

Annotated Answer Key

Heartsaver CPR Adult and Pediatric Pretest

1. You respond to someone who has just collapsed (you witnessed the collapse). After you make sure that the scene is safe, what is the next thing you should do?
- a. Check for unresponsiveness; if the victim is unresponsive, phone 911
 - b. Phone 911; wait outside to direct the emergency responders
 - c. Do 2 finger sweeps; check if food is blocking the airway
 - d. Perform CPR for 1 minute; then phone 911

The correct answer is a.

Your first action after determining that the scene is safe is to check if the victim is unresponsive. If the victim is unresponsive, you should phone (or send someone to phone) the emergency medical services (EMS) system.

Answer b is incorrect because you should not phone 911 until you have checked responsiveness. When you have determined that the victim is unresponsive and you phone 911, you should return to the victim and begin CPR.

Answer c is incorrect because you should not perform finger sweeps or check the victim's mouth unless you strongly suspect that an obstruction is blocking the airway or there is evidence of something in the victim's mouth.

Answer d is incorrect because for adult victims of sudden cardiac arrest you should phone 911 as soon as you determine that the victim is unresponsive. You do not begin CPR before phoning 911 because you must be sure emergency help (including a defibrillator) is on the way.

Heartsaver CPR manual: pages 7 to 9 (Chain of Survival) and page 24

2. Your tennis partner, a healthy 42-year-old woman, began to complain of vague "pressure" in the middle of her chest 30 minutes ago. Now the pain is worse and has moved down her left arm and to her back. She feels nauseated, dizzy, and sweaty. What should you do?
- a. Give her 1 aspirin, then have her rest for an hour
 - b. Have her lie down, then call her private physician
 - c. Let her walk outside to breathe fresh air
 - d. Have her lie down or recline, then phone 911 immediately

The correct answer is d.

These signs and symptoms are consistent with signs of a heart attack (myocardial infarction). The most common sign of heart attack is chest pain or pressure that may radiate to the neck or jaw or down the left arm and may even be felt in the back, between the shoulder blades. However, women, persons with diabetes, and the elderly frequently demonstrate more vague signs, including more diffuse pain or pressure, and may complain that they feel lightheaded, faint, short of breath, or

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WJ Hussar



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Table of Contents Emergency Pediatric Care Pre Test Answer Key

1. Understanding the eBook Emergency Pediatric Care Pre Test Answer Key
 - The Rise of Digital Reading Emergency Pediatric Care Pre Test Answer Key
 - Advantages of eBooks Over Traditional Books
2. Identifying Emergency Pediatric Care Pre Test Answer Key
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Emergency Pediatric Care Pre Test Answer Key
 - User-Friendly Interface
4. Exploring eBook Recommendations from Emergency Pediatric Care Pre Test Answer Key
 - Personalized Recommendations
 - Emergency Pediatric Care Pre Test Answer Key User Reviews and Ratings
 - Emergency Pediatric Care Pre Test Answer Key and Bestseller Lists
5. Accessing Emergency Pediatric Care Pre Test Answer Key Free and Paid eBooks
 - Emergency Pediatric Care Pre Test Answer Key Public Domain eBooks
 - Emergency Pediatric Care Pre Test Answer Key eBook Subscription Services
 - Emergency Pediatric Care Pre Test Answer Key Budget-Friendly Options

6. Navigating Emergency Pediatric Care Pre Test Answer Key eBook Formats
 - ePub, PDF, MOBI, and More
 - Emergency Pediatric Care Pre Test Answer Key Compatibility with Devices
 - Emergency Pediatric Care Pre Test Answer Key Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Emergency Pediatric Care Pre Test Answer Key
 - Highlighting and Note-Taking Emergency Pediatric Care Pre Test Answer Key
 - Interactive Elements Emergency Pediatric Care Pre Test Answer Key
8. Staying Engaged with Emergency Pediatric Care Pre Test Answer Key
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Emergency Pediatric Care Pre Test Answer Key
9. Balancing eBooks and Physical Books Emergency Pediatric Care Pre Test Answer Key
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Emergency Pediatric Care Pre Test Answer Key
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Emergency Pediatric Care Pre Test Answer Key
 - Setting Reading Goals Emergency Pediatric Care Pre Test Answer Key
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Emergency Pediatric Care Pre Test Answer Key
 - Fact-Checking eBook Content of Emergency Pediatric Care Pre Test Answer Key
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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