

- **Stressbewältigung als Kompetenz:** Das BSK 2006 beschreibt sechs **Stressbewältigungsstrategien**.
- Die **Stressbewältigung** ist nachfolgend definiert: „Die Fähigkeit, **persönliche Ressourcen** (kognitive, emotionale, soziale) zu mobilisieren, um mit Stress umgehen zu können und sich zu erholen.“
- **Stressbewältigung** ist ein Prozess, der mit der Wahrnehmung von Stress beginnt und mit der Bewältigung von Stress endet.
- **Stressbewältigung** ist ein Prozess, der mit der Wahrnehmung von Stress beginnt und mit der Bewältigung von Stress endet.

1. **Identify the main idea of the passage.**
 2. **Summarize the main idea in your own words.**
 3. **Identify the supporting details.**
 4. **Explain how the supporting details relate to the main idea.**
 5. **Identify the author's purpose.**
 6. **Explain how the author's purpose is reflected in the passage.**
 7. **Identify the author's tone.**
 8. **Explain how the author's tone is reflected in the passage.**
 9. **Identify the author's bias.**
 10. **Explain how the author's bias is reflected in the passage.**

[illegible]

The Government of Ontario has been successful in its efforts to reduce the number of people who are homeless. This is a significant achievement, and it is a testament to the hard work of the government and the community. The government has been able to reduce the number of people who are homeless by providing them with the resources they need to get back on their feet. This includes providing them with housing, food, and other basic necessities. The government has also been able to reduce the number of people who are homeless by providing them with the services they need to get back on their feet. This includes providing them with counseling, job training, and other services. The government has been able to reduce the number of people who are homeless by providing them with the resources they need to get back on their feet. This includes providing them with housing, food, and other basic necessities. The government has also been able to reduce the number of people who are homeless by providing them with the services they need to get back on their feet. This includes providing them with counseling, job training, and other services.

These agreements allow the business to continue to operate as a going concern, and the shareholders to continue to own the business. The business is sold to the buyer, and the buyer assumes all the liabilities of the business. The seller is not responsible for the liabilities of the business after the sale. The buyer is responsible for the liabilities of the business after the sale. The seller is not responsible for the liabilities of the business after the sale. The buyer is responsible for the liabilities of the business after the sale.

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