

## HANDOUT 19.2



## Identifying Defense Mechanisms

Label each statement with the correct defense mechanism from this list:

- |                       |                    |               |
|-----------------------|--------------------|---------------|
| A. Repression         | D. Rationalization | G. Projection |
| B. Denial             | E. Displacement    |               |
| C. Reaction formation | F. Sublimation     |               |

- \_\_\_\_ 1. Sarah is heavily involved with an anti-pornography campaign and fights her own erotic interest in it. She hopes her campaign will convince others of her purity.
- \_\_\_\_ 2. A woman who was assaulted and raped a number of years ago in a terrifying attack has forgotten the incident.
- \_\_\_\_ 3. Your boss yelled at you, you yelled at your co-worker, your co-worker yelled at his wife, his wife spanked the kid, and the kid kicked the dog.
- \_\_\_\_ 4. "Stop asking me! I don't want any ice cream. I think you want more ice cream!"
- \_\_\_\_ 5. Eduardo reads an article about skin cancer. He goes home and examines the marks on his leg. He then comments to his friend on the tendency for his family to have very dark moles with irregular borders.
- \_\_\_\_ 6. Joshua had a bad semester and was put on academic probation. Instead of returning to college, he quits to "pursue something worthwhile."
- \_\_\_\_ 7. Mia is usually an angry, hostile person. But, since she's been playing on the volleyball team, her mood has improved.
- \_\_\_\_ 8. You got fired and couldn't make your car insurance payments, so you're riding your bike. You tell friends, "I really prefer to ride my bike anyway."
- \_\_\_\_ 9. A young woman who finds herself attracted to other women proclaims that she hates lesbians and joins a vicious antigay group.
- \_\_\_\_ 10. The parents of Jim say that "Everyone goes through a drinking stage; it's not a problem," even though Jim just received his third DUI.
- \_\_\_\_ 11. Soldiers exposed to traumatic experiences in concentration camps sometimes had amnesia and were unable to recall any of their ordeal.
- \_\_\_\_ 12. A priest converts his sexual energy into running a busy soup kitchen to feed the poor.
- \_\_\_\_ 13. A woman with a strong sexual drive constantly criticizes her female coworkers for dressing seductively and flirting.
- \_\_\_\_ 14. "I'm glad we lost at the playoffs. Practice for finals would have cut into my work time too much."

# Identifying Defense Mechanisms Answers

**WJ Hussar**



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