

## GENERAL PSYCHOLOGY FINAL EXAM STUDY GUIDE

1. In its early years, psychology focused on the study of \_\_\_\_\_, but from the 1920s into the 1960s, American psychologists emphasized the study of \_\_\_\_\_.
  - A. environmental influences; hereditary influences
  - B. maladaptive behavior; adaptive behavior
  - C. unconscious motives; conscious thoughts and feelings
  - D. mental life; observable behavior**
2. The young science of psychology developed from the more established fields of philosophy and \_\_\_\_\_.
  - A. economics
  - B. biology**
  - C. geography
  - D. sociology
3. Janna has low self-esteem because she is often teased for being overweight. Appreciating the complexity of Janna's difficulties requires \_\_\_\_\_.
  - A. introspection
  - B. psychoanalysis
  - C. massed practice
  - D. a biopsychosocial approach**
4. Professor Crisman believes that most women prefer tall and physically strong partners because this preference promoted the survival of our ancestors' genes. This viewpoint best illustrates the \_\_\_\_\_ perspective.
  - A. social-cultural
  - B. cognitive
  - C. evolutionary**
  - D. psychodynamic
5. Professor Lopez believes that severe depression results primarily from an imbalanced diet and abnormal brain chemistry. Professor Lopez favors a \_\_\_\_\_ perspective on depression.
  - A. neuroscience**
  - B. psychodynamic
  - C. behavior genetics
  - D. cognitive
6. Efforts to discover whether the intelligence of children is more heavily influenced by their biology or by their home environments are most directly relevant to the debate regarding \_\_\_\_\_.
  - A. structuralism vs. functionalism
  - B. evolution vs. natural selection
  - C. observation vs. introspection
  - D. nature vs. nurture**
7. Contemporary psychology is best defined as the science of \_\_\_\_\_.
  - A. conscious and unconscious mental activity
  - B. observable responses to the environment
  - C. behavior and mental processes**
  - D. maladaptive and adaptive behaviors
8. Humanistic psychologists focused attention on the importance of people's \_\_\_\_\_.

# General Psychology Exam 1 Study Guide Answers

**JR Anderson**



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## **Table of Contents General Psychology Exam 1 Study Guide Answers**

1. Understanding the eBook General Psychology Exam 1 Study Guide Answers
  - The Rise of Digital Reading General Psychology Exam 1 Study Guide Answers
  - Advantages of eBooks Over Traditional Books
2. Identifying General Psychology Exam 1 Study Guide Answers
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an General Psychology Exam 1 Study Guide Answers
  - User-Friendly Interface
4. Exploring eBook Recommendations from General Psychology Exam 1 Study Guide Answers
  - Personalized Recommendations
  - General Psychology Exam 1 Study Guide Answers User Reviews and Ratings
  - General Psychology Exam 1 Study Guide Answers and Bestseller Lists
5. Accessing General Psychology Exam 1 Study Guide Answers Free and Paid eBooks
  - General Psychology Exam 1 Study Guide Answers Public Domain eBooks
  - General Psychology Exam 1 Study Guide Answers eBook Subscription Services
  - General Psychology Exam 1 Study Guide Answers Budget-Friendly Options

6. Navigating General Psychology Exam 1 Study Guide Answers eBook Formats
  - ePub, PDF, MOBI, and More
  - General Psychology Exam 1 Study Guide Answers Compatibility with Devices
  - General Psychology Exam 1 Study Guide Answers Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of General Psychology Exam 1 Study Guide Answers
  - Highlighting and Note-Taking General Psychology Exam 1 Study Guide Answers
  - Interactive Elements General Psychology Exam 1 Study Guide Answers
8. Staying Engaged with General Psychology Exam 1 Study Guide Answers
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers General Psychology Exam 1 Study Guide Answers
9. Balancing eBooks and Physical Books General Psychology Exam 1 Study Guide Answers
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection General Psychology Exam 1 Study Guide Answers
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine General Psychology Exam 1 Study Guide Answers
  - Setting Reading Goals General Psychology Exam 1 Study Guide Answers
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of General Psychology Exam 1 Study Guide Answers
  - Fact-Checking eBook Content of General Psychology Exam 1 Study Guide Answers
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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