

# Study Guide Answer Key

chapter

6

## Learning Activities

1.
  - a. Powers
  - b. Passage
  - c. Passenger
  - d. Psyche
2. Uterine contractions, maternal pushing
3.
  - a. Percentage of its original length
  - b. Centimeters
4.
  - a. 90 seconds, 60 seconds, 2 minutes
  - b. The placenta does not receive oxygen-carrying maternal blood when the uterus is tightly contracted. Excessive duration of contractions or inadequate uterine relaxation could reduce fetal oxygen supply.
5.
  - a. Allow fetal head to change shape and accommodate to the size and shape of the maternal pelvis.
  - b. Provide landmarks to determine how the fetus is oriented within the mother's pelvis.
6.
  - a. Right sacrum anterior (breech)
  - b. Left mentum transverse (face presentation)
  - c. Right occiput anterior (most common)
  - d. Left occiput posterior ("back labor")
7. Change in cervical effacement and/or dilation
8.
  - a. Latent (1–4 cm dilation; 4–6 hours)
  - b. Active (4–7 cm dilation and effacement; 2–6 hours)
  - c. Transition (7–10 cm and complete effacement; ½–2 hours)
9.
  - a. First stage
    - i. Latent phase: cooperative, alert, talkative, welcomes diversions, frequent urination, thirsty
    - ii. Active phase: apprehensive, anxious, introverted, less social, focused on breathing, perspires, facial flushing, requests pain relief, fears losing control; may need pain relief
    - iii. Transition phase: irritable, rejects support persons, introverted, wants to give up, restless, leg tremors, fears losing control, requests pain relief
  - b. Second stage: bulging perineum, passage of stool, spontaneous pushing or urge to push, states that baby is coming, exhaustion after each contraction, unable to follow directions easily, excitement about imminent birth
  - c. Third stage: elation, relief, tremors, increased energy, curious about baby, desires to nurse baby, minimal pain with placental expulsion
  - d. Fourth stage: time for parents and new baby to get acquainted, mother nurses baby
10.
  - a. 110–120 BPM, 150–160 BPM
  - b. Presence of variability and accelerations are expected in a term labor, but may be depressed by maternal narcotic administration or preterm gestation.
11. Cloudy yellow fluid (suggests infection); fluid with a strong odor (infection); fluid containing meconium
12.
  - a. 100.4° F (38° C) or higher
  - b. 140/90 mm Hg or higher, systolic below 90 mm Hg
  - c. Outside normal limits of 110–120 BPM (lower limit) or 150–160 BPM (upper limit) at term

## Matching

c, n, p, d, h, q, m, a, j, l, k, g, o, b, f, i, e

## Review Questions

1. Answer: 1  
Rationale: The normal range (1) for the FHR at term is 110–160 BPM, so 125 BPM is normal regardless of whether the fetus is preterm (2); it is not high normal (3), which would be more in the range of 150–160 BPM, nor is in a slow baseline (4), which would be more in the range of 110–120 BPM.
2. Answer: 1  
Rationale: The duration is the average length of contractions, timed from the beginning to the

# Exercise 1answer Key Chapter Eight

**Jicheng Xie**



## **Exercise 1answer Key Chapter Eight:**

Exercise 1 answer Key Chapter Eight: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the fascinating narratives that have captivated audiences this year. Exercise 1 answer Key Chapter Eight : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Exercise 1 answer Key Chapter Eight : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens' "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is an exceptional and gripping novel that will keep you guessing until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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