

Slicing

- Start with the knife at a sharp angle and with the tip of the knife on the cutting board.
- Move the knife forward and down to slice through the product.
- Finish the cut with the knife against the cutting board. For the second slice, raise the knife and pull backward. The tip of the knife should always be on the cutting board.

Dicing

- Cut the product into even slices of the desired thickness.
- Stack the slices and slice across the stack in even pieces.
- Stack the slices again and slice again.
- Chopping with a Chef's Knife
- Start by holding the tip of the knife against the cutting board with the guiding hand.
- Rock the knife rapidly up and down at the same time, while gradually moving the knife sideways across the product on the cutting board. The cuts should pass through all parts of the product.
- After several cuts, redistribute the product and start again.
- Continue until all the product is chopped to the desired fineness.

Knives are necessary tool to be used safely! To learn safety tips and techniques, watch :

Safe Knife Handling Practices

Training Video at RO.com. See your manager for details.



How To Create A Kitchen Training Manual

**Charles Alpheus Bennett, William
Thomas Bawden**



How To Create A Kitchen Training Manual:

The book delves into How To Create A Kitchen Training Manual. How To Create A Kitchen Training Manual is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into How To Create A Kitchen Training Manual, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to How To Create A Kitchen Training Manual
 - Chapter 2: Essential Elements of How To Create A Kitchen Training Manual
 - Chapter 3: How To Create A Kitchen Training Manual in Everyday Life
 - Chapter 4: How To Create A Kitchen Training Manual in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of How To Create A Kitchen Training Manual. The first chapter will explore what How To Create A Kitchen Training Manual is, why How To Create A Kitchen Training Manual is vital, and how to effectively learn about How To Create A Kitchen Training Manual.
 3. In chapter 2, this book will delve into the foundational concepts of How To Create A Kitchen Training Manual. The second chapter will elucidate the essential principles that need to be understood to grasp How To Create A Kitchen Training Manual in its entirety.
 4. In chapter 3, the author will examine the practical applications of How To Create A Kitchen Training Manual in daily life. This chapter will showcase real-world examples of how How To Create A Kitchen Training Manual can be effectively utilized in everyday scenarios.
 5. In chapter 4, the author will scrutinize the relevance of How To Create A Kitchen Training Manual in specific contexts. The fourth chapter will explore how How To Create A Kitchen Training Manual is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, this book will draw a conclusion about How To Create A Kitchen Training Manual. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of How To Create A Kitchen Training Manual.

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