

PRESENTATION

Personal Hygiene



How you take care of your body.

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Oral Hygiene



Brush your teeth 2-3x a day.

Floss every day.

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Keep Clean



Take a bath or shower every day. Use deodorant after you shower if you are at least 8 years old—you produce extra sweat now that you're older!

Use soap and water everywhere on your body.

Take an extra bath/shower if you get sweaty from sports.

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Handwashing



Wash your hands with soap and water.

Rinse at least 20 seconds.

Wash after using the toilet, playing outside, and before you eat.

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Fingernails



Have your nails trimmed every 1-2 weeks.

Clean under your nails when you bathe.

Nail brushes are a great way to get hard to reach dirt and germs!

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Hair Care



How often you wash your hair depends on your personal hair texture—everyone's is different!

Use shampoo when you wash your hair.

Brush or comb your hair daily (if it's long, instead).

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Hygiene Lessons For 5th Graders

The Princeton Review



Hygiene Lessons For 5th Graders:

Hygiene Instructional Manual Benjamin Lee, Bart Lee, 2011-03-15 **Health Education for 4th, 5th, 6th Grade Children** Sara Coolidge, 1927 Life Skills Curriculum: ARISE Basic Health 101, Book 1: Health & Hygiene (Instructor's Manual) Edmund Benson, 2011-07 ARISE Basic Health 101 Health and Hygiene ends your students confusion about health literacy Health and Hygiene topics include personal hygiene skin care common illnesses general health STD symptoms prevention and treatment and more The Vermonter ,1913 Bulletin - Bureau of Education United States. Bureau of Education, 1931 **Research in Higher Education** Annie Reynolds, Elise Henrietta Martens, Ella Burgess Ratcliffe, Francis Washington Kirkham, Jessie M. Parker, Mina M. Langvick, Regional Conference on Home-Making Education, Robert Weiss Kunzig, 1931 5th Grade at Home The Princeton Review, 2021-05-18 5TH GRADE AT HOME offers simple guided lessons and activities that students and their parents can use to help keep grade appropriate English and math skills on track With the perfect mix of practical lessons and hands on activities the Learn at Home series helps keep kids engaged and up to date no matter where class is held Written to bolster independent learning this student centric workbook includes parent tips and simple support to help keep kids education on track Guided help for key 5th grade English and math topics Skills broken into short easy to accomplish lessons Modules designed to encourage students to dive in explore and engage in interactive learning Fun at home learning activities using common household items Parent tips to contextualize lessons and help assist your child 5th Grade at Home covers key grade appropriate English and math topics such as grammar vocabulary reading comprehension writing number families lines multiplication division fractions ratios factors primes time distance and money problems and more **Missouri School Journal** ,1897 **Bulletin** United States. Office of Education, 1931 The Journal of the National Dental Association American Dental Association, National Dental Association (1897-1922), 1921 Includes the proceedings of the House of Delegates

Unveiling the Magic of Words: A Review of "**Hygiene Lessons For 5th Graders**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Hygiene Lessons For 5th Graders**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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