



How to make  
*natural*  
HAND LOTION

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#### Ingredients

- 1/2 cup sweet almond oil (or sunflower, or olive)
- 1/4 cup coconut oil
- 1/4 cup beeswax
- 1 tablespoon Shea butter
- Optional: 1 teaspoon Vitamin E oil (will help preserve the lotion)
- Optional: 20 drops essential oil (such as lavender)

#### Method

1. Measure all ingredients into a heavy jar (like a canning jar).
2. Place jar into a saucepan and add enough water to the pan so that the water level comes past the ingredients in the jar (don't put any water inside the jar, just in the pan around the jar).
3. Place the lid on loosely so some air can escape.
4. Heat the water on medium heat and allow the ingredients to melt inside the jar. This can take around 20 minutes.
5. Once melted, remove from heat and place jar on a towel (or other heat-proof surface).
6. Let cool a few minutes and add essential oils, if using. Gently stir to combine.
7. Pour into a jar for storage. Will last for up to 6 months.
8. This will make approximately one cup of lotion. A small, wide-mouth canning jar works very well.

# Hand Lotion Recipe Non Scented

**Anthony S. Fauci**



## **Hand Lotion Recipe Non Scented:**

37 Natural Homemade Hand & Body Lotion Recipes Joanna Avery, 2014-02-07 Why cover your body with synthetic junk when you can make your very own rich natural and moisturizing body and hand lotions and save some money in the process Isn't it time you completely did away with buying store bought lotions that contain harmful and synthetic ingredients that you cannot pronounce let alone understand their health benefits Now who says you can't have a beautiful skin without depending on these chemicals By following the step by step recipes in this guidebook you will be able to make your very own natural smooth and silky lotions for skin and remedial treatments and do your skin a world of good With the recipes listed here you will soon find out that it is easy to make your own lotion especially after you've done it once or twice It is also fun and you really will find it enjoyable trying your hands on the variety of recipes suited for various purposes You'll never again be caught off guard whether at night or during the day because there will always be something to keep your hands and body fresh and glowing All the ingredients contained in these body lotion recipes are natural soothing and moisturizing and will leave your skin feeling refreshed healthy and superb When you make your own lotion you benefit your wallet benefits and the environment too You can make it an extremely rewarding hobby or start a mini business with it right from the comfort of your home So what are you waiting for Try the recipes in this book Believe me your skin and body will thank you later

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*Cosmetic and Toiletry Formulations, Vol. 5* Ernest W. Flick, 2014-06-28 More than 1 400 cosmetics and toiletry formulations are detailed in this well received and useful book It is based on information obtained from industrial suppliers

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**Smart Lotionmaking** Anne L. Watson, 1900 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU LL NORMALLY HEAR BACK WITHIN HOURS Do you love the feel of a good lotion but find yourself unhappy with the cost or wary of the chemical ingredients Do you ever wonder if you could make it for yourself at home Are you afraid to try because the lotion might not turn out well or might even be unsafe Anne L Watson s Smart Soapmaking was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking Now by popular demand she continues her handcraft cosmetics revolution with the first practical comprehensive book on making lotion from scratch Whether you want to make

lotion for personal use or to sell Anne allays any fears with methods that are proven safe and approved by experts yet simple and easy enough to perform in your kitchen You ll soon be making lotion that s better than any you ve been buying and at a fraction of the cost Anne L Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers She has made soap under the company name Soap Tree and before her retirement from professional life she was a historic preservation architecture consultant Anne and her husband Aaron Shepard live in Bellingham Washington The definitive guide to lotionmaking Donna Puizina Ekoaromas Lafayette New Jersey Spells out everything and makes it easy to understand Cheryl McCoy Emerald City Soap Haven Kansas Anne makes it so much fun and so easy Mary Jean Hammann Grandma Jean s Soaps and Lotions New London Ohio So logical and easy to understand that my first batch was a success AND a sell out Susan Dinion Holiday Farm Handmade Goods Berlin Massachusetts CONTENTS A FEW FIRST THOUGHTS LIES AND LOTIONS Myths About Lotion and Lotionmaking LOTION LINGO Learning the Jargon WHAT IS LOTION ANYWAY What It Is and What Goes Into It THE TWO WAYS TO SANITIZE LOTION And How to Choose Between Them WHAT DO I PUT IT IN Choosing Your Bottles WHAT DO I USE TO MAKE IT Gathering the Equipment You Need STEP BY STEP LOTIONMAKING From Prep to Cleanup and Beyond TESTING YOUR LOTION Making Sure It s Safe MORE RECIPES Different Lotions You Can Try MILK LOTION RECIPES Treating Your Skin to Milk DESIGNING YOUR OWN How to Create Great Recipes TROUBLESHOOTING Tricks Tweaks and Fixes MAKING IT A BUSINESS How to Go Pro Not Bust WHY WHY WHY Frequently Asked Questions WHERE TO READ MORE WHERE TO GET TESTING WHERE TO GET SUPPLIES     **Natural Beauty Recipe Book** Gill Farrer-Halls,2006     *The Seaweed Beauty Guide* Clayton Tylor,2012-10-20 This book should be called the Inner Beauty Guide Luxurious Homemade Ph Balanced Skin Care Recipes using Seaweed The recipes are easy to understand yet the results are pure natural seaweed Serums and Jellies beyond anything your skin has ever felt Learn to make your own non toxic pH balanced skin care products safe for the whole family for just pennies a day If you do nothing more than add seaweed Serum to your liquid hand soap hair shampoo and bath it is well worth it smoother softer skin every time you wash This book will appeal to the spiritually minded natural beauty enthusiast looking for homemade skin care products relaxing spa therapy recipes and effective herbal medicine treatments with a slight spiritual twist on cellular regeneration Get ready to experience the beastly pleasures that only handmade seaweed beauty jelly can offer     Good Housekeeping ,1929     **Natural Soapmaking** Marie Browning,1999 Provides recipes for making soaps bath salts bath oils massage oils facial scrubs and bath tea bags and includes instructions on creating gift packages and labels     **The Encyclopedia of Country Living, 50th Anniversary Edition** Carla Emery,2025-08-05 OVER 1 MILLION COPIES SOLD The 50th anniversary edition of the classic manual for sustainable living with 1 000 pages covering basic country skills and wisdom for living off the land Whether you re homesteading prepping or living off grid keep your family healthy safe and self sufficient no matter what s going on in the world From homesteaders to

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**The Ladies' Home Journal** Edward William Bok,1921

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