

## Chapter 10 How to change an attitude

### Definitions

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- **True Beliefs:** Beliefs that we are likely to accept as true without question. Many "true" beliefs carry negative value judgments.
- **Attitudes:** Beliefs that we hold. They may also include evaluations or feelings about our attitudes. The intensity of the belief may affect the strength of the attitude.
- **False Beliefs:** Beliefs that we are likely to reject because they do not fit with our existing beliefs.
- **Value Beliefs:** Beliefs that we hold because they are important to us.
- **Non-value Beliefs:** Beliefs that we hold because they are interesting.
- **Belief Beliefs:** Beliefs that we hold because they are true.
- **Non-belief Beliefs:** Beliefs that we hold because they are false.
- **Attitude Beliefs:** Beliefs that we hold because they are important to us.
- **Non-attitude Beliefs:** Beliefs that we hold because they are not important to us.

# Murach Chapter Database Design And Implementation Exercises

**AW Rasmussen**

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