

Quiz 5: Personality and Defense Mechanisms

Multiple-Choice (2 points each)

1. Which of the following is **not** a type of temperament according to Thomas, Chess, and Birch?
☐ Ⓐ Easy ☐ Ⓑ Difficult ☐ Ⓒ Slow to Warm up ☐ Ⓓ Mild
2. "Substitution of an acceptable reason for behavior because real reason is unacceptable" is the definition of:
☐ Ⓐ Displacement ☐ Ⓑ Rationalization ☐ Ⓒ Sublimation ☐ Ⓓ Splitting
3. All Defense Mechanisms include which of the following characteristics? (mark all that apply)
☐ Ⓐ Unconscious ☐ Ⓑ Engaged in by Everyone ☐ Ⓒ Harmful ☐ Ⓓ Distortions of Reality
4. Which of the following is **not** a Defense Mechanism?
☐ Ⓐ Projection ☐ Ⓑ Regression ☐ Ⓒ Denial ☐ Ⓓ Blame
5. What is the name of the most widely used instrument for measuring personality?
☐ Ⓐ MMPI-II ☐ Ⓑ MPSII ☐ Ⓒ MCSPi ☐ Ⓓ MRFP-II
6. The three D's of abnormality include which of the following?
☐ Ⓐ Deviance ☐ Ⓑ Dysfunction ☐ Ⓒ Distress ☐ Ⓓ All of the Above
7. What rule states that some mental disorders prevent an individual from distinguishing between right and wrong?
☐ Ⓐ L'Boughten Rule ☐ Ⓑ M'Naghten Rule ☐ Ⓒ M'Laughten Rule ☐ Ⓓ R'Houghton Rule
8. Which disorder includes periods of mania and depression?
☐ Ⓐ Bipolar Disorder ☐ Ⓑ Depressive Disorder ☐ Ⓒ Cognitive Disorder ☐ Ⓓ Anxiety Disorder
9. Why is Depressive Disorder diagnosed in women twice as often as in men?
☐ Ⓐ Biological Reasons ☐ Ⓑ Cognitive Reasons ☐ Ⓒ Cultural Reasons ☐ Ⓓ All of the above
10. Which of the following is **not** an anxiety-based disorder?
☐ Ⓐ PTSD ☐ Ⓑ OCD ☐ Ⓒ Depression ☐ Ⓓ Phobias

Short Answer (5 points)

11. Choose and describe one common symptom of Schizophrenia.

High School Exam Practice Test

Joacim Rocklöv



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Adopting the Tune of Appearance: An Psychological Symphony within **High School Exam Practice Test**

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