



BASIC HANDCUFFING MANUAL

PALM FORWARD METHOD

STRAIGHT WRIST TWISTLOCK



Maintain good tactical position, and use straight wrist twist lock to control the inmate.

C-STEP



1

C-STEP back with the foot closer to the inmate and face the inmate's side.



2

NEAR HAND - CUFFING



Keeping Straight Arm Lock on, Use your outside hand to apply the handcuffs. Pinky side of the handcuffs, applied to the inmates' thumb side of the wrist.



Handcuffing Techniques Manual

Thomas Griffiths



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