

Dietary Intake Guide

A helpful resource to help measure meals, liquids, or suppliements consumed Record amount of the total meal or suppliements consumed using the following guidelines. Overestimating total consumption is a common error, especially when tood is pushed around on the tray. Avail letting how much a resident normally consumes influence your estimate.

Patient
Room Number
Date

Food Consumption

Refused—0%





Poor-25%





Fair-50%

Approximately half of food is consumed, (eg. 50% of entiree, 25% of vegetable and soup left). If total entire is consumed but no other food is touched, record as Poor/25% — not Fain/50%.





Good-75%

Majority of the meal is consumed, but a significant amount of one or more items is left (eq. 25% of entree or 75% of vegetable left).





AII-100%

Entire meal is consumed except for a minimal amount of food (eg. less than 25% of vegetable left).





TRERE'S MORE THAN ONE WAY TO SUPPORT GOOD NUTRITION

Supplement Recommended



Ensure* Clear*
19 Isometica Vitamins
and Minorals
200 Galls 7 6 or
Tournstand 7 5 or



Emsure* Original Therapeutic Nations

2000 Carlott R sub. Try productor/Schion



Ensure' Complete'
Estanced softline for largeled
mascle, leart, immune system,
and bene support
300 cart for



Glucerna* Therapeutic Nutrition Shake

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Use under medical supervision.

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Meal Consumption Charting Guide

Chao Zhang

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