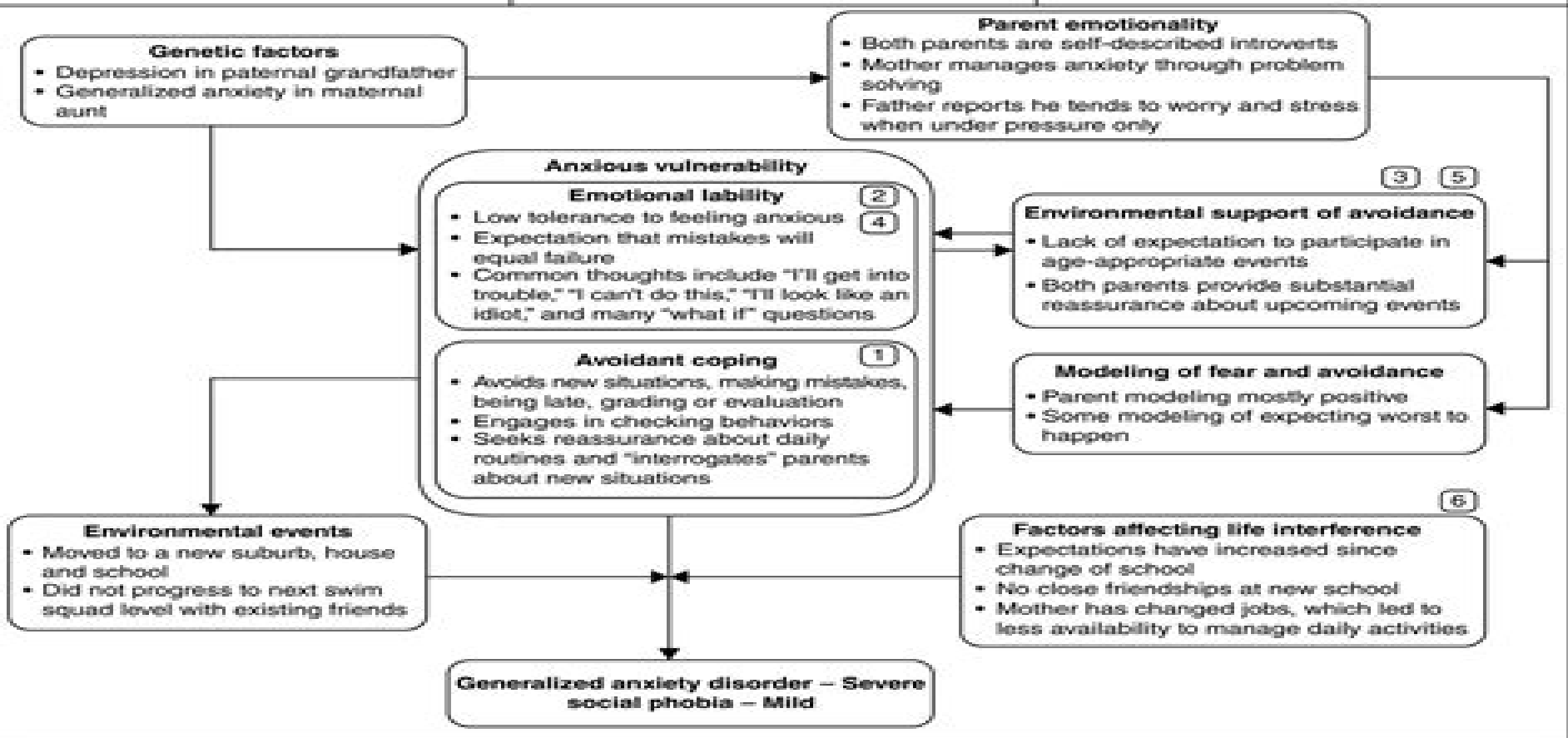


Demographics and culture • 11-year-boy lives at home with mum (47), dad (47) and sister (8) • 2nd generation Korean Australian family. Parents describe little affiliation with Korean culture although paternal family does push traditional Korean beliefs • Both parents university educated • No concerns raised re health, shelter, resources or education	Development/academics • Milestones met at appropriate times • Academic performance in middle of class (reduction from top 5 in previous school) • Social skills are age-appropriate	Comorbidity • No comorbidity identified • Some subclinical symptoms of depression
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Obstacles • Current experience with teasing at school	Strengths • Both parents and child recognize anxiety is problematic • Good access to cognitions • Family has previously coped with high stress, which was described as "raising to the occasion" • Family members speak respectfully to each other	Selected CBT techniques (in order of emphasis) 1. <i>In vivo</i> exposure (with response prevention) 2. Cognitive restructuring 3. Parent intrusiveness and overprotection 4. Emotion identification, expression and regulation 5. Parental expectations management 6. Friendship skills
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Generalized Depression Manual Guide

RC Schank



Generalized Depression Manual Guide:

Unveiling the Power of Verbal Artistry: An Psychological Sojourn through **Generalized Depression Manual Guide**

In a global inundated with monitors and the cacophony of fast communication, the profound power and mental resonance of verbal artistry usually fade into obscurity, eclipsed by the regular barrage of noise and distractions. However, located within the musical pages of **Generalized Depression Manual Guide**, a interesting function of fictional elegance that pulses with natural thoughts, lies an wonderful journey waiting to be embarked upon. Composed with a virtuoso wordsmith, this interesting opus books visitors on a psychological odyssey, softly revealing the latent possible and profound impact stuck within the delicate internet of language. Within the heart-wrenching expanse of the evocative evaluation, we will embark upon an introspective exploration of the book is central styles, dissect their fascinating writing type, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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