

Ready Stence



Turn left. Front Stance High Block



Step Through Front Stance High Punch



Turn 180° Long Turn



Front Stance High Block



Step Through Front Stance High Punch



Turn Left Front Stance High Block



Step Through Front Stance High Punch



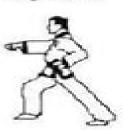
Step Through Front Stance High Punch



Step Through Front Stance High Punch Kiyup!



Turn 270° degrees Front Stance High Block



Step Through Front Stance High Punch



Turn 180º degrees Front Stance High Block



Step Through Front Stance High Punch



Turn Left Front Stance High Block



Step Through Front Stance **High Punch**



Step Through Front Stance High Punch



Step Through Front Stance High Punch Kiyup!



Turn left. Front Stance High Block



Step Through Front Stance High Punch



Turn 180° Long Turn



Front Stance High Block



Step Through Front Stance High Punch



Ready Stence

Karate Moves Guide

TD Snyder



Immerse yourself in heartwarming tales of love and emotion with is touching creation, **Karate Moves Guide**. This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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