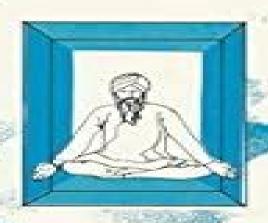
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MEDITATION MANUAL FOR INTERMEDIATE STUDENTS



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This comprehensive resource explains the yogic approach to treating psychiatric disorders that are not covered in Shannahoff Khalsa's first book including the variants of schizophrenia the ten variants of personality disorders that include borderline paranoid and obsessive compulsive personality disorder and also autism Asperger's and multimorbidities. Here he presents a bounty of disorder specific multi part Kudalini yoga meditation protocols never before published for treating complex psychiatric disorders. In addition to offering a host of techniques the etiology of each disorder is also carefully explained from a yogic perspective Filled with case studies that help to illuminate the suggested protocols this thorough volume will guide clinicians on how to incorporate Kundalini yoga meditation techniques into their own practices

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however the increase is necessary in order to continue providing our high quality service

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web jul 27 2023 updated july 27 2023 a rate increase letter also known as a price increase letter is a formal announcement of price changes from a business to its clients in a client facing role you may need to write rate increase letters to provide information about the rising prices and promote goodwill and an ongoing relationship