



Bowling - 2 hours

Horseback Riding - I hour 45 minutes





Hula Hoops - 50 minutes

Kayaking - 55 minutes





Playing With A Frisbee - 2 hours

Playing With Kids-1 hour 30 minutes





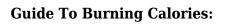
Snorkeling-1 hour 20 minutes

Surfing - 1 hour



Guide To Burning Calories

M Mosston



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