their pets There are more than 100 drugs that are commonly prescribed for these animals as well as herbal remedies vitamins and nutritional supplements Pills for Pets an easy to use A to Z reference for animal loving pet owners provides the latest information on all areas of animal care Award winning columnist and veterinarian Debra Eldredge provides readers with vital information on regulations regarding prescription drugs herbs and homeopathic remedies and the vitamins and nutritional supplements currently on the market for animals Pills for Pets includes information on drug safety guidelines first aid at home for pets pet insurance veterinarian screening veterinarian checklists buying drugs including over the Internet and how to use preventative health care for animals Readers will learn how to administer pills or medication to an animal nurse an animal with eye disease ear disease or breathing problems comfort pets during injections apply topical medications and offer help during recovery Complete with an alphabetical guide to generic and brand name drugs with information on side effects dosages cautions and drug and food interactions this is an essential guide for all animal lovers *Quick Reference to Pediatric Emergency Nursing* Donna Ojanen Thomas, 1991 Winner of the 1991 American Journal of Nursing Book of the Year Award this is an authoritative convenient reference that provides easy access to information to help nurses make critical decisions when caring For The pediatric patient it addresses the anatomical physiological and emotional differences between children and adults and includes triage guidelines in each

chaptersigns symptoms and questions to ask in making triage decisions examples of conditions that are considered urgent emergent or nonurgent guidelines for handling parent advice calls plus nursing diagnosis at the end of each chapter **The Self-Care Guide to Surgery** Noah Karrasch,2020-01-21 What should we do in preparation for an upcoming surgery What is the best way to recover after surgery How can we be proactive and prevent the need for surgery in the first place Written for those who have undergone or who are about to have surgery this guide will help readers find their way through the difficult maze of emotions physical pain and fear By including advice on what to do to aid recovery and reduce negative long term effects Karrasch teaches the reader how to take charge of the body whether before or after surgery The book also includes useful information about what we can do to take care of our bodies and avoid having surgery in the first place such as nutritional advice and gentle movement tips drawing on BodyMindCORE techniques It is the perfect guide for those not only facing surgery and those wanting to stay healthy but also for those who want to love and support them Clinician's Guide to Diagnosis Samir Desai,2001 Experience is the best teacher when it comes to patient care This guide is designed to mimic the thought processes of a seasoned clinician linking a patient s symptoms to diagnosis through a series of logical steps

Oxford Handbook of Prescribing for Nurses and Allied Health Professionals Sue Beckwith,Penny Franklin,2011-05-12 This new edition is fully revised to provide concise practical and expert advice for the non medical prescriber Intended for all levels it covers basic pharmacology legal parameters safe and effective prescribing and common conditions Written by experienced nurse prescribers it contains a wealth of guidance and information **The Cumulative Book Index** ,1995 A world list of books in the English language *Executive's Guide to Personal Security* David A. Katz,Ilan Caspi,2020-01-15 The proven safety tips and techniques for corporate executives revised and updated The revised and updated second edition of Executive s Guide to Personal Security 2nd Edition offers a strategic handbook for ensuring safety for executives their employees and their corporate assets The book s lessons outline the basic rules of personal security it shows how to recognize and prepare for the real threats faced by executives and ordinary individuals in today s often hostile world It is filled with the necessary knowledge that can empower executives to face these threats and deal with them successfully The methods outlined herein formerly reserved for security professionals and government employees are made available to the reader Executive s Guide to Personal Security will teach you situational awareness which allows you to identify potential dangers before they become serious threats You will learn how to analyze risks prepare for emergencies travel safely and utilize counter surveillance techniques to enable you to recognize if you are being followed or targeted You will gain an understanding of the threats to both personal safety and corporate assets and understand how to implement the appropriate counter measures to deal with those perceived threats With Executive s Guide to Personal Security you can learn to take necessary actions to reduce your chances of becoming a target and discover how to make yourself less vulnerable Written by two seasoned security experts the lessons presented can be used by those in the business world as well as anyone

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The Anesthesia Technician and Technologist's Manual ,2012-07-09 The Anesthesia Technician and Technologist s Manual is a comprehensive review of the core knowledge necessary for the day to day workflow of an anesthesia technician or technologist The text is arranged into seven sections Careers in Anesthesia Technology Anatomy Physiology and Pharmacology Principles of Anesthesia Equipment Setup Operation and Maintenance Operating Room and Hospital Environment Operating Room Emergencies and Acronyms and Abbreviations This is also an ideal resource for those preparing for the ASATT certifying examination

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