

ANATOMY & PHYSIOLOGY

DIGITAL STUDY GUIDE

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the structure and function of the human body



Anatomy

The scientific study of the structure of the human body

Physiology

The scientific study of the function of the human body

Structural levels

Also known as the levels of organization of the human body

- 1. Chemical level - study of the chemical composition of the body
- 2. Cellular level - study of the structure and function of cells
- 3. Tissue level - study of the structure and function of tissues
- 4. Organ level - study of the structure and function of organs
- 5. System level - study of the structure and function of body systems
- 6. Organism level - study of the structure and function of the whole body

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body



Composition of cellular fluids

Cells are composed of various fluids

Extracellular fluid - fluid outside the cell

Intracellular fluid - fluid inside the cell

Interstitial fluid - fluid between cells

Blood plasma - fluid part of blood

Organic fluids - fluids containing organic molecules

Inorganic fluids - fluids containing inorganic molecules

Electrolytes - substances that conduct electricity

Non-electrolytes - substances that do not conduct electricity

Acids - substances that release hydrogen ions

Bases - substances that accept hydrogen ions

pH - measure of acidity or alkalinity

Homeostasis - the body's ability to maintain a stable internal environment

Feedback loops - mechanisms that regulate homeostasis

Positive feedback - amplifies a response

Negative feedback - reduces a response

Set point - the desired level of a variable

Range - the acceptable range of a variable

Stimulus - a change in the environment that triggers a response

Response - the body's reaction to a stimulus

Effector - the organ or system that carries out the response

Control center - the part of the system that coordinates the response

Receptor - the part of the system that detects a stimulus

Integrator - the part of the system that processes information

Effector - the part of the system that carries out the response

Feedback - the process of returning the system to its set point

Homeostatic imbalance - a state of disequilibrium

Disease - a disorder that affects the normal function of the body

Injury - damage to the body caused by an external force

Illness - a state of poor health

Disability - a loss of ability to perform normal activities

Death - the permanent cessation of life

Recovery - the process of returning to health

Prognosis - the predicted course of a disease

Prevention - measures taken to avoid disease

Treatment - measures taken to cure disease

Diagnosis - the process of identifying a disease

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Digestive system

The digestive system is responsible for breaking down food into nutrients that can be absorbed by the body

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M Tight



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