

# HESI RN Case Studies: Breathing Patterns

Case Study: Breathing Patterns

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## Assessment: Skills

Before auscultating lung sounds, the respiratory therapist should:

- What is the best technique for the therapist use to assess patient respiratory status?
  - Observe chest expansion for 10 seconds, palpating for 1.
  - Encourage cough for breath as deep as possible.
  - Heard for crackling and wheezing at midlung level.
  - Place stethoscope over heart and listen for heart sounds.

Rationale: This technique allows the therapist to adapt and perform the assessment, check other respiratory system.

Just's respiratory rate is 18.

- How should the nurse monitor Just's respiratory pattern?
  - Regular
  - Irregular
  - Normal
  - Abnormal

Rationale: A respiratory rate of 18 is within normal range for a healthy adult. The nurse should monitor Just's respiratory pattern.

Because of Just's diagnosis, the nurse should monitor for:

- So the nurse can monitor the progression of the respiratory status (which is most important for the nurse to perform)
  - Respiratory status.
  - Cardiac status.
  - Respiratory status.
  - Observe chest expansion.

Rationale: Oxygen saturation provides important data about the percentage of hemoglobin that is saturated with oxygen. The nurse should monitor the respiratory status.

- In assessing Just's respiratory status, the nurse should monitor for which of the following?
  - Tracheal deviation for chest expansion.
  - Wheezing that occurs "intermittently."
  - Crackles that occur with breath.
  - Wheezing during expiration.

Rationale: Wheezing is a high-pitched sound that occurs during expiration. It is a sign of airway obstruction. The nurse should monitor for wheezing.

# Hesi Case Studies Answers Breathing Patterns

**Lingsheng Yao**



## **Hesi Case Studies Answers Breathing Patterns:**

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