

#### STUDY PLAN for your Kaplan NCLEX-RN® Preparation

Welcome to Kaplan NCLEX® Prep! This is the recommended study plan for utilizing the robust Kaplan NCLEX® Prep resources. These resources are designed to give you plenty of realistic practice for success on NCLEX® Test Day. As you begin your preparation, please keep in mind that preparing for the NCLEX® is a marathon, not a sprint! It is important not to rush your studies, but it's also important not to procrastinate.

While you are utilizing the Kaplan NCLEX® Prep resources, it is important that you follow these steps: analyze, review/remediate, think, study, and continue practicing. Remediation is the key to your NCLEX® success.

#### Phase 1: Prior to Your Kaplan NCLEX® Review Course

#### Complete the following resources on your student homepage.

\*\*Please note: Directions in Italics apply only to Institutional students who are enrolled in the Kaplan Institutional program via their school and who access their NCLEX\* resources via their Kaplan Institutional homepage.

#### Date Completed

Download the NCLEX-RN® Content Review Guide e-book. It can be downloaded to any computer or e-reader device
Watch the 5 videos under "Pathway to NCLEX® Success."
Watch the Phase One orientation video
Take the Diagnostic Test.  ** If you are a Kaplan Institutional student, this will be proctored by your school or you will receive at-home testing instructions approximately 7–10 days prior to your NCLEX* class start. This resource will be located in the Green Integrated Testing box. (All other NCLEX* resources are in the Gray NCLEX* Prep box.) Your school may also choose to replace this test with a proctored Kaplan Secured Predictor exam.
Take Question Trainer 1. Review/remediate before progressing to Question Trainer 2, and then follow the steps listed below.
Take Question Trainer 2. Review/remediate before progressing to Question Trainer 3, and then follow the steps listed below.
Take Question Trainer 3. Review/remediate and follow the steps listed below.
Watch the Essential Nursing Content Videos
Download the Classroom Posters. These will be referenced in the Review Course.

As you are completing tests, look at your Analysis page to see how you performed on each test. Aim for scores of 65% or higher. (Institutional students: your school may require higher scores.)

Complete the Test Reflection Worksheet to identify your strengths and weaknesses. Ask yourself the following and think about how you are thinking:

- 1. Did I change any answers? Which way: correct to incorrect, or incorrect to correct?
- 2. Did I take enough time on each question, or did I take too much time on each question?
- 3. Did I lose concentration, and if so, is there a pattern? Should I have taken a break?

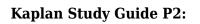
#### Review/remediate all questions. Ask yourself the following:

- Did I not know the content of any of the questions?
- 2. For each question I got wrong, why did the author of the question choose one answer and why did I choose another?

Use the Essential Nursing Content Videos and your NCLEX-RN® Content Review Guide e-book to fill in any knowledge gaps, working from your content area of greatest weakness toward your area of greatest strength.

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**R Sandford** 



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## **Table of Contents Kaplan Study Guide P2**

- 1. Understanding the eBook Kaplan Study Guide P2
  - The Rise of Digital Reading Kaplan Study Guide P2
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Kaplan Study Guide P2
  - Exploring Different Genres
  - o Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Kaplan Study Guide P2
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Kaplan Study Guide P2
  - Personalized Recommendations
  - $\circ\,$  Kaplan Study Guide P2 User Reviews and Ratings
  - Kaplan Study Guide P2 and Bestseller Lists
- 5. Accessing Kaplan Study Guide P2 Free and Paid eBooks
  - Kaplan Study Guide P2 Public Domain eBooks
  - Kaplan Study Guide P2 eBook Subscription Services
  - Kaplan Study Guide P2 Budget-Friendly Options

- 6. Navigating Kaplan Study Guide P2 eBook Formats
  - o ePub, PDF, MOBI, and More
  - Kaplan Study Guide P2 Compatibility with Devices
  - Kaplan Study Guide P2 Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Kaplan Study Guide P2
  - Highlighting and Note-Taking Kaplan Study Guide P2
  - Interactive Elements Kaplan Study Guide P2
- 8. Staying Engaged with Kaplan Study Guide P2
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Kaplan Study Guide P2
- 9. Balancing eBooks and Physical Books Kaplan Study Guide P2
  - $\circ$  Benefits of a Digital Library
  - Creating a Diverse Reading Collection Kaplan Study Guide P2
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Kaplan Study Guide P2
  - Setting Reading Goals Kaplan Study Guide P2
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Kaplan Study Guide P2
  - Fact-Checking eBook Content of Kaplan Study Guide P2
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements

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