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composantes affectives physiques morales Mais au del de toutes ces dimensions le cour est aussi l espace de la rencontre
spirituelle avec Dieu Partant du message biblique du t moignage des mystiques ou des crits de Pascal Michel Evdokimov
propose une premi re initiation cette spiritualit du cour n e dans la tradition du christianisme oriental et largement popularis
e aujourd hui dans les communaut s ou les groupes de pri re Si Dieu invite l homme ouvrir son c ur il vient aussi gu rir ceux
qui ont le c ur bris bless par la difficult de vivre ou la travers e du mal A la suite des R cits du P lerin russe Michel Evdokimov
pr sente plus sp cifiquement la pri re du c ur et le chemin de m ditation qu elle propose C est l occasion de parler de l h
sychasme de la Philocalie et de l exp rience des P res du d sert luttant pour prier sans cesse Par ailleurs la spiritualit du c ur
a trouv aussi sa traduction en Occident avec Marguerite Marie Alacoque et le Sacr C ur de Paray le Monial elle touche de
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