

Hurst Review NCLEX Study Guide

Fluid Volume Excess (hypervolemia) - ✓ Too much fluid in the vascular space caused by: HF, RF, and High Na intake (meds, food, IVF with Na) and Hormones (aldosterone and ADH)

How does HF cause FVE (Fluid Volume Excess)? - ✓ bc the weak heart cant perfuse the the kids therefore decreased Urine out put.

How does RF cause FVE? - ✓ the kidneys are not functioning therefore no urine out put and fluid remains in vasc space

Aldosterone - ✓ created in adrenal glands on Kidneys, it is a steroid and mineralocosteroid; retains water and sodium. therefore increases BP

ADH - ✓ anti diuretic therefore RETAINS water only. found in pituitary therefore any head trauma, surgery, or increased ICP can lead to ADH issues.

Dx name for it is Vasopressin or "Pressins"

Too much ADH - ✓ SIADH, therefore retains water in vasc space. Urine is concentrated (increased serum spef) and blood is diluted (decreased Blood HCT).

Too little ADH - ✓ Diabetes insipidus; diuresis fluid leads to FVD (shock), Urine will be dilute (urine spef will decrease) and blood will be conc. (HCT will be increased).

the three labs that concentration (increases) and dilution (decreases) - ✓ Na, Hct, Urine spef

FVE SS - ✓ increasae: BP, P, RR, CVP (2-6), DW, JVP
wet lungs, polyuria,
P is bounding and full
3rd spacing

FVE trx - ✓ low Na, fluid restriction
I&O and DW
Diuretics
bed rest

FVD (hypovolemia) - ✓ not enough fluid in vasc space which can lead to shock and is casued by fluid loss, 3rd space, Disease with polyuria.

FVD ss - ✓ wt decreases,
poor skin turg,

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Mark Steyvers



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Hurst Nclex Study Guide: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have charmed audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Hurst Nclex Study Guide : Delia Owens' "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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