

GENERAC®

Portable Products

PP5000T

Portable Generator Owner's Manual



DANGER! This generator is designed for outdoor use only. **Never** use this generator inside any building or enclosure including the generator compartment of a recreational vehicle (RV). **Carbon monoxide poisoning, fire and/or an explosion may result.** No user performed modifications, including venting of exhaust and/or cooling ventilation, will eliminate the danger. Always have at least two feet of clearance on all sides of the generator even while operating the unit outdoors.



DANGER! You must isolate the generator from the electric utility by opening the electrical system's main circuit breaker or main switch if this unit is used for backup power. **Failure to isolate the generator from the power utility may result in injury or death to electric utility workers and damage to the generator due to a backfeed of electrical energy.**

The Emission Control System for this generator is warranted for standards set by the Environmental Protection Agency. For warranty information refer to the engine owner's manual.



**Problems?
Questions?**
Before taking your unit
back to the store,
call the generator
helpline at
1-800-270-1408
M-F 8-5 CT

Visit our Generac website: www.generac-portables.com

Model No. 1306-0 (5000 Watt AC Generator) Manual No. B4226 Revision 2 (6/29/2000)



This is the safety alert symbol. It is used to alert you to potential personal injury hazards. Obey all safety messages that follow this symbol to avoid possible injury or death.

Generator User Guide

M Mark



Generator User Guide:

User's Guide to the Regeneration Establishment Model Dennis E. Ferguson,1984 **Program documentation and user's guide** Terry L. Greenlee,1982 The Automobile User's Guide General Motors Sales Corporation. Pontiac Motor Division, Pontiac, Mich,1942 NIOSH Manual of Analytical Methods: Method finder, user's guide, methods A-D,1994 Timecode A User's Guide J. Ratcliff,1999-04-23 Recent radical changes in timecode technology location shooting and post production working practices have been brought about by the fragmentation of the television programme making industry and by a dramatic increase in affordable digital transmission and editing equipment and systems With the expansion of non traditional television service producers cable satellite and video on demand almost anything goes as far as shooting and editing formats are concerned Timecode A User's Guide is an indispensable reference for anyone needing to get to grips with the many aspects of timecode whether in house or on location Taking into account these changes this book has now been brought completely up to date to include timecode and DVD LTC VITC in HANC packets in the serial digital TV interfaces timecode in IEEE1395 Firewire timecode and digital video cassettes new recording formats of DVD DV mini cassettes and D6 are included 4 3 scanning for wide screen films standards updated new material to cover new working practices new appendices to cover the global LF time data transmissions and time data embedded in BBC transmissions Advice is also given on avoiding and remedying faults and errors **Scientific and Technical Aerospace Reports** ,1980

Photovoltaic User Guide Samuel Rashkin,1984 **A User's Guide to the Brain** John J. Ratey, M.D.,2002-01-08 John Ratey bestselling author and clinical professor of psychiatry at Harvard Medical School lucidly explains the human brain's workings and paves the way for a better understanding of how the brain affects who we are Ratey provides insight into the basic structure and chemistry of the brain and demonstrates how its systems shape our perceptions emotions and behavior By giving us a greater understanding of how the brain responds to the guidance of its user he provides us with knowledge that can enable us to improve our lives In A User's Guide to the Brain Ratey clearly and succinctly surveys what scientists now know about the brain and how we use it He looks at the brain as a malleable organ capable of improvement and change like any muscle and examines the way specific motor functions might be applied to overcome neural disorders ranging from everyday shyness to autism Drawing on examples from his practice and from everyday life Ratey illustrates that the most important lesson we can learn about our brains is how to use them to their maximum potential **User's Guide to the National Electrical Code** H. Brooke Stauffer,2004-02 The first User's Guide to the National Electrical Code R explains basic principles of the NEC R NFPA's 2002 Edition details and explains the basic NEC principles you must know to work effectively with the world's most widely used building code Written by H Brooke Stauffer Director of Codes Standards at the National Electrical Contractor's Association User's Guide to the National Electric Code is the ideal starting point for electrical apprentices and a useful reference for experienced pros Launch your career in the electrical field or get the NEC

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web instructions exercises should be done at least once per day do one arm at a time perform exercises slowly exercises to increase strength in the upper extremities some type of weight or resistance should be used recommendations commercial wrist weights 1 to 2 lbs soup or tuna can shoulder flexion

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web mar 5 2009 our purpose was to examine if early measures of upper extremity active range of motion from could predict recovery of upper extremity function and to describe the trajectory of upper extremity from recovery over time

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web self range of motion exercises for the arm and hand after a stroke it is important to do the exercises in this handout for your affected arm and hand you can do them on your own by using your unaffected arm and hand these gentle movements are called self range of motion exercises and they help to maintain your movement prevent

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web mar 10 2021 open your hand holding the fingers straight bend the middle finger joints next touch your fingertips to the top of your palm open your hand repeat 10 times with each hand next reach your thumb across your hand to touch the base of your little finger stretch your thumb back out repeat 10 times

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web elbow stretch hold your wrist start with your arms straight slowly bend your elbows hold for seconds slowly return to starting position with elbows straight repeat times forearm stretch affected hand on your lap or supported on a table rotate your hands so the palm of your affected hand is facing downwards

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web upper extremity range of motion exercises when exercising remember 1 take deep breaths during and after each exercise and after each set of exercises complete 2 3 sets x 10 reps daily 2 pace yourself 3 follow exercise directions as listed 4 notify your therapist if you have any questions or concerns 5

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web objective we quantified the range of motion rom required for eight upper extremity activities of daily living adls in healthy participants method fifteen right handed participants completed several bimanual and unilateral basic adls while joint kinematics were monitored using a motion capture system

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web upper extremity passive range of motion prom repeat stretches times and hold for seconds if you have any questions or concerns please call your occupational therapist at shoulder flexion 0 180 always make sure the person s thumb is up as if they are hitchhiking caregiver should be on the same

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