# Food safety and sanitation



# Cook

Cook food to the recommended internal temperature.



## Clean

- Practice food hygiene (e.g. handwashing, not working when sick, wearing hair net, etc)
- Thoroughly clean and sanitize food contact surfaces and equipment before and after use.
- Only use the suggested level of cleaning and sanitizing solutions for kitchen surfaces.



## Store

- Properly store foods inside a refrigerator.
   Follow the recommended fridge food safety layout.
- Maintain at least 40°F (4°F) during refrigeration and 0°F (-18°C) for freezing temperatures.
- Maintain a temperature of 135°F (57°C) for hot holding foods.
- Storage areas must always be clean.



# Separate

- Use separate utensils and kitchen tools for preparing raw and ready-to-eat foods.
- Do not use a shared preparation table for raw and ready-to-eat foods.



# **Illinois Food Sanitation Code Study Guide**

Yiu H. Hui

#### **Illinois Food Sanitation Code Study Guide:**

Handbook of Food Products Manufacturing, 2 Volume Set Nirmal K. Sinha, 2007-04-27 The Handbook of Food Products Manufacturing is a definitive master reference providing an overview of food manufacturing in general and then covering the processing and manufacturing of more than 100 of the most common food products With editors and contributors from 24 countries in North America Europe and Asia this guide provides international expertise and a truly global perspective on food manufacturing National Library of Medicine Current Catalog National Library of Medicine Modern indoor farming and food safety Warriner, K.; Hasani, M.; Warriner, L.; Farber, J.; Takeuchi, M., (U.S.),1992 Indoor farming has a long history with greenhouses being used for centuries to improve productivity and the availability of various plant based products In the new generation of indoor farming the production of short term crops such as microgreens and baby leaf along with mature leafy greens that are traditionally cultivated outdoors has become commercially viable The perceived benefits of indoor farming include contributing to sustainability adaptability to climate change and improving food security It is also often assumed that the controlled environment offers better management of food safety risks than conventional agriculture though this has not been fully validated This document explores both the perceived and the actual benefits of indoor farming and describes various growing systems to examine related food safety concerns Based on current evidence food safety issues linked to indoor farmed crops are generally similar to those found in conventional outdoor farming These issues primarily relate to inputs such as seeds growth substrates and water as well as operations that share features with sprouted seed production The focus of this document is largely on microbiological hazards which dominate both the literature and the real world risks due to the high humidity water based systems commonly used in indoor farming However chemical hazards are also addressed particularly those arising from environmental contamination or equipment related materials. The document is intended to support food safety competent authorities in identifying key elements for inclusion in food safety programmes and regulatory frameworks related to indoor farmed crops

populations food security and program management Handbook of Food Science, Technology, and Engineering Yiu H. Hui,2006 Resources in Education ,1998 Monthly Catalogue, United States Public Documents ,1991-11

National Library of Medicine Catalog National Library of Medicine (U.S.),1966

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