



HYPERTENSION

Hypertension meaning

Hypertension is the persistent increase of blood pressure on the wall of the blood vessels.

In accordance with most major guidelines, it is recommended that a person can be deemed hypertensive if the systolic blood pressure (SBP) in the office or clinic is ≥ 140 mm Hg and/or the diastolic blood pressure (DBP) is ≥ 90 mm Hg after repeated examinations.

The normal blood pressure is

Systolic blood pressure < 130 mmHg
Diastolic blood pressure < 85 mmHg



Sign and symptoms

While the majority of the people are asymptomatic, the of presenting symptoms include:



- Headache
- Dizziness
- Vomiting
- Nausea
- Chest pain
- Confusion
- Anxiety
- Nosebleeds
- Buzzing in the ears
- Dysnea (difficulty breathing)
- Abnormal heart rhythm
- Blurred vision or other vision changes

Prevention

Hypertension prevention can be done through the incorporation of various lifestyle changes such as:

- Weight loss
- Reduced sodium intake
- Increased potassium intake
- Increased physical activity
- Reduced alcohol consumption
- Incorporation of Dietary Approaches to Stop Hypertension (DASH) diet.

If you want to know more about hypertension visit this website

<https://www.pacehospital.com/hypertension-symptoms-causes-types-complications-prevention>

Ana Paola Sifuentes Basurto
Karol Romina Sierra Barajas

Hypertension Teaching Guide

S Baum



Hypertension Teaching Guide:

Reviewing **Hypertension Teaching Guide**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Hypertension Teaching Guide**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

https://staging.conocer.cide.edu/files/detail/HomePages/harold_kerzner_project_management_11th_edition.pdf

Table of Contents Hypertension Teaching Guide

1. Understanding the eBook Hypertension Teaching Guide
 - The Rise of Digital Reading Hypertension Teaching Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Hypertension Teaching Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Hypertension Teaching Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Hypertension Teaching Guide
 - Personalized Recommendations
 - Hypertension Teaching Guide User Reviews and Ratings
 - Hypertension Teaching Guide and Bestseller Lists

5. Accessing Hypertension Teaching Guide Free and Paid eBooks
 - Hypertension Teaching Guide Public Domain eBooks
 - Hypertension Teaching Guide eBook Subscription Services
 - Hypertension Teaching Guide Budget-Friendly Options
6. Navigating Hypertension Teaching Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Hypertension Teaching Guide Compatibility with Devices
 - Hypertension Teaching Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Hypertension Teaching Guide
 - Highlighting and Note-Taking Hypertension Teaching Guide
 - Interactive Elements Hypertension Teaching Guide
8. Staying Engaged with Hypertension Teaching Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Hypertension Teaching Guide
9. Balancing eBooks and Physical Books Hypertension Teaching Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Hypertension Teaching Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Hypertension Teaching Guide
 - Setting Reading Goals Hypertension Teaching Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Hypertension Teaching Guide
 - Fact-Checking eBook Content of Hypertension Teaching Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

Hypertension Teaching Guide Introduction

Free PDF Books and Manuals for Download: Unlocking Knowledge at Your Fingertips In today's fast-paced digital age, obtaining valuable knowledge has become easier than ever. Thanks to the internet, a vast array of books and manuals are now available for free download in PDF format. Whether you are a student, professional, or simply an avid reader, this treasure trove of downloadable resources offers a wealth of information, conveniently accessible anytime, anywhere. The advent of online libraries and platforms dedicated to sharing knowledge has revolutionized the way we consume information. No longer confined to physical libraries or bookstores, readers can now access an extensive collection of digital books and manuals with just a few clicks. These resources, available in PDF, Microsoft Word, and PowerPoint formats, cater to a wide range of interests, including literature, technology, science, history, and much more. One notable platform where you can explore and download free Hypertension Teaching Guide PDF books and manuals is the internet's largest free library. Hosted online, this catalog compiles a vast assortment of documents, making it a veritable goldmine of knowledge. With its easy-to-use website interface and customizable PDF generator, this platform offers a user-friendly experience, allowing individuals to effortlessly navigate and access the information they seek. The availability of free PDF books and manuals on this platform demonstrates its commitment to democratizing education and empowering individuals with the tools needed to succeed in their chosen fields. It allows anyone, regardless of their background or financial limitations, to expand their horizons and gain insights from experts in various disciplines. One of the most significant advantages of downloading PDF books and manuals lies in their portability. Unlike physical copies, digital books can be stored and carried on a single device, such as a tablet or smartphone, saving valuable space and weight. This convenience makes it possible for readers to have their entire library at their fingertips, whether they are commuting, traveling, or simply enjoying a lazy afternoon at home. Additionally, digital files are easily searchable, enabling readers to locate specific information within seconds. With a few keystrokes, users can search for keywords, topics, or phrases, making research and finding relevant information a breeze. This efficiency saves time and effort, streamlining the learning process and allowing individuals to focus on extracting the information they need. Furthermore, the availability of free PDF books and manuals fosters a culture of continuous learning. By removing financial barriers, more people can access educational resources and pursue lifelong learning, contributing to personal

growth and professional development. This democratization of knowledge promotes intellectual curiosity and empowers individuals to become lifelong learners, promoting progress and innovation in various fields. It is worth noting that while accessing free Hypertension Teaching Guide PDF books and manuals is convenient and cost-effective, it is vital to respect copyright laws and intellectual property rights. Platforms offering free downloads often operate within legal boundaries, ensuring that the materials they provide are either in the public domain or authorized for distribution. By adhering to copyright laws, users can enjoy the benefits of free access to knowledge while supporting the authors and publishers who make these resources available. In conclusion, the availability of Hypertension Teaching Guide free PDF books and manuals for download has revolutionized the way we access and consume knowledge. With just a few clicks, individuals can explore a vast collection of resources across different disciplines, all free of charge. This accessibility empowers individuals to become lifelong learners, contributing to personal growth, professional development, and the advancement of society as a whole. So why not unlock a world of knowledge today? Start exploring the vast sea of free PDF books and manuals waiting to be discovered right at your fingertips.

FAQs About Hypertension Teaching Guide Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Hypertension Teaching Guide is one of the best book in our library for free trial. We provide copy of Hypertension Teaching Guide in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Hypertension Teaching Guide. Where to download Hypertension Teaching Guide online for free? Are you looking for Hypertension Teaching Guide PDF? This is definitely going to save you time and cash in something you should think about.

Find Hypertension Teaching Guide :

harold kerzner project management 11th edition

hayden industries 24vacuums owners manual

hatz diesel wiring diagram 1b30 starter motor

hasil ppdb sma smk di jember

haynes 1996 ford courier repair manual

has anyone ever told you funke and mike

harvard marketing simulation solution

hawaii weather surf report

hassan mosque travel guide

hasil seleksi osn sd 2015 banda aceh

harvey milk pioneering gay politician remarkable lgbtq lives

harvard guide to strategic thinking

hatco grsdh 36 owners manual

harsh mohan textbook of pathology 5th edition

~~harman kardon hk395~~

Hypertension Teaching Guide :

high school experiment in modern physics science projects - Jan 31 2023

web this algebra based course covers the main topics in high school introductory and honors physics including motion force work energy momentum collisions torque waves

55 best science experiments for high school labs - Sep 07 2023

web uncover the laws of the universe with physics experiments explore motion energy and the fundamental forces of nature explore classic and cutting edge high school science

physics experiment high school stock photos and images - Jan 19 2022

phet free online physics chemistry biology earth - Jun 04 2023

web science fair project idea everyone has experienced the warmth provided by a shaft of sunlight through a window in this physics science fair project you will determine how

[openstax](#) - May 03 2023

web jul 2 2019 practical physics is a collection of experiments that demonstrate a wide range of physical concepts and processes these resources are for the use of teachers of

[do try this at home institute of physics](#) - Oct 28 2022

web learn high school physics using videos articles and ngss aligned practice review the fundamentals of kinematics forces fields energy in systems electromagnetic radiation

high school physics pocketlab - Mar 01 2023

web interesting and inexpensive experiments for high school physics joe wolfe1 school of physics the university of new south wales sydney input and constraints this set of

high school physics science experiments science buddies - Oct 08 2023

web uncover the laws of the universe with physics experiments explore motion energy and the fundamental forces of nature explore classic and cutting edge high school science

high schoolers undergo social experiment to reduce screen time - Nov 16 2021

practical physics iopspark - Nov 28 2022

web high school physics lesson plans high school physics lesson plans 7 results physics is the study of matter what is it made of how does it behave what laws or

high school physics ngss science khan academy - May 23 2022

web 3 hours ago high energy physics experiment arxiv 2311 04601 hep ex submitted on 8 nov 2023 title fast timing detectors with applications in cosmic ray physics and

[high school electricity electronics science experiments](#) - Mar 21 2022

web 10 fun science experiments for kids physics is the study of matter what is it made of how does it behave what laws or equations describe it from subatomic particles to

physics science experiments science buddies - Oct 16 2021

[high school physics science khan academy](#) - Aug 26 2022

web 1 2 3 4 5 9 spark your interest in electricity and electronics with these science experiments discover how circuits work and design fun electronic devices explore

easy high school physics experiments sciencing - Jul 05 2023

web science buddies high school science projects are the perfect way for high school students to have fun exploring science

technology engineering and math stem our

30 best science experiments projects for high school - Apr 21 2022

web nov 9 2023 video high schoolers undergo social experiment to reduce screen time screen addiction is on the rise in young people as a social experiment teens from
the physics classroom website - Feb 17 2022

interesting and inexpensive experiments for high school physics - Sep 26 2022

web sep 27 2023 1 burn calories don t miss this opportunity to unravel the mysteries of energy transformation and uncover the scientific secrets hidden in the simplest of

high school physics lesson plans science buddies - Jun 23 2022

web find the perfect physics experiment high school stock photo image vector illustration or 360 image available for both rf and rm licensing save up to 30 when you upgrade

physics science projects science buddies - Dec 30 2022

web hst s physics science fair projects for high schoolers include ideas and tips for electricity magnetism force and motion and energy experiments read on

high school physics projects lessons activities science - Aug 06 2023

web are you looking for a comprehensive and engaging laboratory manual for learners grade 11 and 12 check out this pdf from openstax a leading provider of free and open

fast timing detectors with applications in cosmic ray physics and - Dec 18 2021

physics science fair projects for high school hst - Jul 25 2022

web high school students who demonstrate an understanding of forces and interactions can hs ps2 1 analyze data to support the claim that newton s second law of motion

high school science experiments science buddies - Apr 02 2023

web packed with experiments and challenges you can meet a scientist and become one yourselves with this magazine from the institute of physics perfect for ages 7 11

forests of silence deltora quest wiki fandom - Jul 13 2023

web this article is about the location for the book see the forests of silence book the forests of silence is a collection of three forests that span both topaz and ruby territories the first of these forests is known as first wood the second as mid wood and the last as end last wood years

the forests of silence wikipedia - Nov 05 2022

web plot summary the book opens with a boy called jarred a friend of prince endon after the death of king alton and his queen endon is proclaimed king in his father s place to consummate this a magical steel belt the belt of deltora is set around endon s waist the belt recognizes endon as deltora s rightful king

forests of silence scholastic - Sep 15 2023

web there is a large cast of characters spread over the deltora quest series the major characters continue from book to book lesser characters though they appear predominantly in one of the books frequently reappear in others it could therefore be a good idea to begin creating a character summary list this

deltora quest the forests of silence google books - May 11 2023

web this literature unit has been designed to supplement teachers with ideas for use with the novel the forests of silence by emily rodha the lessons in this unit cover getting to know the author and the book suggestions for lessons for before the book as well as during the book

results for deltora quest forrests of silence tpt - Feb 25 2022

web this novel study of deltora quest the forests of silence by emily rodha is perfect for the teacher who wants to implement this in their class with little to no preparation on your part this complete unit connects to models comprehension skills for independent reading and encourages readers to move beyond basic comprehension activities focus

10 top emily rodha deltora quest forests of silence teaching - Jan 27 2022

web 10 top emily rodha deltora quest forests of silence teaching resources curated for you fantasy differentiated reading comprehension activity 4 8 17 reviews writing an imaginary setting description resource pack 4 8 19 reviews fantasy characters display cut outs 4 8 8 reviews emily rodha fact file 5 0 2 reviews

the forests of silence book deltora quest wiki fandom - Dec 06 2022

web book description the evil shadow lord is plotting to invade deltora and enslave its people all that stands against him is the magic belt of deltora with its seven gems of great and mysterious power when the gems are stolen and hidden in dark terrible places throughout the kingdom the shadow lord triumphs and deltora is lost

category forests of silence deltora quest wiki fandom - Sep 03 2022

web forests of silence this category is dedicated to fauna flora and locations and landmarks of significance found in the forests of silence

5 top forests of silence teaching resources curated for you - Oct 04 2022

web explore more than 4 forests of silence resources for teachers parents and pupils as well as related resources on deltora quest forests of silence help check out our interactive series of lesson plans worksheets powerpoints and assessment tools

today

the forests of silence deltora quest 1 goodreads - Feb 08 2023

web may 1 2000 emily rodga 3 93 15 878 ratings794 reviews the evil shadow lord is plotting to invade deltora and enslave its people all that stands against him is the magic belt of deltora with its seven gems of great and mysterious power

literature unit deltora quest the forests of silence emily tpt - Mar 09 2023

web this resource is a 77 page literature unit for the novel deltora quest the forests of silence by emily rodga it is a digital copy in pdf format each chapter of the novel has a two page chapter study worksheet and there are 30 additional worksheet activities to reinforce key concepts

deltora quest the forest of silence teaching resources tpt - Apr 10 2023

web deltora quest forests of silence by emily rodga novel study package includes a comprehensive workbook unit for an in depth exploration of this text with independent work activities the package includes a range of comprehension skills such as prediction analysing synthesising inferring and making connections

deltora quest forests of silence teacher notes pdf uniport edu - May 31 2022

web aug 20 2023 this deltora quest forests of silence teacher notes as one of the most lively sellers here will entirely be in the course of the best options to review return to del emily rodga 2008 08 11 lief barda and jasmine have finally retrieved all the gems of the belt of deltora and now in their final step towards overthrowing the shadow lord

forests of silence scholastic - Mar 29 2022

web there is a large cast of characters spread over the deltora quest series the major characters continue from book to book lesser characters though they appear predominantly in one of the books frequently reappear in others it could therefore be a good idea to begin creating a character summary list this

deltora quest forests of silence teacher notes pdf uniport edu - Apr 29 2022

web sep 1 2023 deltora quest forests of silence teacher notes 2 5 downloaded from uniport edu ng on september 1 2023 by guest tales of deltora emily rodga 2006 nineteen stories reveal the secret history of the land of deltora and the rise of adin the first king to unite the tribes of deltora

deltora quest 1 1 forests of silence book school essentials - Aug 02 2022

web determined to find the lost gems and rid their land of the tyrant they struggle towards their first goal the sinister forests of silence genre fantasy magical realism reading level upper primary middle primary school year year 3 year 4 year 5 year 6 ages 8 to 12 page count 120

the forests of silence austlit discover australian stories - Jan 07 2023

web when the evil shadow lord plots to invade deltora and enslave its people all that stands between him and victory is the

magic belt of deltora which holds seven gems of great and mysterious power when the gems are stolen it appears that deltora is lost and the shadow lord will triumph

[forests of silence by prezzi](#) - Aug 14 2023

web dec 9 2014 show full text deltora quest forests of silence author emily rodha chapter 3 escape jarred is out of the palace gates and become a black smith chapter 4 forge cian took jarred in because jarred was all alone chapter 2 shadow lands chapter 5 the enemy strikes 7 huge birds called the ak baba

[deltora quest forests of silence teacher notes pdf uniport edu](#) - Jul 01 2022

web may 3 2023 for the first book in the series the forests of silence the notes are teacher directed as a whole class activity with teacher read teacher directed sets of activities

deltora quest 1 the forests of silence stage three - Jun 12 2023

web and now now endon will be king jarred thought he shook his head trying to make himself believe it he and endon had been friends since they were young children but what a difference there was between them for endon was the son of the king and queen the prince of deltora

the lighthouse keeper s lunch by rhonda armitage is a classic ks1 - Dec 16 2022

web the lighthouse keeper s lunch by rhonda armitage is a classic ks1 tale for any class covering a seaside topic once there was a lighthouse keeper called mr grinling at night time he lived in a small white cottage perched high on the cliffs and in the daytime he rowed out to his lighthouse to clean and polish the light

72 top the lighthouse keepers lunch teaching resources twinkl - Nov 03 2021

web instant access to inspirational lesson plans schemes of work assessment interactive activities resource packs powerpoints teaching ideas at twinkl

lighthouse teaching ideas - Oct 14 2022

web feb 1 2023 could you plot the locations of different lighthouses on a map history research the history of lighthouses choose one lighthouse and find out more about its history pshe in the film the townspeople and the lighthouse keeper work together to achieve something they couldn t do on their own

the lighthouse keeper s picnic teaching ideas - May 21 2023

web jan 7 2023 buy this book more books by ronda armitage mrs grinling is the best cook in the world and mr grinling likes nothing better than to taste her delicious treats but when he over indulges at the village picnic he finds himself in a pickle and suddenly wishes he hadn t eaten quite so much

[the lighthouse keeper s lunch activities for early years twinkl](#) - Mar 07 2022

web browse this lovely collection of the lighthouse keeper s lunch activities for early years based on the story by ronda

armitage find lesson plans story maps detailed adult input plans and more

all about lighthouses powerpoint presentation teacher made - Jul 23 2023

web many children will be familiar with the traditional red and white lighthouse but most will be unaware of their history use this interesting lighthouse powerpoint presentation to help children learn more about the purpose function and history of lighthouses

[lighthouse description teacher made twinkl](#) - Mar 19 2023

web apr 2 2022 for example writing a lighthouse description will involve them discussing where lighthouses can be found and what they re used for it would tie in well with a lesson on features of the seaside as seen in this features of the seaside lesson for ks1 a lighthouse is a key human geographical feature

lighthouselessonplans1 pdf logs erpnext - Feb 06 2022

web lighthouse from another what does a lighthouse keeper do where are the most unusual lighthouses in the world depart on an enchanting voyage with the school children in this book to discover the answers to these questions along with other fascinating facts about lighthouses and how they work a charming journey through the science and history of

the lighthouse keeper s lunch year 2 planning by planbee - Apr 08 2022

web this six lesson instructions year 2 planning pack provides everything you need to deliver these fun and engaging lessons including detailed lesson plans slideshows for the teaching inputs differentiated activities and a range of printable teaching resources

ks1 all about lighthouses differentiated reading - Jan 17 2023

web oct 6 2017 planning assessment and cpd early years cpd hub eyfs planning eyfs assessment birth to twos early concepts black and white planning themes and topics ages 0 2 modelling dough recipes taste safe recipes busy bags treasure baskets schema resources sensory play practitioner organisation wrap around care private

[engage the lighthouse keeper s lunch activity pack 46 pages](#) - Feb 18 2023

web a year to access thousands of ks1 and ks2 resources a key stage 1 activity pack for the picture book the lighthouse keeper s lunch by ronda and david armitage the pack includes lesson plans differentiated tasks and photocopiable resources

ks1 book topic the lighthouse keeper s lunch teach primary - Apr 20 2023

web jan 25 2011 the lighthouse keeper s lunch by ronda and david armitage is a brilliant book for inspiring classroom activities around the topic of the sea its history and the brave people who keep us safe at the seaside and away from dry land

213 top lighthouses teaching resources curated for you twinkl - Jan 05 2022

web instant access to inspirational lesson plans schemes of work assessment interactive activities resource packs powerpoints teaching ideas at twinkl

lighthouse craft instructions teacher made twinkl - Oct 02 2021

web these easy to follow lighthouse craft instructions will support your class to create their own 3d lighthouse models children will enjoy following the written instructions and clear step by step photos as they build their very own lighthouse

the literacy shed 2020 - Nov 15 2022

web write a description of the lighthouse keeper write a description of the lighthouse on the rocks research a history of lighthouses find out about grace darling create a collage of a lighthouse on the rocks read the lighthouse keeper s lunch

lighthouse lesson plans worksheets reviewed by teachers - Aug 12 2022

web lighthouse geometric for teachers 3rd 4th young scholars identify the types and characteristics of geometric figures for this lighthouse geometric lesson students review shapes that represent plane or solid they select items that could be used to construct a lighthouse scene lesson plan curated oer

the lighthouse keeper s lunch teaching ideas - Aug 24 2023

web jan 16 2023 use ronda and david armitage s delightful book the lighthouse keeper s lunch as the starting point for learning in your classroom with our free teaching ideas and activities friday september 22 2023

hello lighthouse guided reading resources ks1 reading - Sep 13 2022

web your class will complete this ks1 comprehension resource based on the whole story of hello lighthouse this resource has been differentiated to allow your class to tackle different types of questions based on the book

lighthouse keeper challenge stem learning - Jul 11 2022

web direct url stem org uk rxethk this challenge provides a stem activity day in which teams of children work together to design a way of getting lighthouse keepers back to the mainland from a lighthouse based on a small island 200 metres from the

the lighthouse keeper literacy plan teaching resources - Dec 04 2021

web jun 25 2022 lesson plans teaching slides daily teaching slides differentiation visual success criteria based on the video the lighthouse keeper coasts 6 week geography plan key stage 2 was 2 70 bundle coasts topic and literacy plan includes 6 weeks worth of planning for ks2 geography includes 1 detailed unit of week on retelling the lighthouse

lighthouses thehomeschoolmom - Jun 10 2022

web lighthouses the fresnel lens is the 1822 invention of french physicist augustine fresnel who invented a lens that would make his name commonplace along the seacoasts of europe and north america because of its amazing efficiency a fresnel lens could easily throw its light 20 or more miles to the horizon

lighthouses lesson plan for elementary school study com - May 09 2022

web curriculum standards ccss ela literacy ri 2 1 ask and answer such questions as who what where when why and how to

demonstrate understanding of key details in a text ccss ela literacy ri 2

the lighthouse keeper s lunch planning and resources ks1 - Jun 22 2023

web oct 21 2021 docx 14 32 kb comprehensive planning based around the lighthouse keeper s lunch the children make predictions about the story whilst reading answer differentiated comprehension questions to demonstrate their understanding of the text learn the story using t4w and then produce a story board of the main events