

**B.H.M. DEGREE EXAMINATION, JUNE 2010.**

**(Examination at the end of First Year)**

**Part II — Hotel Management**

**Paper III — NUTRITION AND FOOD SERVICE**

**Time : Three hours**

**Maximum : 75 marks**

**Answer any FIVE of the following.**

**All questions carry equal marks..**

1. Classify nutrients and state their functions.
2. Define food. Explain its relationship with food.
3. State the need for energy. Describe its requirements with sedentary, moderate and heavy activities.
4. What are the source and functions of fats?
5. Describe the nature and significance of PUFA.
6. Elucidate the nutritional losses due to cooking.
7. Classify minerals and state their functions.
8. Suggest measures to maintain water balance.
9. Discuss the balanced diet for children and old people.
10. Bring out the trends in restaurants with regard to nutrition.

# Food And Nutrition Question Papers

**SJ Ball**



## **Food And Nutrition Question Papers:**

The book delves into Food And Nutrition Question Papers. Food And Nutrition Question Papers is a crucial topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Food And Nutrition Question Papers, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
  - Chapter 1: Introduction to Food And Nutrition Question Papers
  - Chapter 2: Essential Elements of Food And Nutrition Question Papers
  - Chapter 3: Food And Nutrition Question Papers in Everyday Life
  - Chapter 4: Food And Nutrition Question Papers in Specific Contexts
  - Chapter 5: Conclusion
2. In chapter 1, the author will provide an overview of Food And Nutrition Question Papers. The first chapter will explore what Food And Nutrition Question Papers is, why Food And Nutrition Question Papers is vital, and how to effectively learn about Food And Nutrition Question Papers.
3. In chapter 2, the author will delve into the foundational concepts of Food And Nutrition Question Papers. This chapter will elucidate the essential principles that need to be understood to grasp Food And Nutrition Question Papers in its entirety.
4. In chapter 3, this book will examine the practical applications of Food And Nutrition Question Papers in daily life. This chapter will showcase real-world examples of how Food And Nutrition Question Papers can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Food And Nutrition Question Papers in specific contexts. This chapter will explore how Food And Nutrition Question Papers is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Food And Nutrition Question Papers. The final chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Food And Nutrition Question Papers.

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