

HUMAN BIOLOGY FINAL EXAM STUDY GUIDE

Bone structure

- Compact bone
 - is composed of osteons with a central canal containing blood vessels.
 - contains living bone cells called osteocytes in chambers called lacunae.

More detail on bone

- Spongy bone
 - is made of plates with spaces filled with red bone marrow.

Where are all the 3 types of cartilage found?

- Cartilage is flexible connective tissue categorized based on the type and arrangement of matrix fibers.
- Types
 - **Hyaline cartilage:** ends of long bones, nose, ends of ribs, larynx and trachea
 - **Fibrocartilage:** disks between vertebrae and in the knee (meniscus) ; stronger than hyaline cartilage
 - **Elastic cartilage:** ear flaps and epiglottis; more flexible than hyaline cartilage

Bones of the face and hyoid bone

- Facial bones
 - Mandible
 - Maxillae
 - Zygomatic bones
 - Nasal bones
- Hyoid
 - Only bone that does not articulate with another bone

What are the important cells in bone growth, repair, and remodeling?

- Osteocytes – mature bone cells that maintain bone structure (live in bone) derived from osteoblasts
- Osteoblasts – bone-forming cells (lay down bone)
- Osteoclasts – bone-absorbing cells (bone eaters)
- Chondrocytes – cartilage-forming cells

Osteoporosis

- Osteoporosis is a condition where bones are weakened due to a decreased bone mass.
- Bone reabsorption exceeds absorption usually by age 40.
- Risk factors include: women, white or Asian, thin, family history, early menopause, smoking, diet low in calcium, excessive caffeine or alcohol consumption, and a sedentary lifestyle.

The sarcomere

- Made of 2 protein myofilaments
 - A thick filament is composed of several hundred molecules of the protein myosin. Each myosin molecule is shaped like a golf club.
 - Primarily, a thin filament consists of 2 intertwining strands of the protein actin.
 - These filaments slide over one another during muscle contraction.

Human Biology Final Study Guide

Marco Cascella



Human Biology Final Study Guide:

Unveiling the Energy of Verbal Art: An Mental Sojourn through **Human Biology Final Study Guide**

In a world inundated with displays and the cacophony of instant communication, the profound energy and psychological resonance of verbal beauty often diminish into obscurity, eclipsed by the continuous assault of sound and distractions. Yet, located within the lyrical pages of **Human Biology Final Study Guide**, a charming function of literary splendor that pulses with fresh thoughts, lies an remarkable trip waiting to be embarked upon. Composed by way of a virtuoso wordsmith, this interesting opus courses readers on a psychological odyssey, softly revealing the latent potential and profound impact stuck within the delicate internet of language. Within the heart-wrenching expanse of the evocative analysis, we can embark upon an introspective exploration of the book is main subjects, dissect its fascinating writing type, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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