

FORD ECOSPORT 1.5L 6-Speed PowerShift Basic Periodic Maintenance Schedule

Kilometer		10,000	20,000	30,000	40,000	50,000	60,000	70,000	80,000	90,000	100,000
Months		6	12	18	24	30	36	42	48	54	60
Description	Capacity	Parts to be replaced									
Engine oil (Fully Synthetic Motor Oil)	4 liters	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Oil filter	1 piece	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pollen filter	1 piece		✓		✓		✓		✓		✓
Fuel filter	1 piece		✓		✓		✓		✓		✓
Brake Fluid 0.473 L (WSS-M2C95-A2)	1 bottle				✓				✓		
Spark plugs	4 pieces				✓				✓		
Engine air filter	1 piece				✓				✓		
Engine coolant		The Ford Ecosport uses Motorcraft Super Plus Concentrated Orange coolant is replaced every 150,000 kms*									
Automatic transmission fluid		The Ford Ecosport is filled with transmission fluid for life									
Total parts and labor price exclusive of VAT (Pkg)		1,960	5,720	3,470	11,900	3,000	6,960	3,000	11,500	3,470	6,200
Total parts and labor price inclusive of VAT (Pkg)		2,180	6,800	3,800	12,880	3,470	7,150	3,470	12,650	3,800	6,800

*with normal vehicle use

**Miscellaneous (brake cleaner, rags, gloves, etc.) are excluded from the total parts and labor. For more details on other parts, please refer to Ford Owners Manual or Ford Owner App.

***Additional parts such as tires, batteries, brake pads, wiper blades and other parts necessary may be recommended by your Service Advisor. These parts have a separate cost and labor charge. For more details on other parts, please refer to Ford Owners Manual or Ford Owner App.

***Prices as of April 2018



Ford Focus Scheduled Maintenance Guide

Yijin Wang



Ford Focus Scheduled Maintenance Guide:

The Ford Focus Maintenance and Repair Guide Pasquale De Marco, 2025-08-12 The Ford Focus Maintenance and Repair Guide is the definitive guide to maintaining and repairing your Ford Focus Whether you re a seasoned mechanic or a first time car owner this book has everything you need to keep your Focus running smoothly With clear concise instructions and detailed illustrations The Ford Focus Maintenance and Repair Guide covers all aspects of Focus maintenance from basic tasks like oil changes and tire rotations to more complex procedures like brake repairs and transmission overhauls You ll also find troubleshooting tips and diagnostic advice to help you identify and fix any problems that may arise In addition to the comprehensive maintenance and repair information The Ford Focus Maintenance and Repair Guide also includes A detailed overview of the Focus model range including all generations and trim levels Troubleshooting tips and diagnostic advice for common problems A glossary of automotive terms and acronyms A resource guide with contact information for Ford dealerships and parts suppliers Whether you re looking to save money on maintenance costs or simply want to learn more about your car The Ford Focus Maintenance and Repair Guide is the perfect resource With The Ford Focus Maintenance and Repair Guide you ll have the knowledge and confidence to keep your Ford Focus in top condition for years to come Order your copy today and start enjoying a hassle free driving experience If you like this book write a review

Chilton's Auto Service Manual, 1998 Ford Manual for Owners and Operators of Ford Cars and Trucks (1919) Ford Motor Company, 2019-12-09 Published in 1919 the Ford Manual for Owners and Operators of Ford Cars and Trucks is an essential resource that captures the essence of early automotive culture through meticulous instruction and practical insight This comprehensive guide serves not only as an operational manual but also as a testament to the burgeoning automobile industry in the early 20th century The manual is characterized by its straightforward prose and instructive diagrams aiming to demystify the complexities of vehicle maintenance for the average owner Situated within a post World War I context the text reflects society s fascination with innovation and mechanization catering to a growing demographic of car enthusiasts and everyday users alike The Ford Motor Company founded by Henry Ford revolutionized the automotive landscape by introducing mass production techniques that made cars accessible to the general public Ford s commitment to quality and customer education is evident in this manual as it embodies the company s ethos of empowering consumers with knowledge In encouraging owners to take personal responsibility for their vehicles the manual also reflects Ford s broader vision of democratizing mobility and improving everyday life This manual is highly recommended for both automotive historians and enthusiasts providing invaluable insight into the operational intricacies of early Ford vehicles As a foundational text in automotive literature it not only illustrates the technological advancements of its time but also emphasizes the importance of consumer engagement in the evolving landscape of American transportation In this enriched edition we have carefully created added value for your reading experience A succinct Introduction situates the work s timeless appeal and themes The

Synopsis outlines the central plot highlighting key developments without spoiling critical twists A detailed Historical Context immerses you in the era s events and influences that shaped the writing An Author Biography reveals milestones in the author s life illuminating the personal insights behind the text A thorough Analysis dissects symbols motifs and character arcs to unearth underlying meanings Reflection questions prompt you to engage personally with the work s messages connecting them to modern life Hand picked Memorable Quotes shine a spotlight on moments of literary brilliance Interactive footnotes clarify unusual references historical allusions and archaic phrases for an effortless more informed read

Chilton Ford Service Manual ,2004 The Handbook of Health Behavior Change, 4th Edition Kristin A. Riekert, PhD,Judith K. Ockene, PhD,Lori Pbert, Ph.D.,2014 Print CourseSmart **Design of Enterprise Systems** Ronald Giachetti,2016-04-19 In practice many different people with backgrounds in many different disciplines contribute to the design of an enterprise Anyone who makes decisions to change the current enterprise to achieve some preferred structure is considered a designer What is problematic is how to use the knowledge of separate aspects of the enterprise to achieve a globally optimized enterprise The synthesis of knowledge from many disciplines to design an enterprise defines the field of enterprise engineering Because enterprise systems are exceedingly complex encompassing many independent domains of study students must first be taught how to think about enterprise systems Specifically written for advanced and intermediate courses and modules Design of Enterprise Systems Theory Architecture and Methods takes a system theoretical perspective of the enterprise It describes a systematic approach called the enterprise design method to design the enterprise The design method demonstrates the principles models methods and tools needed to design enterprise systems The author uses the enterprise system design methodology to organize the chapters to mimic the completion of an actual project Thus the book details the enterprise engineering process from initial conceptualization of an enterprise to its final design Pedagogical tools available include For instructors PowerPoint slides for each chapter Project case studies that can be assigned as long term projects to accompany the text Quiz questions for each chapter Business Process Analyzer software available for download For students Templates checklists forms and models to support enterprise engineering activities The book fills a need for greater design content in engineering curricula by describing how to design enterprise systems Inclusion of design is also critical for business students since they must realize the import their decisions may have on the long term design of the enterprises they work with The book s practical focus and project based approach coupled with the pedagogical tools gives students the knowledge and skills they need to lead enterprise engineering projects [The Handbook of Health Behavior Change, Fifth Edition](#) Marisa E. Hilliard,Kristin A. Riekert,Judith K. Ockene,Lori Pbert,2018-04-28 This revised and updated fifth edition of the highly acclaimed gold standard textbook continues to provide a foundational review of health behavior change theories research methodologies and intervention strategies across a range of populations age groups and health conditions It examines numerous complex and often co occurring factors that can both positively and negatively influence

people's ability to change behaviors to enhance their health including intrapersonal interpersonal sociocultural environmental systems and policy factors in the context of leading theoretical frameworks Beyond understanding predictors and barriers to achieving meaningful health behavior change the Handbook provides an updated review of the evidence base for novel and well supported behavioral interventions and offers recommendations for future research New content includes chapters on Sun Protection Interventions With the Family System and the Role of Technology in Behavior Change Throughout the textbook updated reviews emphasize mobile health technologies and electronic health data capture and transmission and a focus on implementation science And the fifth edition like the previous edition provides learning objectives to facilitate use by course instructors in health psychology behavioral medicine and public health The Handbook of Health Behavior Change Fifth Edition is a valuable resource for students at the graduate and advanced undergraduate level in the fields of public or population health medicine behavioral science health communications medical sociology and anthropology preventive medicine and health psychology It also is a great reference for clinical investigators behavioral and social scientists and healthcare practitioners who grapple with the challenges of supporting individuals families and systems when trying to make impactful health behavior change NEW TO THE FIFTH EDITION Revised and updated to encompass the most current research and empirical evidence in health behavior change Includes new chapters on Sun Protection Interventions With the Family System and the Role of Technology in Behavior Change Increased focus on innovations in technology in relation to health behavior change research and interventions KEY FEATURES The most comprehensive review of behavior change interventions Provides practical empirically based information and tools for behavior change Focuses on robust behavior theories multiple contexts of health behaviors and the role of technology in health behavior change Applicable to a wide variety of courses including public health behavior change preventive medicine and health psychology Organized to facilitate curriculum development and includes tools to assist course instructors including learning objectives for each chapter

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international orientation embracing public administration issues and practices in governance systems around the world and illustrating just how practice can vary across jurisdictions Every section identifies foundational principles and issues shows variation in practice across selected jurisdictions and identifies promising avenues for research Each chapter revisits enduring themes and tensions showing how they persist along with new challenges and opportunities presented by digital technology and contemporary political realities The Handbook of Public Administration Fourth Edition provides a compelling introduction to and depiction of the contemporary realities of public administration and it will inspire new avenues of inquiry for the next generation of public administration researchers **Handbook of Systems and Complexity in Health** Joachim P Sturmberg, Carmel Martin, 2013-01-09 This book is an introduction to health care as a complex adaptive system a system that feeds back on itself The first section introduces systems and complexity theory from a science historical epistemological and technical perspective describing the principles and mathematics Subsequent sections build on the health applications of systems science theory from human physiology to medical decision making population health and health services research The aim of the book is to introduce and expand on important population health issues from a systems and complexity perspective highlight current research developments and their implications for health care delivery consider their ethical implications and to suggest directions for and potential pitfalls in the future The ISO/TS 16949 Auditor Handbook Chad Kymal, 2007

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