

ECTS 6020: Module 6: Special Physical Attributes

Lab 6.1

Lab Report

Name: _____ Date: _____

Instructions

- 1. Complete Lab 6. Once you have completed Lab 6, complete the Lab Report.
 - a. Answer the questions and observations and provide evidence for each entry in the table provided.

Observations/Questions

Observations

- 1. Do concentration athletes (CAs) use different strategies to maintain alert cognitive function?
- 2. Describe the performance characteristics for CAs.
- 3. Do concentration athletes have:

 - a. alert or low differences between different goals and control goals?
 - b. alert or low arousal to maintain different goals?
 - c. alert, arousal to, alert, low arousal?

Test Procedures

- 1. Reproduce the completed and measured values from Table 6.1 into the table below.

Test	Parameter	Completed	Measured
		Alert	Alert
a	Alertness (Alertness Scale)		
	Alertness (Alertness Scale)		
b	Alertness (Alertness Scale)		
	Alertness (Alertness Scale)		
c	Alertness (Alertness Scale)		
	Alertness (Alertness Scale)		
d	Alertness (Alertness Scale)		
	Alertness (Alertness Scale)		

Et1410 Lab Manual

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